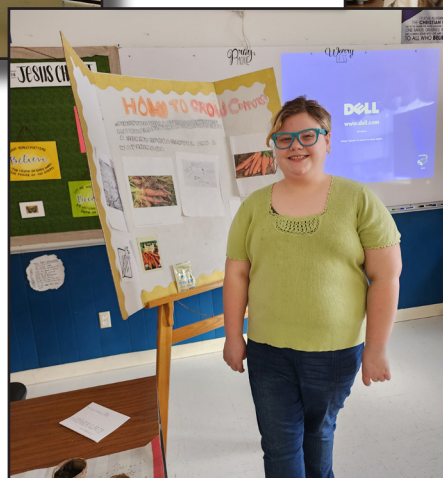
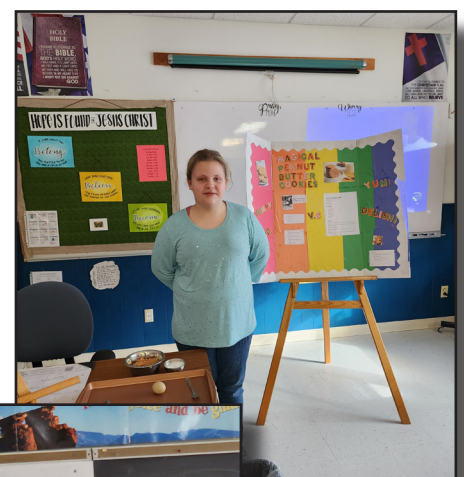


CHENANGO 4-H SNAPSHOT

PUBLIC PRESENTATION HIGHLIGHTS!





4-H Spotlights

4-H is off to a great start in 2023!

4-H'ers are excited to be participating in a variety of activities! Take a look at what some of you have been up to. See if your picture is in this edition of the Snapshot.

If not join us in the next edition by sending us your articles and photos so we can put YOU in our next edition!

Send your stuff to Richard: rlt229@cornell.edu or Rhonda: rlt236@cornell.edu

WHAT'S BEEN GOING ON WITH CHENANGO 4-H!

THE AMBITIOUS LIONS

The Ambitious Lions have been busy preparing for Public Presentations. The club worked together on their presentations. Great way to get the kids moving and motivated helping them to learn about the research process, steps needed to organize information into an interesting and creative way. Then finishing to be able to present in front of an audience. The posters turned out great and all of the Ambitious Lions did a nice job presenting.



HIDDEN PONDS HORSE LOVERS

In January the Hidden Ponds 4-H Club gathered for a presentation clinic on how to give Equine Presentations. At that meeting they also collected new hats and gloves to donate to some of the local schools. At their February meeting these 4-H'ers gathered again for another community service project. This day they made Valentine cards for CMH and Chase nursing homes. After the Valentines were done they ran a practice session for their presentations. Good work Hidden Ponds!



4-H FUN NIGHT

4-H Fun Night continues to grow with creative activities, tasty treats, and 4-H friendships! These past few months our youth have played Pictionary, Charades, Mario Kart, Just Dance, made Chapstick, lip balm, played musical chairs, learned about each other through ice breakers, played hide and seek, and so much more! This program is held monthly on the second Thursday from 5-6:30 pm. Youth can be dropped off or parents are welcome to stay. We hope you come and join us!



4-H COMMUNITY CLUB

4-H'ers cross-country skied at Friends of Rogers Center in February. They learned basic ski skills and tested them out on the trail! It was a fun winter program for all! 4-H'ers 8 and up can join our next program, on the first Wednesday of each month. Youth under 8 can join with a parent. Email Erica for more information, at elc97@cornell.edu





4-H NEWS



DAIRY BOWL

On February 5th, Chenango County Dairy Bowl 4-H'ers were invited to tour Southtown Dairy. They were joined by 4-H'ers from Otsego County. Amy Proskine led an incredible session packed with tons of learning opportunities including tube-feeding, wellness checks, manure safety, and more! This hands on tour finished up with youth breaking up into groups and practicing dairy bowl questions.



HIPPOLOGY / HORSEBOWL

Throughout Jan. and Feb., 4-H'ers gathered to learn as much as they can about horses. Their favorite evening was being able to make poop soup in order to see if their horses had parasites. A very educational time with a big impact on horse care. A different night we took our skeleton out of his closet to compare the horse bones to human bones. We have had some great sessions! The kids are looking forward to March 4th, when they compete against other 4-H'ers from the region.



AG IN THE CLASSROOM

Imagine you were a chicken farmer for a day! Kids from Chenango County schools did just that! After taking a virtual trip to a chicken farm to learn about all the ways chickens are housed and cared for, the students were given the chance to design their own imaginary chicken farm. They brainstormed a catchy farm name, designed a logo for their egg cartons and even presented their farm in front of their class. Two of Mrs. Gorrell's hens got to be classroom visitors and made many new friends. The highlight of the day was when "Sunny" laid her egg in the classroom!



PUBLIC PRESENTATIONS

Twenty five 4-H youth participated in the recent Public Presentation Contest. Youth had the opportunity to select a topic of their choice to present to a team of judges. Public speaking is a great skill we offer for our 4-H'ers. Youth as young as 5 years old came out to present. You are never too young to learn how to speak in front of people! High scoring youth are selected to attend the regional competition in April. All of the 4-H'ers did a great job!



OUTDOOR COOKING (second Sat. every month)

Have you ever had Pigs in a Cornfield? February's Outdoor Cooking kids made this tasty meal and finished with creating their own cake mix recipe. Blueberry Dump Cake is always a favorite but figuring out how much of any one ingredient was a challenge. These 4-H'ers rose to the challenge for a delicious end result! January's menu consisted of Mile High Stew and No Knead Bread. This was the first attempt at making bread in cast iron. There is never a crumb left in sight! If you would like to join our project we meet on the second Saturday of the month at CCE. Members must be ages 12+. Contact Richard at 607-334-5841 ex. 1115



UPCOMING EVENT:

Pheasant Game Farm tour in Ithaca, NY. Saturday April 22, time TBA. We will get a tour of their incredible facility. Come learn about the process from egg to adult and everything in-between. Email Erica for details: elc97@cornell.edu



**Keep an eye out for
all the possibilities!
Check out all that 4-H
has to offer!**

TEEN COUNCIL

SHOOTING SPORTS

OUTDOOR ADVENTURE

PRESENTATIONS

OUTDOOR COOKING

HORSE BOWL/ HIPPOLOGY

DAIRYBOWL

KIDS IN THE KITCHEN

AFTER SCHOOL PROGRAMS

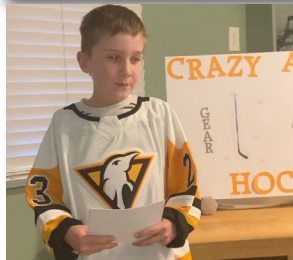
COMMUNITY CLUBS

EMBRYOLOGY

CRAFT CAMPS

SEWING CAMP

COMMUNITY SERVICE





4-H COMMUNITY SERVICE

WHAT IS COMMUNITY SERVICE?

WHY IS IT IMPORTANT TO DO?



Giving something back to the community is something we can all do, even kids. Volunteering and contributing can help families learn about their own community, as well as develop a respect and understanding for different people and lifestyles. Not to mention the shared sense of accomplishment and satisfaction in having helped someone in need.

We have several clubs that participate in a variety of community service projects, but you don't have to belong to a club to pitch in and do your part for others. Being part of 4-H is a great way to do community service projects and show our community just how great our 4-H'ers are! Feeding the hungry, donating presents to the poor, and performing errands for the elderly are all examples of community service projects.

Kids working together, learn to solve problems and make decisions and successfully contribute to their community. They connect local concerns with global issues and gain an awareness of others. All this will serve you now and years later as you transition out of school and into the adult world!

Here is a list of a few things you can do as a community service project:

YOU CAN MAKE A DIFFERENCE!

- Pick up rubbish wherever you go.
- Donate unwanted toys.
- Help with yard work for elderly or unwell neighbors.
- Volunteer at community events.
- Help bake cookies to give to local service people and volunteers
- Plant a tree.
- Make handmade cards for kids in hospital.
- Participate in fundraisers and charity events.
- Read to younger kids at your local library.
- Donate handmade gifts to a charity for them to sell.
- Give outgrown books to local medical center, daycare or hospital.
- Volunteer at your local animal shelter.
- Create bird feeders to attract wildlife.
- Donate clothes and accessories that no longer fit.
- Do something kind for a random community member.
- Write a letter to a pen pal who could use a friend.
- Play card or board games with residents at a nursing home.
- Donate a portion of their pocket money to charity.
- Organize a beach or park clean up with friends and family.
- Start a school recycling or awareness program.
- Hold a collection drive for the less fortunate.
- Sell unwanted items and give the profits to a needy cause.
- Write a message of thanks to a community hero.
- Do household chores for a sick friend or neighbor.
- Help raise money for a charity with a bake sale.
- Raise awareness about an issue in the community.
- Assist in cooking a meal for a family in need.
- Hold a give-back party where everyone brings an item to donate.
- Use manners, smile and say hello when out and about.
- Hold a car wash to raise money for a charity or service.
- Participate in a fun run to raise money for the charity of their choice.
- Set up a water dish for local wildlife in back yard.
- Use reusable packaging for school lunches.
- Make bookmarks to donate as gifts.
- Become a mentor to a younger kid.
- In lieu of Birthday or Christmas gifts, ask for donations to chosen cause.
- Offer to help tend gardens at community center.





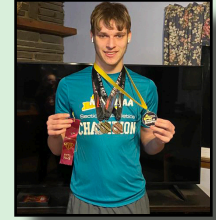
4-H'ERS MARK YOUR CALENDARS!

Mark your calendars!

There is a lot going on in 4-H, so check out the list of programs being offered and come join in the fun!

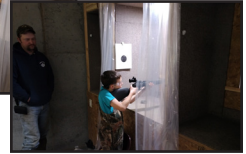
TEEN COUNCIL (Second Monday every month)

4-H Teen Council is for youth ages 14 and up. The focus of the program is community service, citizenship, and civics. During the next few months, the group will be leading a 4-H project for clubs, writing a letter to their legislators, and participating in, Earth Day community service. If you would like to join Teen Council contact: Richard 607-334-5841 x 1115 or email rlt229@cornell.edu



SHOOTING SPORTS (ages 9 +)

4-H Shooting Sports is designed for youth ages 9 and up to provide firearm safety training and marksmanship. Youth begin with archery and air rifle then can progress to air pistols and .22's. Our program currently meets once a month at the Rockdale Rod and Gun Club. For information about the Shooting Sports Program contact Richard: 607-334-5841 x 1115 or rlt229@cornell.edu



KIDS IN THE GARDEN April 4, 4 - 5 pm

Join 4-H and Grow Cook Serve as we set off the Spring season right. Learn about starting seeds and growing your own vegetables, herbs, flowers in your own backyard. Discover new ways to use your harvest at home! To sign up contact Erica at elc97@cornell.edu



SEWING CAMP (March 13,16,17,23, April 3, 4, 5, 6)

Sewing Camp will be held again this year. Cloverbuds, Intermediate I & II, and Advanced, will be getting together to learn many new and different sewing skills. We will start off with a sewing meeting on March 13th for the Intermediates and Advanced. Then on March 16th our sewing fun begins with our Cloverbuds, its never too young to learn how to sew! We will end our camp with a wonderful Sewing Spectacular! We have a whole schedule planned, so if you are interested in sewing camp, please contact Rhonda: rlt236@cornell.edu or 607-334-5841 x 1111



4-H KIDS IN THE KITCHEN WITH GROW COOK SERVE

4-H Kids in the Kitchen is back! Cook from your kitchen (on zoom) and make a meal for your family! Learn cooking basics and ways to incorporate more fruits & veggies into your meals. Adult supervision is required during the program. The program and food are free! Food pick-up info and zoom link will be provided when you register for each program. Our next programs are March 28th and April 25th, at 5:15 pm. Register with Erica: elc97@cornell.edu



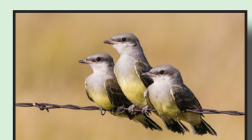
It's the second year of the **4-H CNY LIVESTOCK RODEO**, we have poultry, rabbits, and goats in mind! We strongly encourage all Chenango County 4-H youth interested in learning how to show poultry, rabbits, or dairy goats to register as soon as possible. Those looking to increase their knowledge and improve their current skills or aid others in their learning endeavors are also encouraged to apply. We will pay all Chenango County 4-H participant's enrollment fees that register by April 15th. Those who are unable to attend after registering will be responsible for reimbursement. These clinics will have animals available for youth to practice with and show even if you are unable to bring your own, though we encourage you to bring your own if you have them. Come learn the fundamentals of what it takes to show each of these species!

April 15th, May 13th



OUTDOOR ADVENTURE

Birding with the Chenango Bird Club! For 4-H'ers 8 and up. Join us for a spring bird walk in Norwich, as we look and listen for birds that have made their way back north. We will be exploring part of the Chenango Greenway Trail. Space is limited. For more information and to sign up email Erica: eld97@cornell.edu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 Hippology 6pm	4 Hippology Horsebowl Competition
5	6	7	8	9 4-H Fun Night	10	11 Outdoor Cooking 10am Dairy bowl Competition
12	13 Teen Council 6pm Sewing Camp Mtg, 5-6pm	14	15	16 Cloverbud Sewing camp 4:30-5:30	17	18 Sewing Trip 7:45 am
19 Shooting Sports	20	21	22	23 Cloverbud Sewing camp 4:30-5:30	24	25
26	27	28 Kids in the Kitchen	29	30	31	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Cloverbud Sewing Camp 9-11:30 Int. I & II 1:30-3:30	4 Int. I & II Sewing Camp 9 - 12pm Kids in the Garden	5 Int. I & II Sewing Camp 9 - 12pm	6 Int. I & II Sewing Camp 9 - 12pm Fun Night	7	8 Outdoor Cooking 10am
9	10 Teen Council	11	12	13	14	15 Livestock Rodeo
16 Shooting Sports	17	18	19	20	21	22
23 30	24	25 Kids in the Kitchen	26	27	28	29

If you have any questions about the events in this calendar, please contact Richard Turrell at: rlt229@cornell.edu

Chenango County 4-H
99 North Broad Street
Norwich, NY 13815



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NORWICH, NY
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Mr Richard, Mr Craig, and Miss Erica will continue to work hard keeping ideas coming your way, so send photos, we would love to know what you are up to!
Send pictures to Richard: rlt229@cornell.edu or Rhonda rlt236@cornell.edu