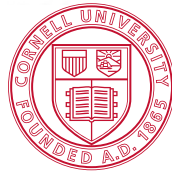
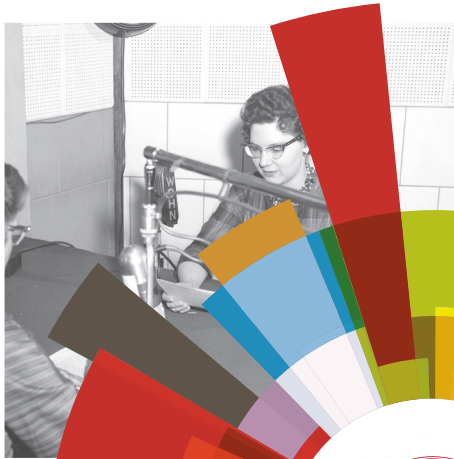
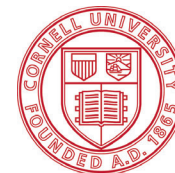
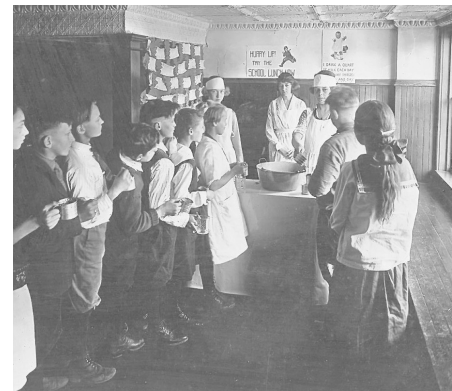


2015 Annual Report

2016 Calendar



Cornell University
Cooperative Extension
One Great Idea



Cornell University
Cooperative Extension
Chenango County

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Board Of Directors:

Board Officers

Ed Coates, President
Gale Hamstra, Vice President
Julie Ives, Secretary
Steve Locke, Treasurer

Board of Supervisor Representatives

Pete Flanagan

Directors at Large

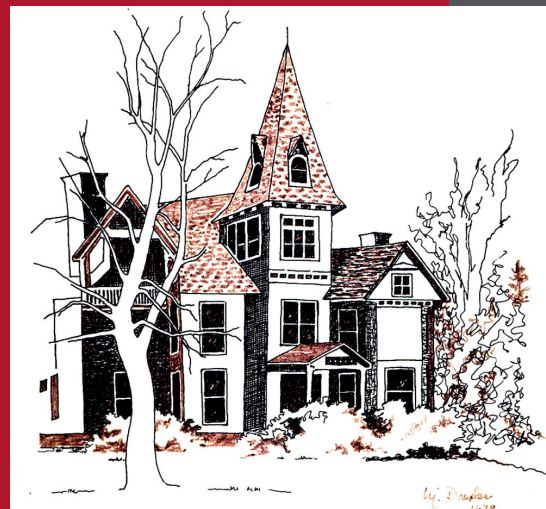
Ross Iannello
Jan O'Shea
Joe Cornell
Brian Newton
Greg LaMonica
Jennifer Ryan

Cornell Representative

Patricia Clayborne



Better farming, better business, better living: The 1920 three horse team of C.E. Smith, Harry Case and Adelaide Barts.



The New York State FARM BUREAU NEWS

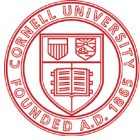
ISSUED MONTHLY BY THE CENTRAL OFFICE OF FARM BUREAUS
U. S. DEPARTMENT OF AGRICULTURE COOPERATION

VOL. II, No. 9 ITHACA, N. Y., DECEMBER, 1915

ISSUED MONTHLY
Farm Bureau Managers,
Officers and Committees



First row, sitting, left to right: Miss Sarah Pettit, Home Economics Manager, Erie; F. S. Barlow, Otsego; J. A. Richardson, Sullivan; T. M. Avery, Delaware; E. H. Anderson, Niagara; F. V. Underwood, Oswego; J. R. Teall, Cayuga; T. E. Millman, Orange; H. M. Bowen, Wyoming.
Second row, sitting left to right: F. H. Lacy, Dutchess; E. R. Mims, Broome; C. R. Tilton, Clinton; A. M. Hollister, Saratoga; H. E. Balcock, Assistant State Leader; W. H. Hook, Ulster; F. C. Smith, Allegany; C. A. Taylor, Herkimer; C. S. Phelps, Ste. Lawrence.
Third row, sitting, left to right: L. R. Simons, Nassau; C. M. Austin, Franklin; O. F. Ross, Oneida; F. E. Robertson, Jefferson; A. S. Merchant, Montgomery; Prof. Wm. D. Hurd, State Leader, Massachusetts; E. F. Smith, Chenango; H. K. Crawford, Cattaraugus; L. H. Goodland, in charge Farm Management Demonstrations, U. S. D. A.; V. B. Blatchley, Tompkins.
Last row back, standing: H. B. Rogers, Chautauque; J. G. Curtis, Westchester; M. E. Chubbuck, Chemung; L. A. Toan, Monroe; W. L. Markham, Erie; M. C. Burritt, State Leader; G. P. Scoville, Farm Management Demonstrator; H. C. Morse, Assistant, Chautauque; C. P. Clark, Assistant Farm Management Demonstrator; E. H. Forristall, Cortland.



Cornell University
Cooperative Extension
Chenango County

Dear CCE Supporter,

This year is the 100th anniversary of Cornell Cooperative Extension of Chenango County. In 1915 E.P. Smith was hired as our first Ag Extension Agent. Adelaide Barts came on board in 1917 to teach home economics and nutrition. In 1920, Harry Case was hired to run the 4-H youth program. That was the start of a remarkable century of service.

Over the past hundred years, Cooperative Extension programs for agriculture, home economics, and 4-Youth have helped the families and communities of Chenango County adjust to incredible changes: from kerosene to electric light, from horses to tractors, from fountain pens to computers, from hand milking, to robotic milkers, from woodstoves to microwave ovens. Cooperative Extension did not invent those things, but it did help families and communities benefit from the changes that came so rapidly.

Cooperative Extension of Chenango County's success has come because has worked as part of a team that included farmers and families, business and government coming together to learn from each other. That teamwork approach made the most of combining that local expertise with University research.

We want to thank you for your past support and for being part of that team. We hope you will take a look at our annual report to see what our volunteers, 4-Hers and staff have accomplished in our most recent year of service

Sincerely,

Ken Smith
 CCE Chenango Executive Director

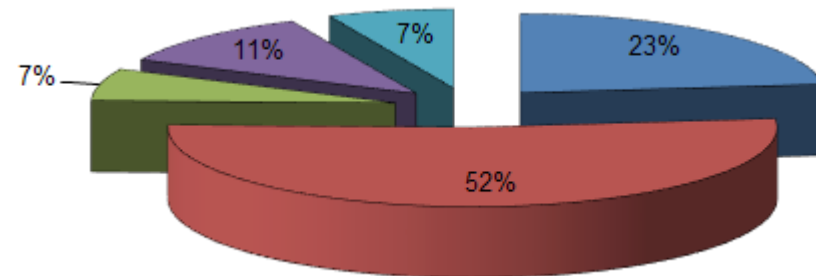
Estimated Revenue and Support Received by CCE Chenango County during 2015

State and Federal **SUPPORT** includes the estimated value of services and educational access provided by Cornell, USDA, and NYS sponsored grants. Most of this is related to training and access to the research that is the basis of the programs we conduct. These memorandum of agreement and support provided by local government are made available because of Chenango County's contribution to our funding.

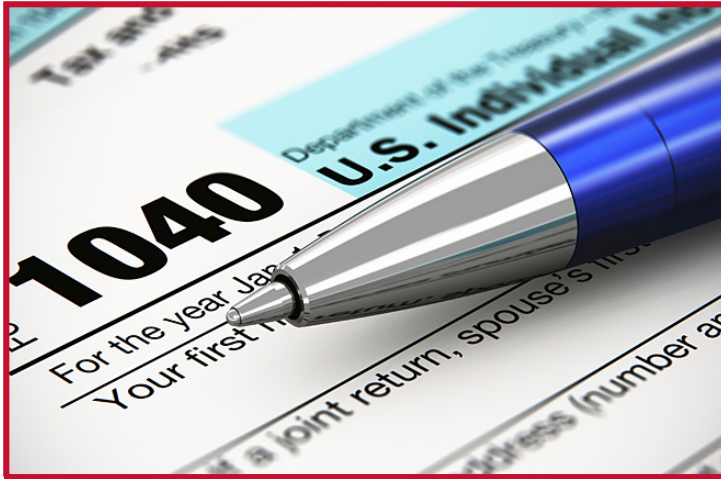
REVENUE is the actual cash provided to CCE during the fiscal year 2015, of which Chenango County provides approximately overall revenue and support of 35%.

OTHER reflects income generated through, contributions, special projects and rental income.

Total of Revenue and Support for 2015



	TOTAL	SUPPORT	REVENUE
COUNTY	\$268,500.00	\$0.00	\$268,500.00
STATE	\$602,852.36	\$324,380.31	\$278,472.05
FEDERAL	\$75,613.34	\$63,158.00	\$12,455.34
OTHER	\$130,147.09	\$0.00	\$130,147.09
GRANT	\$77,313.34	\$0.00	\$77,313.34
TOTAL	\$1,154,426.13	\$387,538.31	\$766,887.82



VITA

(Volunteer Income Tax Assistance Program)

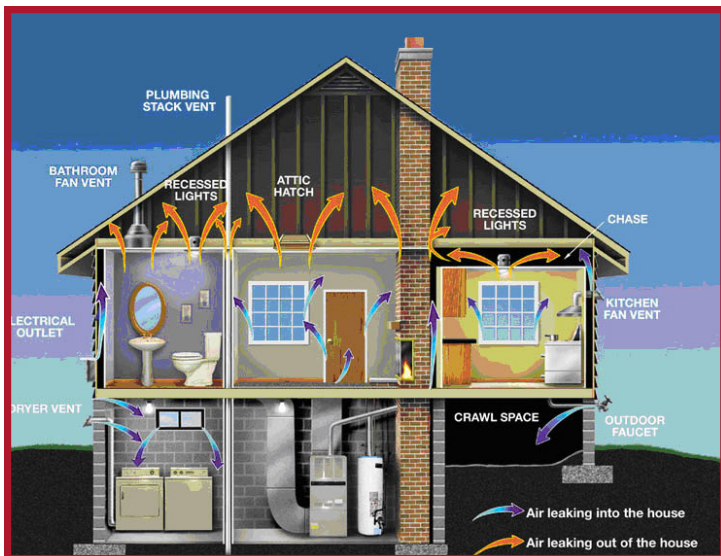
In 2015 CCE Chenango along with the Chenango and Madison CASH Coalition assisted 882 people with filing their taxes. The CASH (Creating Assets, Savings, and Hope) Coalition of Chenango and Madison Counties uses volunteers to participate in the Volunteer Income Tax Assistance Program (VITA). Each volunteer is an IRS Trained and certified tax preparer and works to assist families who earned less than \$50,000 this tax year.

Many people will qualify for this free program for the first time this year due to economic changes in their income or in their marital or parental status. The CASH Coalition estimates one out of five eligible workers currently do not claim their Earned Income Tax Credit. In 2015 hundreds of families and individuals took advantage of this program and had their income taxes prepared by the IRS-certified volunteers. In Chenango and Madison Counties \$1.7 million was returned in refund and tax credits to tax payers this year. Of the \$1.7 million \$558,872 (or 33%) came from the Earned Income Tax Credit (EITC). Chenango County offers daytime, evening and weekend appointments on Thursdays and Saturdays from January to April.

EmPower New York

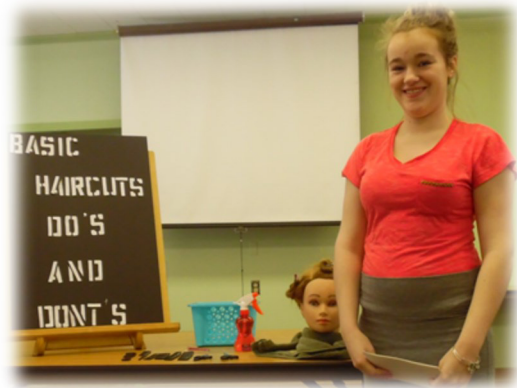
Chenango County worked with The Leading Edge and local libraries to provide two-hour workshops to those interested in saving money and energy. In 2015 three workshops were given. The average class size was five participants. Participants learned cost effective ways to winterize their home and received three free compact florescent light bulbs for attending. The remaining classes for the contract will be given in the months of December and January to fulfill the contract of six workshops.

The EmPower New York workshops are sponsored by the New York State Energy Research and Development Authority (NYSERDA) and developed by Cornell University Cooperative Extension and NYSERDA.



JANUARY 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 CCE Office Closed New Year's Day	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18 4-H Public Presentations Training	19 CCE Board Meeting, 7pm	20	21	22	23
24	25	26	27	28	29	30
31						



4-H Public Presentations



The 2015 Public Presentations program was a tremendous success.

Thirty nine youth participated in the county wide training and competition.

10 Youth were selected to compete in the Region 4 Competition at Chenango Forks

4 Youth were selected to compete in the State Public Presentation Competition at Cornell University

2 Youth were selected to compete in the 2015 Eastern National Horse Communication Competition in Louisville, Kentucky

Youth Responses to Long Term Benefits of Public Presentations*

- o They knew how to prepare a public presentation.
- o They would feel comfortable helping younger or less experienced people with their public presentations.
- o They would feel comfortable speaking to people of all ages.
- o They would feel comfortable speaking about something they believe is right, even if friends made fun of them.
- o They would feel comfortable talking to their evaluators about their presentations.
- o They had better speaking skills than others their age.



*NYS 4-H News Letter, November 1, 2013 , Issue 24



FEBRUARY 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
		Groundhog Day				
7	8	9	10	11	12	13
					Lincoln's Birthday	
14	15	16	17	18	19	20
Valentine's Day	CCE Office Closed President's Day	CCE Board Meeting, 7pm				Chenango County 4-H Public Presentations
21	22	23	24	25	26	27
	Washington's Birthday					
28	29					
	Happy Leap Year					

Agriculture

CCE celebrated its 100 year anniversary in Chenango County in 2015. Agriculture has been and continues to be the foundation of Chenango County's economy and of our quality of life. Healthy and productive farms in our rolling hills provide beautiful views that define Chenango County's landscape. Agriculture provides the economic vitality that keeps our villages and towns vigorous. Advancing the agricultural industry is central to the mission of Cornell Cooperative Extension of Chenango County. Cornell Cooperative Extension aims to keep our existing farms healthy and to guide and assist new and beginning farmers in becoming established in our county. Our major agricultural initiatives include: dairy and field crops support, agricultural plastics, farm consulting, marketing support, and livestock grazing.

Major Accomplishments in 2015:

- Dairy Day held in June at the Chenango County Fairgrounds
- Agricultural exhibits for the Loomis Barn at the Chenango County Historical Society
- Celebration of the 100 year anniversary of Cornell Cooperative Extension in Chenango County
- Continuation of the Recycling Agricultural Plastics Program (RAPP) and the building of an agriculture plastic building at the North Norwich Transfer Center
- Program information and assistance to farmers about grants for dairy farm expansion and facilities upgrades
- Extensive one-on-one information, education, and outreach for new and beginning farmers
- Collaboration in several initiatives with the Cornell Small Farms Program of Cornell University: Beginning Farmer support, Small Farm Quarterly Publication, and Wholesale Marketing Curriculum Development
- Collaboration with Commerce Chenango promoting low cost Rural Initiative and Dairy Revolving Loan funds
- Collaboration with Commerce Chenango in printing and distributing a map of agricultural producers and products in the county
- Collaboration and support for agricultural organizations in the county including the Agriculture Development Council, Ag and Farmland Protection Committee, Dairy Day, Farm Bureau, and the Chenango County Fair
- Marketing support for livestock and poultry producers
- The production of YouTube grass fed milk dairy videos



MARCH 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Chenango County 4-H Leaders Association Meeting, 6pm	2	3	4	5
6	7	8	9	10	11	12
13	14	15 CCE Board Meeting, 7pm	16	17	18	19
		Agriculture Literacy Week				
20	21	22	23	24	25	26
27	28	29	30	31		



Horticulture

Horticulture was good and growing in Chenango County as the 2015 growing season rolled around. The Horticulture Program, in addition to coordinating the valuable Master Gardener Volunteer program, served the residents of Chenango County in 2015 through:

- Publications: informational press releases, articles in the CCE Extension Express newsletter and the two page Horticulture HUB e-newsletter extend our horticultural educational efforts to thousands in the county.
- Classes: the horticulture program hosted, promoted and instructed classes in topics such as Botany, Seed Collecting, Mushroom Growing and Vegetable Pests. Each year topics are offered based on input from county residents.
- Direct Service in Your Community: site visits for plant identification and site recommendations, answering inquiries about starting new farms, hops farms, grants and tax exemptions, facilitating soil tests, promoting farmers' markets in Chenango County and helping markets with state aid programs.



Natural Resource

The primary focus of natural resource programming in 2015 was the development of You Tube videos to raise awareness of the quality river recreation resources in Chenango County. Pilot videos were produced for the Otselic, Chenango, and Susquehanna rivers featuring kayaking, canoeing, and fishing.

In addition to the river videos the association provided consultation on nuisance wildlife, such as beavers and bats, as well as on woodlot management. The Game of Logging Level I and Level II were offered in partnership with NYCAMH in different parts of the county and well recieved. Maple syrup production was an area of programming this year as we teamed up with the Chenango Area Maple Producers for meetings and programs totaling about 50 people.



APRIL 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					April Fool's Day	4-H Regional Public Presentations
3	4	5	6	7	8	9
10	11	12	13	14	15	16
National Volunteer Week						
17	18	19	20	21	22	23
		CCE Board Meeting, 7pm				
24	25	26	27	28	29	30

GRAZING AND AG ECONOMIC DEVELOPMENT

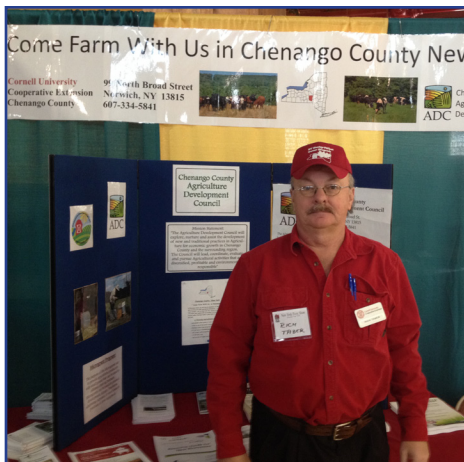


A diverse and interesting array of activities continually occurs in the grazing and ag economic development arena at CCE Chenango. This year in partnership with the Agricultural Development Council we have continued our video marketing efforts by producing a YouTube film on grass fed milk production. The grass fed only milk program is becoming ever more popular among consumers and offers yet another viable economic option for organic grazing dairies. Our previous films on dairy grazing, dairy cattle comfort, and small dairy farms continue to get viewed around the world highlighting agriculture in Chenango County.



We have been successfully working with and assisting a group of young Amish farmers from Ohio in getting established on dairy farms in the town of Guilford. Five families have purchased farms, with three currently milking cows and with two scheduled to begin production in 2016. These farms and families will provide a tremendous boost to the agricultural economy in our county.

We were active again at the New York Farm Show in Syracuse this past winter, where CCE Chenango coordinated a group of speakers from within the Cooperative Extension system of New York who gave presentations on a variety of topics of interest to show attendees. CCE Chenango was a participant in the Annual Chenango County Dairy Day this past June, in collaboration with several agencies, and which highlights the importance of dairying in the county.



CCE encourages livestock producers to market their products by encouraging them to join an organization such as the Adirondack Grazers Cooperative and to be listed in our local meat producers guide. A beef calf pooling project has been initiated by the Cornell University Beef program throughout the state, which encourages producers to work together in grading and marketing uniform groups of animals for purchase by buyers.

CCE continually provides information and assistance on grazing, farm management, and loan sources to new and beginning farmers. We also encourage individuals to avail themselves of the resources from the Cornell University Small Farms Program and the Northeast Beginning Farmers Project.

MAY 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7 4-H Animal Crackers at Cornell University
8	9	10	11	12 Cinco De Mayo	13	14 4-H Leaders Lawn Sale, Chenango County Fairgrounds
15	16	17 CCE Board Meeting, 7pm	18	19	20	21 4-H State Public Presentations, Cornell University
	4-H Capital Days, Albany					
22	23	24	25	26	27	28
29	30 CCE Office Closed Memorial Day	31				



In our third year of participation, Chenango County 4-H once again offered the NYS Library/4-H Summer Reading Partnership Program to youth in Chenango County. This program, funded by a grant from the Otis Thompson Foundation, was coordinated by 4-H Summer Intern Susan Graham, who educated 416 youth and 59 adults about heroes having a role in STEM (science, technology, engineering and mathematics). Books and activity topics included:

- Olivia's Birds, Saving the Gulf by Olivia Boulter: Activities about birds and oil spill cleanup
- The Camping Trip That Changed America by Barb Rosenstock: Activities about trees and conservation
- Twenty One Elephants and Still Standing by April Jones-Prince: Activities about bridge building
- Wee and the Wright Brothers by Timothy Gaffney: Activities about air and flight



As a result of this program, programs for youth ages 5-12 were held at Otselic Valley Central School, Otselic Fishing Heritage Day, Dairy Day, Safe Summer Fun Day, Sherburne Public Library, The Place, Guernsey Memorial Library, Farm Days at the Afton Driving Park, Smyrna Public Library, New Berlin Library, and the United Methodist Church (Norwich). A total of 21 sessions for 54.2 direct educational hours were offered as part of this program.

Book reading led into discussion of the behind-the-story science and hands-on activities to illustrate the main learning points of each book. Youth were able to make and clean up their own oil spill, design catapult airplanes, construct bird feeders and bird ID books, as well as test their engineering skills by testing their paper bridges.

JUNE 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			Animal Registrations Due for County Fair			
5	6	7	8	9	10	11
	Junior Livestock Show Entries Due					
12	13	14	15	16	17	18
						Dairy Day, Chenango County Fairgrounds
19	20	21	22	23	24	25
		CCE Board Meeting, 7pm				
26	27	28	29	30		
		Career Exploration, Cornell University				



MASTER GARDENER VOLUNTEERS

In 2015 there were 20 active Master Gardener Volunteers (up from 13 last year). 762 volunteer hours were spent by the MGVs; at \$23.07 per hour that's \$17, 594.80 (IndependentSector.org)

The MGVs served the residents of Chenango County in several different ways:

Helpline: the MGVs answered well over 100 inquiries about your gardens, pests and diseases and plant identification. The hot topics this year were insect i.d. and tomato blight.

Outreach: the MGVs spread the word about horticulture at functions such as the Oxford FFA's Agricultural Fair and at Afton Farm Days and the Chenango County Fair.

Volunteering in Your Community: the MGV's spent hundreds of hours in your towns, at your churches and other community sites beautifying spaces, maintaining pollinator spaces and spreading the joys of horticulture to many.

Honing Their Skills: part of being of service to others is keeping fresh in the latest research. MGVs spend many hours each year keeping their knowledge fresh and bringing that knowledge directly to you!



(above) Chenango County Fair: this is the MGV's big opportunity to share what they know and they know plenty! Each year a topic is chosen and a 20' educational display is created from scratch in Exhibition Hall. 2015's topic was late season color in the garden.



MASTER FOOD PRESERVERS

Master Food Preserver Volunteers continued teaching valuable classes this year. Volunteers have continued to teach valuable classes which have been attended by approximately 272 people since 2009. In 2015, 34 hours of classes were taught by 7 different volunteers, with a total of 64 participants and a total of 56 volunteer hours documented. Volunteers taught classes on topics including: Food Preservation Safety, Pressure Canning Meats, Pressure Canning Vegetables, Jams & Jellies, Freezing & Dehydrating, and Hot Water Bath Salsa & Tomatoes.

MASTER CLOTHING AND TEXTILE VOLUNTEERS

The 4-H Master Clothing and Textile Volunteers assisted with sewing camp, Sewing Spectacular and judging at the County Fair. This year 9 youth participated in sewing camp and the sewing spectacular by sewing dresses, pajama pants, and jackets. Volunteers assisted youth ages 6 through 15 years old and awarded multiple sewing scholarships to encourage youth to continue their interest in sewing. This year 9 volunteers logged over 30 hours in volunteer work each. This time totals 270 hours of volunteer work with our Chenango County 4-H youth.



JULY 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 CCE Office Closed Independence Day	5	6	7	8	9
10	11	12	13	14	15	16
Farmers Museum Jr. Livestock Show, Cooperstown						
17	18 County Fair Entries Due	19 CCE Board Meeting, 7pm	20	21	22	23
24	25 County Fair Clean Up Day	26	27	28	29	30
31						

Community Gardens 2009-2015



In 1996 Stacie Edick and several other Chenango County residents started the Norwich Community Garden on City of Norwich property on Hale Street next to the Chenango River. After several years Rebecca Hargrave took over management of the Community Garden as part of her Horticulture Educator position. In 2008 Rebecca Hargrave and Kim Eaton identified a grant opportunity and asked Stacie Edick for assistance in writing the proposal. In 2009 CCE Chenango received funding for the Community Gardens Project through the NYS Department of Health's Healthy Eating Active Living by Design (HEALD) program. This funding has come to a close. Stacie was hired in the September of 2009. The Norwich Community Garden was expanded to 40 plots and since then other Community Gardens were created:



Oxford Community Garden – 2010 - was used for one year but then flooded out and not rebuilt due to low interest in plot rental, although there was terrific community support in getting it started.

Bainbridge Community Garden – 2011 - behind Maple Manor and CHIP housing – started with 6 raised beds, then 12 more added in 2012. Created in partnership with the Jericho Garden Club on Village property. Jericho Garden Club maintains it. Contact Joanne Darling at 607-967-835.

Cook Park Community Garden in Greene – 2013 - for seasonal residents of the campground – 6 raised beds. Built with assistance from the Headwaters Youth Conservation Corps (HYCC).



Afton Community Garden – 2013 - 6 raised beds behind the Community Center/Library – maintained by the Afton Vision Group. Contact Alan Steinberg at 607-624-5124

Friends of Rogers Environmental Education Center – 2014 - 6 raised beds, (9 families ~ 27 people) built by HYCC, maintained by Rogers staff. Contact 607-674-4733

McDonough – 2014 - 4 raised beds, (food pantry) CG supplied limber, Kelley Grange #1301 built and maintains garden. Contact Steve Ellsworth at 607-647-9321

Earth Box container gardens were provided to approximately 80 families including Head Start parents and people who participated in Grow Cook Eat program in 2012-15. 1,865+ pounds of produce have been donated to food pantries and soup kitchens since 2012.

Gardening Classes have been taught over the years reaching approximately 467 people since September of 2009.

Food Preservation and coordination of the Master Food Preservers has been funded by the CG funds since 2009. Classes have been attended by approximately 272 people since 2009.



AUGUST 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5 State Fair Animal Entries Due	6
7	8	9	10	11	12	13
		Chenango County Fair				
14	15	16 CCE Board Meeting, 7pm	17	18	19	20
21	22	23	24	25	26	27
				New York State Fair		
28	29	30	31			

4-H VOLUNTEERS ARE OUR GREATEST RESOURCE



Chenango County is blessed with numerous natural resources. One of the greatest resources is the group of volunteers that work with our 4-H youth. These volunteers are our neighbors, friends and children's teachers. During the 2013-2014 program year Chenango County 4-H had 96 enrolled volunteers. These volunteers assisted youth in numerous projects and activities including: sewing, cooking, leather craft, animals, health, gardening, community service, conservation, woodworking, public presentations, and livestock shows.




It is impossible to quantitatively measure the impact that these volunteers have on our youth. Research shows that our volunteers impact 4-H youth in the following ways:

- 4-H volunteers serve as positive role models for youth.
- 4-H volunteers are able to support, encourage and "be there" for youth.
- 4-H volunteers help youth develop community connections and become active citizens in their communities.
- 4-H volunteers help youth learn new content and master new topics.



Thank you to all of our Club Leaders, Project Leaders and County-Wide Volunteers!

 Average volunteer spends 122 hrs./year with 4-H
(2012, Corporation for National and Community Service)

 Average hourly wage rate for volunteers---\$23.07
(2014, Independent Sector)

 122 hrs. X \$23.07/hr. X 96 volunteers

 **\$270,195.00 worth of Volunteer Time donated to Chenango County 4-H**



SEPTEMBER 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
					New York State Fair	
4	5	6	7	8	9	10
	CCE Office Closed					
	Labor Day					
11	12	13	14	15	16	17
Patriot Day				4-H Project Reporting and Year End Paperwork Due		
18	19	20	21	22	23	24
		CCE Board Meeting, 7pm				
25	26	27	28	29	30	



20 youth participated in winter **horse bowl and dairy bowl practices**, hands-on learning the science and management practices of both species. 5 youth earned places on the regional teams that competed in the state 4-H contests!

17 youth participated in our 1st annual **4-H Super Science Fair**, held at SUNY Morrisville's Norwich Campus. Youth chose a science topic, researched, conducted and documented experimentation, and presented their findings to a 3-person judging panel. Top "scientists" were awarded \$1,000 in scholarships from the program's sponsor, Time Warner Cable and Connect A Million Minds Program.



4-H By The Numbers:
 2,049 youth involved in STEM
 523 youth involved in Civic Engagement
 487 youth involved in Healthy Living



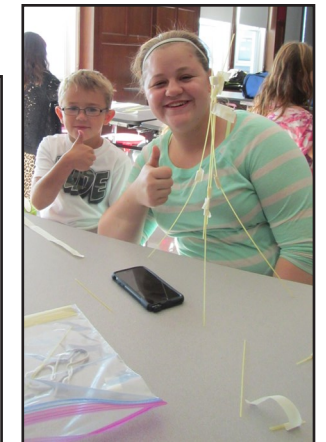
4-H was a 2015 recipient of a \$23,725.06 Roger Follett Foundation Grant to renovate both Case Building & Chapman Hall, including roofing and kitchen work.

Celebrate Chenango County 4-H!

22 Chenango County 4-H'ers participated in the annual **Farmer's Museum 4-H Junior Livestock Show**. These youth earned many awards, including Master Showman, Champion of Breeds, Best Bred and Owned, Best Junior Doe in Show, as well as the highly coveted Farmer's Museum Dairy Goat Cup for Best in Show!



The Chenango County **4-H After School Program** continues to partner at 4 different sites to bring STEM, Healthy Living, & Citizenship activities to 315 youth. Funding from Stewart's Shops & the Chenango County Youth Philanthropy Council, in the amount of \$2,000 helped defray the costs of materials. During the school day, 685 youth participated in 4-H.



4-H at the Chenango County Fair:

*112 4-H Exhibitors	*905 Total Entries	*31 Pet Projects	
*492 Domestic Projects	*40 Cavy/Rabbits	*36 Beef	*13 Horses
*106 Dairy	*96 Dairy Goats	*32 Meat Goats	*33 Sheep



The **4-H Sewing Spectacular** highlighted all of the **4-H Sewing Camp** projects made by members. Included was judging, a fashion show and sewing collection show.

OCTOBER 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10 CCE Office Closed Columbus Day	11 4-H and CCE Proclamation Ceremony, 10am Count Office Building	12	13	14	15
16	17	18 CCE Board Meeting, 7pm	19	20	21	22
23	24	25	26	27	28	29
30	31 Halloween					



GROW COOK EAT

The Grow Cook Eat program is in its fourth year. 19 participants enrolled this year and have set personal goals related to gardening, fitness and healthy eating. They have been enjoying classes in gardening, cooking and nutrition, and food preservation. They have been offered 9 gardening classes including Planning Your Garden, Seed Starting, Feeding Your Veges, Container Gardening, Weed Control, Insect ID and Control, Season Extension, Composting, and Sprouts and Microgreens. They took 6 cooking and nutrition classes offered through the Eat Smart New York program. They have also been offered 6 food preservation classes including: Food Preservation Safety, Jams and Jellies, Salsa and Tomatoes, Pressure Canning Vegetables, Pressure Canning Meats and Freezing and Dehydrating. Most of these classes were open to the public as well. Participants have also enjoyed group hikes, classes at the YMCA and other physical fitness activities. 3 participants took advantage of plots at Community

Gardens and 8 took home container gardens. Participants have also given back by volunteering numerous hours throughout the community. 2015 has been another wonderful year for Grow Cook Eat and we look forward to continuing this well-rounded educational experience for 2016 and 2017 with funding provided by the Chenango United Way.

GROW COOK SERVE

2015 was the inaugural year for this program which endeavors to increase the capacity of food pantries and soup kitchens by training volunteers to staff them and by growing produce to donate to food pantries and soup kitchens. 10 Participant Volunteers have offered more than 170 hours of service by either volunteering directly at food pantries and soup kitchens or by growing produce or by processing produce for freezing under the 20C Food Processing License obtained by the Grow Cook Serve program in September. Over 830 pounds of fresh and frozen produce have been donated to food pantries and soup kitchens including 90 pounds of apples gleaned from 2 trees, 95 pounds of squash gleaned from Heller's CSA Farm and 242 pounds of produce gleaned from the Oxford Farmer's Market and home gardens. We hope to secure funding for this program again in 2016 and expand the number of Participant Volunteers and hours and pounds of produce significantly.



If you are interested in participating in either of these programs in 2016, please contact Stacie Edick at 607-334-5841 x 20 or spe26@cornell.edu



NOVEMBER 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
					CCE Office Closed Veteran's Day	
13	14	15	16	17	18	19
		CCE Board Meeting, 7pm				
20	21	22	23	24	25	26
				CCE Office Closed Thanksgiving	CCE Office Closed	
27	28	29	30			



Chenango County SNAP-Ed Eat Smart New York



Beginning in February, with more than half the program year over, and the State pushing Regional Lead Managers to get things rolling, the Chenango County SNAP-Ed team started making connections with new agency partners in both Cortland and Madison Counties. The nutrition program data that follows is a summary of both Direct and Indirect activities that have taken place for the 2015 fiscal program year in Chenango County. We anticipate as we roll into our second year of the five year grant, the ESNY Team will be adding to the list of program sites, including more Schools, Agency Partners and Grocery Stores.

The Grocery Store Tours were presented through Cooking Matters at the Store. It is an interactive grocery store tour that teaches low-income families to shop for healthy, affordable food. Participants learn to find whole grains, buy fruits and vegetables on a tight budget, compare unit prices, and read food labels. Cooking Matters at the Store includes two versions: one for adults and one tailored to WIC parents. If resources are available to increase participation and learning on the tour community partners may be able to provide transportation and money to purchase \$10 gift cards for the \$10 Challenge.

For the 2015 program year, Southern Tier Eat Smart New York Nutritionists provided nutrition education to 5141 Adults and 3995 Youth at a variety of venues throughout Chenango County. Here is a list of program delivery sites:

Food Pantries/Food Giveaways/Soup Kitchens:

Bainbridge Council of Churches Food Pantry
Cortland/Chenango Rural Services
Earlville Food Cupboard
Greene Area Churches Food Pantry
Calvary Community Care Program, Calvary Baptist Church
Roots & Wings
Our Daily Bread Food Closet & Summer Lunch Program, Emmanuel Episcopal Church
Norwich Catholic Community Soup Kitchen, St. Bartholomew's
McDonough Food Cupboard, Methodist Church
Oxford Community Food Pantry
St. Malachy's Food Pantry
God's Bread 2, First United Methodist Church, Smyrna
South New Berlin Pantry, First Baptist Church
South Otselic, Share and Care Food Pantry

Chenango County Schools and Summer Lunch Programs:

Oxford Middle School
Sherburne-Earlville Central School
Sherburne Summer Lunch Site, Paddleford Park
BOCES Summer Lunch Program
Bainbridge Summer Breakfast Program

Job Readiness Programs:

BOCES Leading EDGE

64 Grocery Store Tours were delivered at:

Walmart
Tops
Price Chopper

Other Locations:

Area Agency on Aging
Bullthistle Farmer's Market
Norwich Farmer's Market Scavenger Hunt
YMCA
CCE Chenango
Chenango County Department of Social Services
Chenango County Fair
Afton Fair
Chenango County Public Health
Opportunities for Chenango: WIC & Head Start
Guernsey Memorial Library
Greater Chenango Cares
Golden Age Apartments
Norwich Alogen
Unison
Preferred Mutual
Chenango County Relay for Life
The Place

DECEMBER 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7 CCE Chenango County Annual Meeting, 12 noon Pearl Harbor Remembrance Day	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24 Christmas Eve
25 Christmas	26 CCE Office Closed	27	28	29	30	31 New Year's Eve

“BUILDING STRONG AND VIBRANT NEW YORK COMMUNITIES”

Mission Statement

Cornell Cooperative Extension of Chenango County strives to promote educational opportunities that enhance quality of life through business, community and leadership development by fostering social and life skills in our community's youth and adult population.

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(607) 334 - 5841

**Have a question?
Give us a call. CCE is here to help.**

99 North Broad Street
Norwich, NY 13815

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Chenango County

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