



Extension Express

BEST WISHES KRISTI

Kristi has been an integral part of our 4-H family, dedicating her time, energy, and heart to empowering young people and strengthening our communities. We thank her for her efforts put in for 4-H youth development. Through her work with 4-H, Kristi has inspired countless youth to "learn by doing," helping them grow into confident, capable leaders. Whether it was organizing county fairs, leading workshops, mentoring volunteers, or simply being a steady presence behind the scenes, Kristi brought passion, creativity, and unwavering commitment to everything they touched. We're excited for what lies ahead in her next chapter. Thank you, Kristi, for everything. You've left a mark that won't fade. Wishing you all the best — and may your next adventure be just as meaningful and rewarding.





BOO BASH

Get ready for some Halloween fun! On October 30th, from 4:00pm - 6:00pm we will be having a community event. This event is open to the public, taking place at CCE. 4-H along with community patners will be hosting this event. There will be arts and crafts, games, and so much more.

We are inviting local organizations to take part in this autumn fun so please contact Nicole: nrs98@ cornell.edu to sign up for a table.

All others just come and join the fun!

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Cornell Cooperative Extension

Chenango County



Summer was bustling once again in July and August, as we collaborated with both familiar partners from past years and exciting new ones. Returning partners included the Liberty Partnership Program and Oxford Elementary School, whose continued involvement helped anchor our seasonal initiatives. One of the most exciting highlights of the summer was welcoming a dynamic group of new partners. We were thrilled to collaborate with 4-H of CCE Cortland County, Camp Owahta, the Oneida Indian Nation, and the Oxford Farmers Market—each bringing fresh energy and unique opportunities to our summer programming.



This summer marked a milestone at the Oxford Farmers Market: for the first time, SNAP recipients were able to use their benefits directly at the market. To celebrate this exciting development, SNAP-Ed was invited to set up an educational table alongside the SNAP benefits booth. The SNAP-Ed team hosted their table on four separate occasions throughout the season, offering engaging activities and resources. Their goal was to highlight nutritious, budget-friendly recipes featuring fresh produce available right at the market. Popular dishes like Fresh Corn Salad, Hummus with Yogurt and Veggie Sticks, Blueberry Mint Infused Water, and Fresh Salsa with Wheat Thins drew in curious visitors. In addition to sampling recipes and learning about seasonal produce, children enjoyed playing the MyPlate game, and families left with useful giveaways—including the ever-popular SNAP-Ed Can Strainer.



The Liberty Partnership Program (LPP) saw a notable increase in participation this summer, prompting a new scheduling approach. To better accommodate the growing number of students, the program split its sessions—half of the schools attended during the first two weeks, while the remaining schools participated in the second half of the month. Each group kicked off with a lesson focused on the importance of physical activity and hydration. Students tackled a fun obstacle course and refreshed themselves with Strawberry Kiwi Infused Water. The second lesson centered around the MyPlate, featuring an energetic MyPlate relay and a tasty sample of Cranberry Oatmeal Balls. Feedback from the kids was overwhelmingly positive—they loved the interactive lessons, engaging activities, and, of course, the delicious recipes.



Oxford Elementary School welcomed SNAP-Ed into their summer program, which included six classes throughout the Summer. To accommodate everyone, they organized the schedule so that three classes received lessons during the first and third weeks, while the remaining three participated in the second and fourth weeks. The sessions focused on two key topics: Physical Activity and the MyPlate nutrition guide. Students enjoyed sampling Strawberry Kiwi Infused Water and Cranberry Oatmeal Balls as part of the lessons. Since activities took place indoors, children engaged in a creative movement game using a physical activity alphabet chart. They spelled out a classmate's name and performed the corresponding exercises for each letter. Additionally, students practiced identifying which foods belong to each MyPlate food group, making the experience both educational and fun.

Southern Tier SNAP-Ed is funded by USDA's Supplemental Nutrition Assistance Program- SNAP. SNAP provides nutrition assistance to people with low income. To find out more, go to www.myBenefits.ny.gov or contact 1-800-342-3009. This institution is an equal opportunity provider.



This summer marked the first time SNAP-Ed was able to offer nutrition classes at Camp Owahta. Although attendance was modest, the children actively participated and enjoyed the lessons. Topics included "Rethink Drink," "Veggie-Powered Snacking," and "Building a Balanced Plate," all designed to encourage healthier eating habits in fun and engaging ways.



Partnering with the Oneida Indian Nation for two nutrition lessons was both a rewarding experience and a long-anticipated opportunity. Participants enthusiastically engaged with topics like "Building a Wholesome Diet" and "Rethinking Your Drink," while enjoying hands-on recipe demonstrations featuring Blueberry Rice Salad and Un-Beet-Able Smoothies. The group showed great interest, asking insightful questions and actively participating throughout each session.



Since May, we've been gathering nearly 900 pounds of fresh produce each week, all generously donated by Norwich Meadow Farms. These vegetables have been distributed to local food pantries, helping nourish our neighbors and strengthen our community. We're incredibly thankful to Norwich Meadow Farms for another amazing season filled with a wide variety of delicious, healthy vegetables. Your continued support means the world to us!

KIDS IN THE KITCHEN

The 4-H Kids in the Kitchen program is offered via Zoom (5:30-6:30pm) through Cornell Cooperative Extension of Chenango County, making it super accessible for young chefs to learn from home.

- Hands-on cooking lessons taught virtually
- Focus on healthy meals with fruits and vegetables
- Food pickup the day before at the CCE building in Norwich
- Family registration required, with adult supervision during sessions
- Free to participate, making it a fantastic community resource





The EFNEP program has continued to expand steadily. Between October 1, 2024, and the present, 43 adults and 4 young adults have successfully completed the program, achieving a 100% graduation rate. For several participants, this marked the first graduation experience of their lives. Additionally, approximately 62 youth were indirectly educated through EFNEP efforts. The program's capacity to engage youth was made possible following the completion of youth training held in June 2025 in Ithaca.

This year's activities have encompassed a wide range of efforts, including direct education, material preparation, event staging, marketing, securing funding, networking, attending partnership meetings, and indirect tasks such as training, documentation, and progress tracking. EFNEP has actively participated in Coalition meetings hosted by the Food Bank of Central New York, aimed at enhancing food pantry operations and reducing food insecurity. The decline in public transportation and the rise of food deserts across the county have introduced new challenges. These meetings have shed light on indirect barriers families face—such as housing instability, limited cooking facilities, and inadequate food storage options.

EFNEP has also gained a deeper understanding of available county resources and is collaborating with Chobani and Cornell University by contributing data to a research study focused on food pantry usage and community needs. The study seeks to evaluate pantry effectiveness and assess local capacity to combat food insecurity. Notably, the South Otselic pantry is expected to close, and Smyrna's pantry has already shut down, primarily due to an aging volunteer base—further exacerbating food access issues in already underserved towns.

EFNEP Educator Mary Close has been instrumental in building community partnerships. Earlier this year, the Norwich Rotary donated \$250 to support lesson reinforcements, enabling families to receive essential kitchen tools such as cutting boards, paring knives, water bottles, peelers, spatulas, and storage containers. To encourage program completion, Price Chopper was approached for participant incentives and generously donated two \$10 gift cards. One was used to help a young adult purchase food while awaiting SNAP approval. She later shared a photo of a meal she prepared using the card. Stewart's Shops also contributed by donating 100 milk and 100 egg vouchers, which are distributed during protein and dairy lessons based on participant need. Marketing efforts this year faced setbacks due to tabling fees charged to nonprofits at major events like Colorscape, Pumpkin Festival, and Greene Applefest. In response, Mary reached out to Fidelis, which requested a program wishlist and provided \$150 to cover tabling costs and promotional giveaways. These included a Back-to-School backpack (valued at \$25), a \$25 Walmart gift card, and three \$5 gift cards for children who participated in event activities.







CANNING AND BREAD CLASSES AT CCE

Come join us at CCE when, Rebecca, Betty, or Kirsten guide you through the art of canning or making scones. You can be sure these ladies will help you gain a better understanding of the safest food perservation practices so you can reap the benefits from your food during those cold months ahead. Along with some pretty tasty tips on making scones. Keep an eye out more to come in December! ***Please be sure to register for each class individually because they fill up quickly.



Offering: Grow Cook Serve Classes Register under events at: ccechenango.org



APPLESAUCE &
PIE FILLING
CLASS

Oct 8th



APPLE SCONE CLASS

Oct 20th



CANNING MEATS
CLASS

Nov 8th 10am-1pm

AGRICULTURE UPDATES

Chenango County Cooperative Extension (CCE) wants to send a huge **THANK YOU** to those that came out in support of our first Open Farm Day! We are truely gratiful for those that opened their businesses to the public in order to take part in this event. We really appreciate these businessess and cannot thank them enough for their generosity and support of our misson of spreading the word about different agricultureal areas in Chenango County.

Contact CCE if you are interested in showcasing your farm at our next farm day. We hope you can all join us next year on July 18th, 2026 for another Open Farm Day!

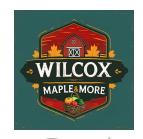
Schmidts Scattered Maples
The Beardslee Homestead
Berry Brae Farm
Chenango County Historical Society
Wilcox Maple Products
Kutik's Everything Bees
The Chenango County Farm Bureau















In late July, three members of CCE Chenango took part in the annual Legislative Agriculture Tour, hosted by the County Planning Department. The tour included visits to three agricultural businesses across the county, each offering valuable insight into the region's farming landscape. It's essential for legislators to gain firsthand understanding of the agricultural community's contributions and challenges, as this knowledge helps shape informed policies that support rural development and sustainability.

At the Rogers Environmental Education Center on the Legislative Ag Tour





Viewing a robotic milker at the Lathrop Farm in Sherburne on the Legislative Ag Tour

In early August, Rich Taber, attended the Northern Hardwoods Conference in Syracuse, a one-day event hosted by SUNY-ESF. With 62% of Chenango County covered in forest, and CCE serving as a key resource for forest landowners seeking guidance, staying current on woodlot management practices is essential. The conference centered on silviculture—the strategic management and manipulation of forest stand to help landowners achieve their goals. CCE has a long-standing commitment to supporting forest landowners, and



participating in events like this ensures we continue to provide accurate, uto-date information.

Join us for "Outdoor Survival for Adults and Teens," a hands-on workshop led by CCE Educators Rich Taber and Nicole Starkweather. Discover the 8 essential pillars of wilderness survival and learn how to stay safe and prepared when outdoor conditions take a turn for the worse. Thursday Nov. 6, 6-8pm. For more information contact: Rich Taber: rbt44@cornell.edu



Autumn is in the air - and so is ag- conservation!

As the seasons change, it's a perfect time to highlight the important work being done across Chenango County. The Chenango Soil & Water Conservation District is excited share a few recent agricultural projects aimed at protecting our natural resources. These projects focus on reducing agricultural waste runoff, minimizing soil erosion and improving soil health!

SHORT TERM MANURE STORAGE SYSTEMS

As NY's agricultural landscape evolves, so do our conservation practices and funding programs. The short-term manure storage practice system is fairly new to our grant programs. Previously, state and federal grant funds could only support manure storages with at least six months of capacity. Now, with changes in farm needs, NYS developed has introduced funding for smaller storages on farms that provide 2-3 months of storage. These are more affordable and better suited for farms with stackable manure.

This practice supports farmers who daily spread manure by offering more flexibility in application timing. Short-term storage allows manure to be held during wet or poor field conditions, helping to protect nearby watercourses and enabling farmers to apply nutrients where they're need most for crop production. To qualify for funding consideration, a farm must first have a nutrient management plan and method of spreading manure. Additionally, farms have to be able to cost-share at leat 12.5% of the cost of construction.



Above: Site preparation is underway for the construction of a new short-term manure storage facility.

LET'S TALK COVER CROPS!



It's common to see green fields across the county after corn harvest — but that grass isn't growing by chance. Farmers are planting cover crops to improve soil health and protect natural resources.

Cover crops are planted after the main crop to reduce erosion, build organic matter, suppress weeds and pests, retain moisture, and recycle nutrients for future use. Popular varieties include winter rye, wheat, and triticale.

Interested in learning more? Give us a call!

DID YOU KNOW?

The SWCD has a full-time forester on staff who can assist landowners with forestry management planning. Forest management plans are great way to insure the future health and profitability of your forested property!



AGRICULTURE UPDATES



Chenango County Farm Bureau 99 North Broad St, Norwich NY Terence L. Ives, President Phone (607) 287-7383

Chenango County Farm Bureau's Annual Meeting will be:

Sunday October 26, 2025 at 1 PM Place will be Austin Farm Enterprise in Bainbridge, NY Dinner will be \$18.00 per person. Dinner is a Catered BBQ by the Austin Farm Enterprise. We will be hearing reports from this past year. Discussing Policy and Resolutions for the coming year, and Electing Directors and a President for the coming year. Our speaker will be Tom Denman on Membership Benefits of NY Farm Bureau. Reservations due Friday,October 17, 2025.

What is in New York Farm Bureau Membership?

- Policy Development- Our grassroots process incorporates farmers' ideas into official Farm Bureau public policy, allowing us to make our member voices heard as we advocate at state and federal levels.
- Advocacy- NYFB lobbies state and federal lawmakers, agencies, and departments, acting in our members' best interest to support their farms and communities. We also assist County Farm Bureaus with important local issues.
- Young Farmers & Ranchers- Our YF&R program provides opportunities to network and hone leadership skills for the next generation of farmers as they grow their business skills and efficiency.
- Promotion & Education- Together with our members, we promote awareness and understanding of agriculture, provide effective tools for engagement and offer training opportunities for volunteers.
- Grassroots Our bimonthly Grassroots newspaper, distributed across the state, reports on important agricultural issues, highlights member farmers and offers free classified ad for members.
- Resource Library NYFB provides valuable information to members that they can't easily find elsewhere, providing the resources necessary to make important decisions.
- Legal Service & Referral Our plan provides assistance to members with legal questions or concerens. We match you with attorneys in your region who specialize in the area of law relevant to your needs.
- Worker's Compensation Safety Group 486 Our safety group helps thousands of members to protect their employees and their businesses while saving money on workers' comp insurance premiums.
- We would looking forward to everyone joining us or contacting us for more information.

4-H NEWS

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OUTDOOR PREPAREDNESS 101 (TWO-PART COURSE)

On June 23rd and 30th, Nicole and Rich led 4-H youth through the basics of wilderness survival during the two-part Outdoor Preparedness 101 course. Participants learned what to pack in a daypack, how to navigate using a compass, fire-building basics, an introduction to wild edible plants, and more! Youth practiced teamwork by breaking into small groups to build shelters using only a tarp, stakes, rope, and a trekking pole. This engaging, hands-on program gave participants valuable outdoor skills while having fun outdoors.



The Shooting Sports program is for 4-H youth ages 9 and up. This program meets every third Sunday. Its focus is to teach youth the fundamentals of firearm safety using archery, air rifles, .22 rifles, and air pistols. This program is expanding but with the growing numbers it is a challenge to have enough space for all that would like to attend. The instructors have come up with a rotating program in order to accommodate the participants. Those volunteers in this program are reaching out to donors in order to purchase more updated equipment and safety gear for the coming program year.



On July 2nd, we hosted a festive and engaging craft night in celebration of the Fourth of July. Youth participants selected wooden crafts to paint, decorate, and personalize, allowing them to express their creativity in a hands-on way. Each child left with a unique patriotic craft to take home and enjoy for the holiday.

NATIONAL BLUEBERRY MUFFIN DAY

Baking is more than just making tasty treats—it helps youth build essential life skills! For National Blueberry Muffin Day, 4-H and SNAP-Ed teamed up and taught 4-H'ers how to make nutritious whole wheat blueberry muffins while learning about the importance of "eating the rainbow." Programs like this one allow kids to practice math and science, develop patience and focus, express creativity, and gain confidence in the kitchen. The muffins came out delicious and the participants could not wait to make the recipe at home!

OUTDOOR COOKING

Outdoor cooking took the opportunity to give a demonstration of their cooking skills on Saturday, August 9th during the Chenango County fair. Three groups with a total of 8 young people cooked up a variety of tasty treats for the fair goers to sample. These kids did a fantastic job, some of the things they cooked were Cinnamon buns, Mountain man breakfast, Apple dump cake, Chili, Shepards pie, and Rice pudding. The amazing part of their cooking skill is that all the ingredients they use are made from scratch and cooked with cast iron over open fire with charcoal. Not an easy task figuring out how much heat is needed in order to thoroughly and safely cook each item. These 4-H'ers experimented with different ingredients and spices to come up with what they used for their demonstration. They were allowed to make their own choices to share. They all did a fantastic job.









4-H NEWS



DOG TREATS FOR LOCAL ANIMAL SHELTERS

4-H'ers rolled up their sleeves on July 22nd for a heartwarming community service project - baking homemade dog treats for local animal shelters! During this program, kids learned basic kitchen skills, how to follow a recipe, measure ingredients, and work together in a fun, hands-on environment. The kids practiced teamwork to combine and mix together the ingredients, roll out the dough and use cookie cutters to create the dog treats. Afterwards, the treats were bagged up and were donated to the Chenango County SPCA.





LIBERTY PARTNERSHIPS PROGRAM (LPP)

Summer Program at Morrisville State College, Nicole led two different programs for the LPP Summer Program on July 8th,15th, 22nd, and 29th. For National Cow Appreciation Day, participants learned about the benefits of dairy and dairy products and had the opportunity to make their own butter with heavy cream. For the second session, they learned about acids and bases, the scientific method, and watched some demonstrations of chemical reactions between everyday ingredients. Both programs were a big hit!



HIKING CLUB

Bad weather held off long enough for 4-H'ers to gather at Rogers Environmental Education Center on September 6th to kick off the first monthly Hiking Club, held on the first Saturday of every month. Each outing offers youth the chance to explore new trails while learning about hiking etiquette, mindfulness in nature, and local plants. It's a great way to stay active, build outdoor skills, and connect with the natural world—one hike at a time!



BUG CLUB

The Bug club wrapped up on July 15th but there is one more event that we will be advertising to those bug enthusiasts. This event is called the Insectapalooza which is held on October 18th from 9am to 3pm in Stocking Hall on the Cornell Campus. This year the Bug Club was open not only to our enrolled 4-H'ers, but we partnered this event with the Chenango County Youth Bureau. All youth had the opportunity to participate, however, out of those that signed up that weren't enrolled in the 4-H program we only had one attend that was not. A total of 13 youth participates throughout the 4 different meetings with 12 different parents at any given meeting. These youth learned many fun and educational things like bug yoga, how to identify different insects, parts of insects, how to gather insects, how to display their specimens, bug crafts, and even had tasty bug treats. The outcome of the Bug club was exciting with at least 4 youth displaying their bug collections at the county fair. Two of these displays were selected to go on to the New York State fair, however one opted not to send their exhibit.







SLIME SCIENCE

4-H'ers got to mix, stretch and squish during this hands-on Slime Science program. First, we explored the science behind slime, then kids had the opportunity to make their own fun, gooey creations. This was an absolute hit and my largest program, yet!

BIRD WATCHING

4-H'ers gathered at Roger's Center on August 16th for a peaceful morning of nature exploration at Rogers Environmental Education Center in Sherburne. First, we explored the Bird Cabin, then enjoyed a leisure hike along the bridge and trails while learning to spot and identify local bird species. It was a great opportunity to connect with nature, practice observation skills, and enjoy the outdoors with fellow 4-H'ers.

INSPIRATIONAL ROCK PAINTING

On September 10th, 4-H'ers had the opportunity to express their creativity and practice painting skills by decorating their own inspirational rocks. Together, we discussed the importance of sharing uplifting messages, brainstormed words, images, and designs, and then set to work painting rocks both big and small. Some of the finished rocks will brighten up the garden at CCE, while others were taken home to inspire family and friends.

BLUEBERRY POPSICLE DAY

4-H'ers celebrated National Blueberry Popsicle Day on September 2nd with this fun and refreshing 4-H event! Kids learned the importance of healthy eating and active living while making their own nutritious blueberry popsicles. They practiced following a recipe, measuring ingredients, and making healthy choices—all while enjoying a tasty treat they created themselves!

FENIMORE FARM JR. LIVESTOCK SHOW

DAIRY CATTLE

Master Showman: Adrienne H.
Jr. Champion Ayrshire: Adrienne H.
Res, Jr. Champion Ayrshire: Taylor H.
Res. Jr. Champion Holstein: Adrienne H.
Jr. Champion & Res. Jr. Champion Brown
Swiss: Addison D.
Best Jr. Bred & Owned Brown Swiss:

Addison D.
Grand Champion Frown Swiss: Elizabeth V.

DAIRY GOAT

Res. Champion Alpine Milker: Skylar G. Res. Champion Oberhasli Milker: Maria F Best Udder - Dairy Goat Show: Maria F. Res. Champion Toggenburg Milker: Skylar G. Champion Recorded Grade Milker: Skyler G. Jr. Champion Nigerian Dwarf: Dylan P. Best in Show Jr. Animal: Dylan P. Jr. Champion Oberhasli: Jamie F.

SHEEP

Champion Novice Showman: Jake B. Res. Champion Southdown: Jake B.





BEEF

Res. Novice Showman: Beth W. Champion Feeder Steer: Emily H. Best Bred & OwnedMarket Animal:

Emily H.

Champion Simmental Heifer: Emily H.

Res. Champion Heifer: Emily H.

Champion Crossbed Cow-Calf Pair: Emily H. Res. Supreme Champion Cow-Calf Pair:

Emily H.

MEAT GOAT

Champion Novice Showman: Caleb H. Res. Champion Novice Showman: Emily L.

SWINE

Res. Champion Novice Showman:

EmmaJane B.

Champion Berkshire Breeding Gilt:

EmmaJane B.







CHENANGO COUNTY FAIR



CASE BUILDING AWARDS

Awards given for outstanding work in

the area of:

Horticulture: Amon V.

Home Environment: Alice H. Food & Nutrition: Sarina B.

STEM: Chas A.

Photography: Makayla C.

BEST OF SHOW SEWING AWARDS

(In memory of Don & Barbara hodge)

Maria F.

MOST OUTSTANDING EXHIBITORS

(In memory of Barton & Charlotte Seager)

Sr. Most Blue Ribbons: Josephine P. Jr. Most Blue Ribbons: Calista B.

SEAGER BEST OF SHOW CASE BUIDING

(In memory of Barton & Charlotte Seager)

Best in Show Sr: Sophia B. Best in Show Jr: Saro A.

DECORATING CONTEST WINNERS

Dairy Cow Exhibit: Dickey, Hodge, Proskine families

Beef Exhibit: The Wilcox Family

Goat Exhibit: Curious Kids 4-H Club

Poultry: Alexis S.

Sheep Exhibit: Aubree & Wesley B.

Rabbit Exhibit: Cotten Family Case Building: Ribbon Wranglers

4-H'ER OF THE WEEK / SPORTSMANSHIP

Owen M. Katie F.

BEST DAIRY GOAT AWARD

Karter M.

VOLUNTEERS OF THE WEEK

Rachel B. Megan W.

SUPER SHOWMANSHIP

Participants:

Dairy Cattle: Addison D.

Beef Cattle: Emily L.

Dairy Goats: Katie F. Meat Goats: Jake B.

Swine: Julianna T.

Sheep: Amon V.

Super Showmanship Champion: Julianna T.

TERRY HODGE MEMORIAL HOLSTEIN MASTER SHOWMANSHOP AWARD

Addison D.

DON & BARBARA HODGE MEMORIAL PREMIER BREEDER / EXHIBITOR AWARDS

Brown Swiss Breeder / Exhibitor:

Addison D.

Holstein Breeder / Exhibitor: Lily M. Milking Shorthorn Breeder / Exhibitor:

Zane L.

Jersey Premier Exhibitor: Elizabeth V.

SHIRLEY PROSKINE MEMORIAL 4-H YOUTH DAIRY AWARD

Abby S. Troy S. Julianna T.

THE GOLDEN BROOM AWARD HERDSMANSHIP

Dairy Goats: Hanahan family Meat Goats: Beckert Family Dairy Cows: Windsor Acres

Beef: Holbert Family Poultry: Sadie L. Sheep: Wilcox Family Swine: Tetrault Family

CERTIFICATE of RECOGNITION CASE BUILDING HELPERS

Cheyenne C. Molly G. Sarina B., Sophia B.

BEST LIVESTOCK ANIMAL

Jake B.

CHAPMAN HALL VOLUNTEER RECOGNITION

Emily A. Jill B.

NYSAAF SCHOLARSHIP AWARD

Adrianna H.

HORSE SHOW

English Res. Champion - Jr: Addison D. English Champion - Beginner: Amilee A. English Res. Champion - Beginner: Kaylynn R.

Western Champion Jr: Rachel Su Western Res. Champion Jr: Mariah L.

Gymkhana Chanpion: Charlotte H. Gymkhana Res. Champion: Grace H.

4-H MARK YOUR CALENDARS

For more information about the following programs and to register - Email Nicole at nrs98@cornell.edu or visit our Facebook page: Chenango County 4-H Youth Development. Check each event for the correct contacts.

4-H HIKING CLUB October 4th, 9:00am - 11:00am Typically the first Saturday of every month.

Join us for 4-H Hiking Club, meeting the first Saturday of every month at different parks and forests across Chenango County! Each outing offers youth the chance to explore new trails while learning about hiking etiquette, practicing mindfulness in nature, and identifying local plants. It's a great way to stay active, build outdoor skills, and connect with the natural world—one hike at a time!

SPOOKY SLIME SCIENCE October 9th, 4:00pm - 5:00pm

Get ready to mix, stretch, and squish! In this hands-on event, youth will explore the science behind slime while making a variety of fun, gooey creations. We'll dive into what makes slime slimy, experiment with different recipes, and learn about chemical reactions in a kid-friendly way. Best of all—everyone gets to take their slime home!

AROUND THE WORLD COOKING – ITALY! October 17th, 4:30pm – 6:00pm

Join us for an exciting adventure as we explore Italy in this Around the World Cooking program! Fittingly, the program takes place on National Pasta Day. Youth will discover fun facts about Italy and learn about the many different types of pasta. Afterwards, we'll cook up a delicious pasta meal to enjoy together!

CARVING PUMPKINS October 20th, 3:30pm – 5:00pm

Get into the fall spirit with our Pumpkin Carving event at CCE! Come design your own festive pumpkin—whether spooky, silly, or creative, the choice is yours. All pumpkins and carving supplies will be provided, and you'll take home your very own masterpiece to display for the season.

HALLOWEEN BOO BASH October 30th, 4:00pm – 6:00pm

4-H enrollment begins October 1st! Join us for a spook-tacular community event to celebrate the start of a new 4-H year. Youth will make frightfully fun snacks like creepy hotdog "fingers" and enjoy seasonal games, activities, and plenty of Halloween fun. We're excited to partner with local non-profit organizations to bring this festive community event to life

GRATITUDE CRAFT NIGHT November 7th, 5:00pm – 6:00pm

Join us for an evening of creativity and kindness at Gratitude Craft Night! Together, we'll write heartfelt thank-you cards for local veterans and make gratitude jars to take home. It's a chance to reflect, share, and spread positivity while crafting with friends.

PLANTING GARLIC November 12th, 4:00pm – 5:00pm

Dig in and learn how to grow your own garlic! In this hands-on program, youth will discover the best time and techniques for planting garlic, then head outside to plant cloves together. Everyone will leave with the knowledge to grow garlic at home and enjoy a tasty harvest next summer.

HIPPOLOGY KICKOFF NOV. 15TH, 1:00-2:30PM

Any 4-H youth ages 5-18, come join the fun as we kickoff the Hippology / Horsebowl season with a field trip to the Gypsy Vanner Farm. If your 4-H'er loves horses and you would like more information about Hippology and Horsebowl or to sign up for this event contact: Rhonda: rlt236@cornell.edu

Regular Hippology / Horsebowl sessions begin every Friday night at 6 pm beginning in January.

FIRE & SHELTER BUILDING November 20th, 4:00pm - 5:30pm, Ages 12+

Get ready for an outdoor adventure! In this hands-on program, 4-H youth will learn the essentials of survival—what it takes to safely build a fire, how to construct a sturdy shelter, and when to use these important skills. After learning the basics, participants will put their knowledge into practice and test out their new abilities.

NO-BAKE DESSERTS November 25th, 4:00pm – 5:00pm

Sweet treats without the oven? Yes, please! In this program, youth will learn how to make a variety of delicious no-bake desserts while exploring creative (and surprising!) ingredients like tofu. Participants will mix, chill, and taste their way through recipes that are fun to make and even more fun to eat.

Holiday Card Craft Night December 9th, 5:00pm – 6:00pm

Get into the festive spirit at our Holiday Card Craft Night! Youth will create handmade holiday cards to share with family, friends, or community members. All supplies are provided—just bring your creativity and holiday cheer!

PAINT YOUR OWN POTTERY

December 5th, 4:00pm - 6:00pm

Join Nicole at Village Clay in Hamilton for a fun pottery painting experience! 4-H'ers will choose a piece of their own and pick their favorite colors to create a one-of-a-kind design. Spots are limited, so be sure to register early!

A portion of the cost will be covered. Estimated cost per participant: \$5

NATIONAL CUPCAKE DAY December 15th, 4:00pm - 5:30pm

Celebrate National Cupcake Day with us on December 15th! 4-H'ers will get hands-on in the kitchen, learning how to bake and decorate delicious cupcakes. Participants will practice basic kitchen skills, follow recipes, measure ingredients, and work together in a fun environment.

OUTDOOR COOKING (Ages 12 +) Oct. 11th, Nov. 8th, Dec. 13th, 10am-12pm

The crisp fall weather is here, so 4-H'ers, get your taste buds ready for another round of delicious outdoor cooking. Mr. Richard is breaking out the recipes and heating up the cast iron for another outdoor cooking program. This program meets the second saturday of every month. If you are interested in joining this program or would like **more information**, **contact Richard: turrellr@protonmail.com**

SHOOTING SPORTS (Ages 9+) Oct. 19th, Nov. 16th, Dec. 21st Third Sunday of every month

The 4-H Shooting Sports program teaches youth the fundamentals of firearm safety using archery, air rifle and .22 rifles. Our newest instructors are now certified in air pistols so qualified youth will be able to add this to their experience. Please contact Richard to let him know you are coming or for **more information. Richard:**

turrellr@protonmail.com

HOLIDAY COOKIES December 23rd, 4:30pm – 6:00pm

Celebrate the season with our Holiday Cookies program! Youth will bake and decorate festive cookies while practicing kitchen skills, teamwork, and creativity. Enjoy tasting your delicious creations and spreading some holiday cheer!

CALENDAR OF EVENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
QT	OBER		1	2	3	4 4-H Hiking Club 9:00-11:00am
5 4-H Achievement Day 1:00- 3:00pm	6	7	8 Leaders Association Mtg. 6:30pm	9 4-H Spooky Slime Science 4:00-5:00pm	10	11 4-H Outdoor Cooking 10:00-12:00pm
12	13 CCE Closed	14 4-H Kids in the Kitchen Zoom 5:30-6:30pm	15	16	17 4-H Around the World cooking 4:30-6:00pm	18 Cornells Insectapoolza
19 4-H Shooting Sports 1:00pm	20	21 4-H Pumpkin Carving 3:30-5:00pm	22	23	24	25
26	27	28	29	30 Community Boo Bash 4:00-6:00pm	31	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
J	VIOVE	MRF	R			1 4-H Hiking Club 9:00-11:00am
2	3	4	5	6	7 4-H Gratitude Craft Night 5:00-6:00pm	8 4-H Outdoor Cooking 10:00-12:00pm
9	10	11 CCE Closed	12 4-H Garlic Planting 4:00-5:00pm	13	14	15 4-H Hippology Kickoff 1:00-2:30pm
Shooting Sports 1:00pm	17	18 4-H Kids in the Kitchen Zoom 5:30-6:30pm	19	20 4-H Fire & Shelter Building 4:00-5:30pm	21	22
30 23	24	25 4-H No Bake Desserts 4:00-5:00pm	26	27 CCE Closed	28 CCE Closed	29
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	Annual Meeting 11:00-1:00pm	5 Paint your own Pottery 4:00-6:00pm	6 4-H Hiking Club 9:00-11:00am
7	8	9 4-H Holiday Card Craft 5:00-6:00pm	10	11	12	13 4-H Outdoor Cooking 10:00-12:00pm
14	15 4-H National Cupcake Day 4:00-5:30pm	16	17	18	1	20
21 4-H Shooting Sports 1:00pm	22	23 4-H Holiday Cookies 4:30-6:00pm	24 CCE Closed	25 CCE Closed	26	27
28	29	30	NA N			*

Cornell Cooperative Extension Chenango County 99 North Broad Street Norwich, NY 13815

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Current Staff (607) 334-5841

CCE STAFF

Craig Brown (Ext. 1119) **Executive Director** ctb98@cornell.edu

Alice Andrews (Ext. 1118) Finance & Operations ama42@cornell.edu

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Mary Close Nutrition Educator mkc244@cornell.edu

SNAP-ED

Carol Lyons (Ext. 1133) Nutrition Educator cll264@cornell.edu

Whitney Kmetz (Ext. 1132) Youth & Nutition Team Leader wdg43@cornell.edu

4-H Youth DEVELOPMENT

Nicole Starkweather (Ext. 1114) 4-H Youth Developement Educator nrs98@cornell.edu

Rhonda Turrell (Ext. 1111) 4-H Administrative Support Specialist rlt236@cornell.edu

CNY Dairy, Livestock & FIELD CROPS TEAM

Ashley McFarland (315) 866-7920 Livestock Specialist am2876@cornell.edu

Erik Smith (315) 219-7786 Field Crops Specialist eas56@cornell.edu

Daniela Gonzalez Carranza (315) 749-3486 Dairy Management Specialist dg647@cornell.edu