

CHENANGO 4-H SNAPSHOT

4-H



FUN!



4-H Spotlights

4-H ROCKS!

Help us show each other just what awesome things go on in 4-H. Come on, be a part of 4-H news, by joining us in the next edition of the 4-H Snapshot! Send us your articles and photos so we share everything that is going on!



Send your stuff to Richard: rlt229@cornell.edu or Rhonda: rlt236@cornell.edu

WOW...**AMAZING** 4-H STUFF!

THE AMBITIOUS LIONS

The Ambitious Lions have had another busy few months. A lot of the members of the club participated in sewing camp and came out for the Sewing Spectacular. They each competed some pretty awesome sewing projects. Great sewing Ambitious Lions!!!

They invited Teen Council to a club meeting and were taught how to make some really cool mouse trap race cars. That was a ton of fun for everyone!



HIDDEN PONDS HORSE LOVERS

Each month members from the Hidden Ponds Horse Lovers 4-H club set out to do a community service. In March they collected donations for the Chenango County SPCA and took time for a visit. While there they were able to love on some of the cats. Then in April members collected goodies in order to make Easter baskets that were donated to local nursing homes.



JOLLY RANCHERS

One of our newer 4-H clubs, the Jolly Ranchers are getting into sheep education when they took a trip to Wild Creek farm to check out their Droper and Katahdin sheep. Great group of 4-H'ers, way to go!

Message from Wild Creek Farm -

"Today we had the pleasure of meeting these wonderful individuals! It was quite refreshing to see how respectful these 4-H'ers are. We were teachers for the day as they learned all the ins and outs to sheep farming. We could not have asked for a better group than The Jolly Ranchers 4-H Club!"



AG IN THE CLASSROOM

Our Ag in the Classroom educator, taught my "soil isn't a dirty word" composting lesson at OV this week and the kids were crazy about getting their hands dirty. Many of the kids were very interested in the idea of recycling food and nature for compost. She showed them how to make simple window sill composters out of soda bottles. They loved it. Thanks to all of you who shared insight for planning this lesson.



4-H OUTDOOR ADVENTURE

Outdoor Adventure had an Almost Full Moon hike in April at Friends of Rogers Center. We hiked up the Pine Ridge Trail making our way to the Farm Tower. We found lots of animal signs, heard peepers, skunk cabbage, and even caught a few spring raindrops! No moon sighting, but a good time was had by all.



4-H NEWS



OUTDOOR COOKING (second Sat. every month)

At the last Outdoor Cooking Program members enjoyed cooking lasagna and pineapple upside down cake. We do our cooking using cast iron Dutch Ovens over charcoal. Our members learn that they can cook a variety of meals outdoors over an open fire.

A special THANK YOU goes out to the Anderson family for providing our program with a BBQ Grill Table! This table is awesome, allowing us to use charcoal at a much safer level.

Join us monthly for this project! Members must be ages 12+. Contact Richard: 607-334-5841 x 1115 or email: rlt229@cornell.edu



2023 4-H LIVESTOCK RODEO - Poultry and Rabbits

This year's 4-H Livestock Rodeo was held in Cortland featuring three different clinic sessions, one per species. Each youth rotated through chickens, turkeys, and rabbits receiving hands-on lessons from educators and visiting presenters! Chenango County 4-H was proud to sponsor 10 youths to attend with the support we received from the TSC Paper Clover Campaign. We hope to get more families to join these educational clinics in the future. A huge thank you to the Cotton family for taking so many photos for us!



SEWING SPECTACULAR

What a great turn out for the Sewing Spectacular! 4-H Sewing campers came to the Chenango Arts Council on April 13th to be honored for all of their hard work during sewing camp. It was a fun night showcasing all of their sewing achievements! Thank you Mr. Richard for being our MC again this year and to our wonderful volunteers!

At this year's camp we reached 42 kids and had 27 volunteers. Many projects were finished like; scissors cases, microwave snakes, book pillows, skirts, button projects, fleece jackets, and many more. Don't forget to show those projects at the fair!



CAPITAL DAYS

The 88th annual 4-H Capital Days Program was held April 16-18, 2023. We are excited to have sent Molly Gorrell, Brayden Smith, and Megan Funk to be our Youth Delegates to represent Chenango County. Each participating youth had the opportunity to tour the state political facilities, speak directly with their state legislators, and see our state government in action. This Event is frequently referred to as being "a life-changing experience that often inspires them to be more civically engaged".

The Capital Days program objectives are: To achieve a better understanding of the New York State policy process, gain a better understanding of state and local government connections, to provide an opportunity to meet with legislators and tell their 4-H stories, to create an awareness of career opportunities within the New York State Government and Public Service, to meet and exchange experiences with delegates from other counties. Our 4-H'ers made us proud!



NY STATE HORSEBOWL

Saturday April 15th, 4-H'ers from around New York State gathered to compete in the 2023 Horsebowl Competition. Chenango County was well represented by junior competitor: Maria Funk. Senior competitors: Emilee Bennett and Sarina Bell. These ladies joined forces with other youth in our region to make up the region 4 teams. Maria's team took 4th, with a personal 4th place. Emilee came home placing 8th individual. Everyone did a great job!



**Keep an eye out for
all the possibilities!
Check out all that 4-H
has to offer!**

TEEN COUNCIL

SHOOTING SPORTS

OUTDOOR ADVENTURE

PRESENTATIONS

OUTDOOR COOKING

HORSE BOWL/ HIPPOLOGY

DAIRYBOWL

KIDS IN THE KITCHEN

AFTER SCHOOL PROGRAMS

COMMUNITY CLUBS

EMBRYOLOGY

CRAFT CAMPS

SEWING CAMP

COMMUNITY SERVICE



COUNTDOWN TO THE CHENANGO COUNTY FAIR!

Start getting excited, it's coming fast!

Here's a fun idea to try!



INSPIRE KIDS TO DO: BREAD IN A BAG

By National 4-H Council • April 04, 2019

Here at 4 H, we encourage kids and parents to continue to learn by doing whenever possible. By encouraging kids to engage in their surroundings and explore their curiosity, we give them the opportunity to learn skills that easily translate to various parts of their lives. What's a good way to spark your child's interest in doing home projects together? Baking bread!

Every kid likes a sandwich – grilled cheese, PB&J – no matter the sandwich, there's always that one common ingredient – bread! Even if you think your child doesn't have an interest in cooking, introducing a fun way to make a favorite snack might just challenge them to take a chance.

How To Make Bread In A Bag

You don't need much to make bread in a bag, you're ingredients are:

- 2 cup all-purpose flour
- 1 pkg. yeast quick-rising
- 3 tbsp sugar
- 1 tbsp nonfat dry milk
- 1 tsp salt
- 1 c water HOT
- 3 tbsp vegetable oil
- 1 c whole wheat flour



Prep Time: 30 minutes

Cook Time: 25 minutes

Total Time: 55 minutes

Servings: 12

Your basic steps for making bread in a bag:

1. Combine all-purpose flour, yeast, sugar, dry milk, and salt into a freezer bag, squeeze air out and zip closed.
2. Shake to blend ingredients, then add your hot water and oil into this mixture.
3. Reseal your bag and work together using your fingers until well combined.
4. Add whole wheat flour, reseal bag and mix again thoroughly.
5. Add a bit of the remaining 1 c. all purpose flour at a time, kneading in the bag in between, until the dough stiffens and begins to pull away from the bag.
6. Once this is achieved, remove dough from bag and put on a floured cutting board to knead with your hands.
7. Knead for 2-4 min. until smooth and elastic, cover dough in a bowl and let it rest for 10 minutes.
8. Use a rolling pin to roll dough into a 12×7" rectangle, place in a loaf pan that has been sprayed with non-stick spray.
9. Cover with plastic wrap and a kitchen towel. Put in a warm location for 20 min or until dough doubles in size.
10. Bake in preheated oven at 375 degrees for 25 min. or until top is golden brown and knife inserted into the middle comes out clean.

Did you try making Bread in a Bag with your family? If so, share your photos with us, let us know how you did!

Inspire Kids to Do: Bread in a Bag

ALL 4-H MEMBERS PLANNING ON EXHIBITING LIVESTOCK AT THE FARMER'S MUSEUM JUNIOR LIVESTOCK SHOW AND/OR CHENANGO COUNTY FAIR MUST HAVE AN ANIMAL CERTIFICATE ON FILE WITH THE 4-H OFFICE ON OR BEFORE JUNE 1, 2023. CERTIFICATES ARE REQUIRED FOR ALL HORSE, MARKET ANIMAL, OR GRADE ANIMAL EXHIBITS, INCLUDING BEEF STEERS/ HEIFERS, MARKET LAMBS, MARKET GOATS, HOGS, ETC. REGISTERED ANIMALS MUST HAVE A COPY OF THEIR REGISTRATION PAPERS ON FILE AS WELL. ANY ANIMALS NOT ON FILE WILL NOT BE ELIGIBLE TO SHOW IN THE 4-H SHOWS AT COUNTY OR STATE FAIR.



4-H'ERS MARK YOUR CALENDARS!

Mark your calendars!

There is a lot going on in 4-H, so check out the list of programs being offered and come join in the fun!

TEEN COUNCIL (Second Monday every month)

Teen Council spent an evening with the Ambitious Lions 4-H Club building mouse trap race cars. This allowed Teen Council to complete a community service while being a role model for youth of our county. The opportunity gave our teens the chance to interact with other clubs and to teach construction and technology principles. If you are interested in learning about the Teen Council Club contact Richard at: rlt229@cornell.edu or call 607-334-5841 ex1115



SHOOTING SPORTS (ages 9 +)

Shooting Sports: April saw the shooting sports program move outdoors. We are able to run the archery and air rifle events simultaneously and rotate the members between each discipline. We have also begun .22 training following the air rifles and archery trainings. If you are interested in our shooting sports program contact Richard at: rlt229@cornell.edu or call 607-334-5841 ex1115



KIDS IN THE GARDEN (May 2nd, June 6th)

4-H along with Grow Cook Serve kicked off the season by making mini herb gardens, planted onions, made lavender sock rabbits, and transplanted flower seedlings for birds and butterflies! Thank you to Alexis Woodcock and Grow Cook Serve for making this fun program possible! sound like fun? Come to us on May 2nd and June 6th: 4:00pm to 5:00pm @ CCE. Register with Erica at elc97@cornell.edu



BUG CLUB

Happening with our awesome volunteer Miss Jen!! We began with a trip to the Discovery Center in Binghamton, to see their Bug Squad Exhibit! 4-H'ers explored the interactive insect exhibit and had time to check out a lot of the permanent displays too. A fun time was had by all! A big thank you to the 4-H Leaders Association for splitting the admission costs with participants. INSECT FIELD TRIP happening in June! Email Erica for more info and to sign up at elc97@cornell.edu.



4-H OUTDOOR ADVENTURE: Email Erica to register or for info: elc97@cornell.edu

BIRD WALK (May 2nd, Tues., 6:30pm to 7:30pm) (Rain date May 3rd)

Join the Chenango Bird Club (4-H'ers 8 & up) on Chenango Greenway Trail in Norwich. Come learn about birds as we look and listen for birds on the Greenway trail. Bring your own binoculars or borrow ours.



GO FISH SERIES!

Do you like to fish or want to learn more? Check out this hands-on fishing series. Learn about freshwater fish in New York State and how to go fishing. Come to one or all three sessions.

May 24th, Wed., 4pm to 5:30, Fish intro, knot tying, lure making

June 10th, Sat., 12pm to 3pm, Fish Hatchery Tour - Otselic Fish Hatchery, picnic lunch

July 8th, Sat., 8:30am to 11:30am, GO FISH! Fishing at Millbrook Park in New Berlin



4-H COMMUNITY CLUB (first Wed. each month)

Let's Explore! Check out Friends of Rogers Center, in Sherburne and all it has to offer! 4-H'ers ages 8 and up. Join us the first Wednesday each month and explore the woods, fields, streams & ponds. Different activities each month. Email Erica to register or for more info at elc97@cornell.edu

KIDS IN THE KITCHEN 4-H'ers had fun cooking last night! They cut and cooked french fries and made veggie burgers from scratch, with black beans, sauteed onions and seasonings. Great job safely cutting up those veggies and cooking for your families! Join our next cooking program, on zoom, on March 28th. Email Erica to register at elc97@cornell.edu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Kids in the Garden Bird Walk	3	4	5	6
7	8 Teen Council 6pm	9	10	11 4-H Fun Night	12	13 Outdoor Cooking 10am
14	15	16	17	18	19	20
21 Shooting Sports 1pm	22	23 Kids in the Kitchen	24 Fish Series	25	26	27
28	29	30	31			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Animal Certificate Deadline for Fair	2	3
4	5	6 Kids in the Garden	7	8 4-H Fun Night	9	10 Outdoor Cooking 10am Fish Series
11	12 Teen Council 6pm	13	14	15 Riding Evaluations	16	17
18 Shooting Sports	19	20	21	22	23	24
25	26	27	28	29	30	

If you have any questions about the events in this calendar, please contact Richard Turrell at: rlt229@cornell.edu

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Mr Richard, and Miss Erica will continue to work hard keeping ideas coming your way, so send photos, we would love to know what you are up to!
Send pictures to Richard: rlt229@cornell.edu or Rhonda rlt236@cornell.edu