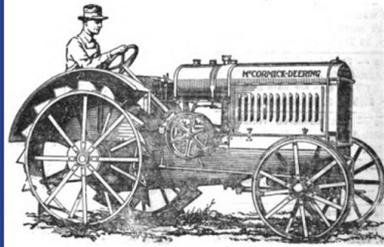




DON'T LET MOTHER EARTH GO NAKED
Larch Pine Nine Years from Planting (1918), Glens Falls Municipal Forest

McCormick Deering Tractor and Tractor Tools



F. Leonard Burchard

15-17 American Avenue, Norwich, New York



Part of Dairymen's League Parade, at Norwich, N. Y., October 30th, 1916



Buyers Inspecting Samples With View to Bidding at Auction or Negotiating at Private Sale

BACTERIA CONTROL



Your cows give you clean, wholesome milk—and it is within your power to keep it that way. Three things are necessary . . . hot water, sterilized cans and pails, and proper cooling. To control bacteria, pails and cans need HOT water washing and thorough dry-air sterilizing between milkings. Then the milk must be quickly cooled and stored at below 50°.

Masterson Motor Sales
6-10 Fair St., Norwich, N. Y.

ESCO
The STANDARD of the BETTER DAIRIES

WANTED!
200---1931
Members Not Yet Renewed



Sign and Mail Today!

You need the Farm Bureau more than ever. The Farm Bureau needs you. Do not let your organization down at this time. "All our strength is in our union, all our weakness lies in discord."
Longfellow.
STAY BY THE FARM BUREAU!
DAY AND NIGHT SERVICE TO AGRICULTURE

Food Values!

BUY NOW WHILE PRICES ARE DOWN

STORES IN NORWICH
80 North Broad Street — 39 North Broad Street — 54 East Main Street
27 Cortland Street — 14 Division Street — 18 State Street
1018 South Broad Street

OTHER CHEMUNGO COUNTY STORES
Green — Oxford — Sherburne — Enys — South Otsego
New Berlin — South New Berlin — Earlville — Guilford
Bainbridge — Afton — Mt. Upton

QUALITY GROCERIES **VICTORY** CHAIN, INC. QUANTITY PRICES

Does a 50%-a 100% profit interest you?

This is not an advertisement of a get rich quick promoter—it is just to tell you that thousands of farmers have increased their crops 50%—100%—and more—much more, by spreading Solvay Pulverized Limestone.

Solvay sweetens sour soil, releases all the fertility to hasten crops to full and profitable maturity. It is guaranteed high test, non-caustic, furnace dried, and so finely ground and readily absorbed that it brings results the first year.

Write for the Solvay Lime Book! Free!

SOLVAY SALES CORPORATION
Syracuse, New York

Sold by
F. H. BISHOP, Norwich
J. C. BULLOCK, Norwich
J. H. BULLOCK, Norwich
V. H. GREGORY, Afton
Mason, Fred O. Jones
Little Van Ostron, Sherburne, N. Y.

Electric 1000 "Thoscar" 1000 Style "T"

Special Prices ON HIGH GRADE Team Harness

We have good stocks of all strap work, blankets, robes, saddles and all horse goods. . . .

SKINNER'S SEED AND SUPPLY STORE
59 North Broad St., Norwich, N. Y.



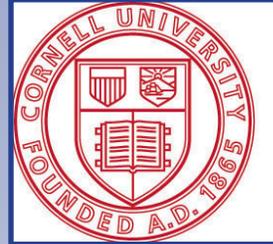
Keep your "herd health and breeding record sheets" neat and clean; yet, handy-by for immediate stable use.



Cultipacker-seeder
Do not bury the small seeds of hay and pasture grasses and legumes. A good rule is, "never more than one-half inch and often a quarter-inch is better."



The New York State group of 4-H Dairy Club Holsteins at the 1927 National Dairy Show at Memphis, Tennessee, last fall. Chenango county boys have two heifers in this group, which won 2nd prize in competition with all the other State 4-H group at the Show. Reading from left to right the boys are as follows:
Leslie Thomas, Cortland, N. Y.; Eugene Huff, Hemlock, N. Y.; Richard Goodwin, Gullford, N. Y., Chenango County holding a heifer owned by Marvin Ives of Bainbridge, N. Y. (Chenango county); Charles Goodwin, next holding a heifer owned by Chas. Bump of Cambridge (Washington county); Ward Winsor of Gullford, N. Y.



Cornell University
Cooperative Extension
Chenango County



Cornell University
Cooperative Extension
One Great Idea

at 100

2014 Annual Report 2015 Calendar



Dear Cornell Cooperative Extension Supporters,

One hundred years ago in 1914 our organization, Cornell Cooperative Extension of Chenango County, was just getting started. The first Board of directors had been meeting for several months and the first "County Agent," E.P. Smith, was soon to be hired. The focus of the organization 100 years ago was agriculture, food safety and youth development, and we are still working hard in those areas today.

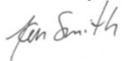
In 2014, our agricultural programming featured the Dairy and Field Crop team who offered many programs including improved hay, corn, and dairy production. The team currently is working with Cornell faculty on research involving malting barley (for New York Distilleries), nitrogen fertilization in corn, and precision feeding of nutrients. Our grazing staff and ADC intern Adam Munio worked with the Chenango County Ag development Council to produce videos on successful small dairy farming. There was ongoing support of diversified small farmers on topics from farmers markets, to purchase of new farms, to control of emerging pests in blueberries and other crops. Our horticultural staff has worked hard to support the local farmers markets and both commercial horticulture and home gardening and the Master Gardener's Program.

In the areas of nutrition and healthy living, the Eat Smart New York team continue to offer nutrition education throughout the county. The program is target towards SNAP and SNAP-eligible families with goals of assisting families to eat more fruits and vegetables, decrease sugary beverage consumption and increase physical activity. Our Community Garden Program and Grow, Cook, Eat Program focus on heart healthy and nutritious food from field to table and even preservation. Grow, Cook, Eat works closely with our Master Preserver Program to provide safe preservation of home grown foods.

Our 4-H and after school programs offers classic 4-H experiences with Dairy Judging, Horse Bowl, 4-H Clubs, County Fair and public presentations. After school programs also offer the latest science, technology, engineering and math programs. Thousands of Chenango County youth benefit from these programs that help make them better prepared for their futures.

Together, the work of the past year and the past hundred years, amounts to hundreds of thousands of hours Cooperative Extension educators and volunteers have spent working to help strengthen agricultural businesses, help homemakers grow, prepare, and preserve safe, nutritious food, and help our youth become more productive citizens. We are very grateful to our volunteers, staff, and supporters for helping to make the work of the past year and the past 100 years possible.

Sincerely,



Kenneth Smith

2014 BOARD OF DIRECTORS & COMMITTEES

President

Patrick T. Ryan, Oxford

Vice President

Ed Coates, Norwich

Secretary

Julie Ives, Guilford

Treasurer

Steve Locke, Bainbridge

Supervisor Representative

Peter Flanagan, Preston
Ross Iannello, New Berlin

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Jan O'Shea, Coventry
Joe Cornell, Nineveh
Gale Hamstra, Norwich
Brian Newton, Pharsalia

Cornell Representative

Andrew Turner

Finance Committee

Steve Locke, Ed Coates

Building Committee

Patrick T. Ryan, Chair
Ed Coates, Jan O'Shea,
Marilyn Carley

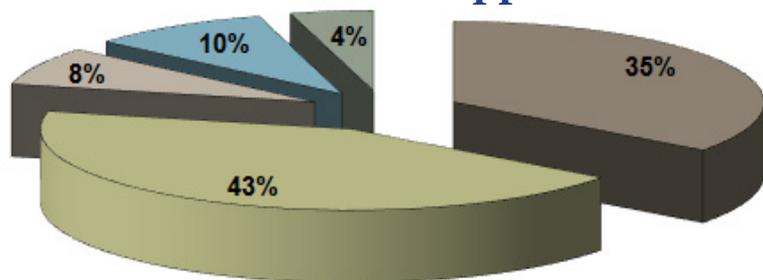
Estimated Revenue and Support Received by CCE Chenango County during 2014

State and Federal **SUPPORT** includes the estimated value of services and educational access provided by Cornell, USDA, and NYS sponsored grants. Most of this is related to training and access to the research that is the basis of the programs we conduct. These memorandum of agreement and support provided by local government are made available because of Chenango County's contribution to our funding.

REVENUE is the actual cash provided to CCE during the fiscal year 2014, of which Chenango County provides approximately overall revenue and support of 35%.

OTHER reflects income generated through, contributions, special projects and rental income.

Total of Revenue and Support for 2014



	TOTAL	SUPPORT	REVENUE
COUNTY	\$334,330.82	\$0.00	\$334,330.82
STATE	\$411,703.23	\$307,188.99	\$104,514.24
FEDERAL	\$73,035.98	\$63,158.00	\$9,877.98
OTHER	\$89,593.80	\$0.00	\$89,593.80
GRANT	\$41,023.66	\$0.00	\$41,023.66
TOTAL	\$949,687.49	\$370,346.99	\$579,340.50

2014 CCE CHENANGO STAFF

Kenneth Smith, Executive Director

Janet Pfromm, 4-H Coordinator

Emily J. Anderson, 4-H Educator,
Recycling Ag. Plastics Project (RAPP) Educator

Richard Turrell, 4-H Volunteer Coordinator

Kevin Ganoe, Field Crop Specialist
Central NY Dairy & Field Crops Team

Dave Balbian, Area Dairy Management Specialist
Central NY Dairy & Field Crops Team

Rich Taber, Grazing/Ag Economic Development Specialist

Stacie Edick, Community Gardens Coordinator,
Grow Cook Eat Coordinator

Patty Stimmel, Horticulture Educator,
Master Gardener Volunteer Coordinator

Betty Clark, Eat Smart NY Program Coordinator

Neisa Pantalia, Nutrition Teaching Assistant

Whitney Graham, Nutrition Teaching Assistant

Jenny Pennington*, Nutrition Teaching Assistant

Alice Andrews, Finance & Operations

Cindy Gardiner, Administrative Assistant

Dennis Madden, Building Custodian

Shawna Russ, Community Gardens Assistant

Wendy Wynn*, Fizz, Boom, Read Program Leader

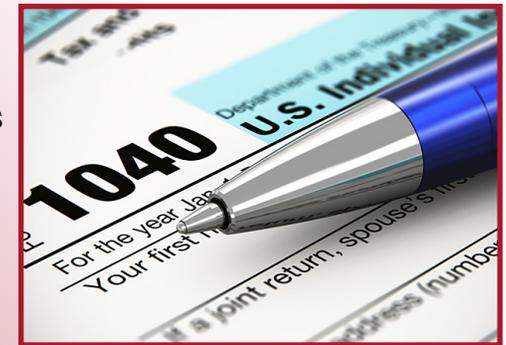
* Denotes persons not continuing on CCE staff in 2015

VITA

(Volunteer Income Tax Assistance Program)

In 2014 CCE Chenango along with the Chenango and Madison CASH Coalition assisted 858 people with filing their taxes. The CASH (Creating Assets, Savings, and Hope) Coalition of Chenango and Madison Counties uses volunteers to participate in the Volunteer Income Tax Assistance Program (VITA). Each volunteer is an IRS Trained and certified tax preparer and works to assist families who earned less than \$50,000 this tax year.

Many people will qualify for this free program for the first time this year due to economic changes in their income or in their marital or parental status. The CASH Coalition estimates one out of five eligible workers currently do not claim their Earned Income Tax Credit. In 2014 hundreds of families and individuals took advantage of this program and had their income taxes prepared by the IRS-certified volunteers. In Chenango and Madison Counties \$1.7 million was returned in refund and tax credits to tax payers this year. This is a \$40,000 increase from 2013.



Chenango County offers daytime, evening and weekend appointments on Thursdays and Saturdays from January to April.

EmPower New York



Chenango County worked with The Leading Edge and Green Jobs New York to provide two-hour workshops to those interested in saving money and energy. In 2014 the rest of the contract was fulfilled and 5 workshops were conducted. The average class size was 15 participants. Participants learned cost effective ways to winterize their home and received three free compact florescent light bulbs for attending.

The EmPower New York workshops are sponsored by the New York State Energy Research and Development Authority (NYSERDA) and developed by Cornell University Cooperative Extension and NYSERDA.



DECEMBER 2014
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JANUARY 2015

FEBRUARY 2015
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 CCE Closed New Year's Day	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19 4-H Public Presentation Training Martin Luther King Jr's Birthday	20 CCE Board Meeting, 7pm	21	22	23	24
25	26	27	28	29	30	31

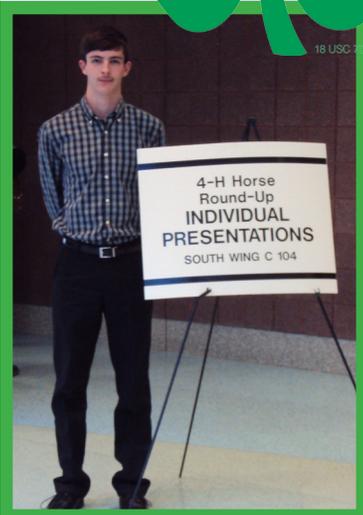
4-H Public Presentations

The 2014 Public Presentations program was a tremendous success! Forty youth participated in the county-wide training and competition. 14 Youth were selected to compete in the Region 4 Competition at Chenango Forks. 1 Youth was selected to compete in the State Public Presentation Competition at Cornell University and 1 Youth was selected to compete in the Eastern National Horse Communication Competition at Louisville, Kentucky, earning a 4th place finish.



Youth Responses to Long Term Benefits of Public Presentations*

- They knew how to prepare a public presentation.
- They would feel comfortable helping younger or less experienced people with their public presentations.
- They would feel comfortable speaking to people of all ages.
- They would feel comfortable speaking about something they believe is right, even if friends made fun of them.
- They would feel comfortable talking to their evaluators about their presentations.
- They had better speaking skills than others their age.



*NYS 4-H News Letter, November 1, 2013 , Issue 24

JANUARY 2015
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FEBRUARY 2015

MARCH 2015
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Groundhog Day	3	4	5	6	7
8	9	10	11	12 Lincoln's Birthday	13	14 Valentine's Day
15	16 CCE Closed 4-H Sewing Trip President's Day	17 CCE Board Meeting, 7pm Mardi Gras	18	19	20	21 4-H County Public Presentaions
22 Washington's Birthday	23	24	25	26	27	28

CENTRAL NEW YORK DAIRY AND FIELD CROPS TEAM

Open house of farms that have transitioned from tie-stall to free stall/parlor

For many smaller dairy farms to continue operation by the next generation, additional income is frequently needed. Often the value of the farm makes up a substantial portion of the older generation's retirement. To buy the farm and to have their own income, this most often means that the farm needs to grow in size.

Smaller herds have historically been housed in tie-stall barns, while farms with larger herds have invested in free stall housing along with a milking parlor for the increased labor efficiency. Making the transition from tie



Dairy farm tour participants at the Dygert Farm

-stall to a free stall/parlor can be difficult. It's not a change for everyone.

Some farms have done the transition in stages. Others

have made the change via a low cost approach by using welding shop parlors, used equipment, and by placing the parlor in the old tie-stall barn building. Some have built totally new complexes.

To highlight how others have made this change work for them, team dairy management specialist Dave Balbian organized an open house/ drive-it-yourself tour of twelve dairy farms in the team region. It was a day that was open to farmers, their advisors, and their families to talk to others who have made this change.

Enhancing New York's Dairy Farms: Dairy Acceleration Program

To help improve the chances of success as dairy farms look to grow their business this program, coordinated by Pro-Dairy, provides grant money for business planning, facility planning, and environmental planning. Dave is the facilitator for this program in our region and after applications are submitted conducts an in-depth interview. If the farm's application is approved he meets with them again along with a business planner, and sometimes an environmental planner to discuss and finalize what the expected outcomes are to be.

New Farm Brewery License Leads to an Increased Interest in Barley:

Recent legislation creating a farm brewery license that requires locally produced ingredients is behind an increased interest in malting barley. The CNY Dairy and Field Crops Team has partnered with the Cornell Small Grains Project to conduct variety testing on 20 spring barley varieties and 20 winter barley varieties for two locations for two years with funding provided by the NY Farm Viability Institute.

Reducing tillage can be an important means of improving soils health by reducing soil compaction and runoff while increasing organic matter. The CNY Dairy and Field Crops Team held two field days in conjunction with CCE of Delaware County in the Susquehanna River Watershed on soil health. Joleanna Holsteins hosted the first field day, that focused on cover crops and reduced tillage systems successfully used on that farm. Besides tillage equipment demonstrations participants got to see soil quality demonstrations and test pits.



Kevin sampling malting barley for moisture content

A second meeting held at the Jordan Brothers farm near Oneonta emphasized managing residue as the brothers do an excellent job of no-till corn and soybeans into high crop residue situations. This was a hands-on field day as participants learned how to measure and evaluate the amount of residue, corn seed planting depth and plant populations.

This summer a field day was held in Sprout Brook at Inverness Farm that has hosted one of the variety trial locations. The 35 attendees saw winter and spring varieties and learned more about diseases that affect malting barley.

FEBRUARY 2015
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MARCH 2015

APRIL 2015
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7 4-H Regional Hippology Competition
4-H Capital Days						
8	9	10	11	12	13	14
15	16	17 CCE Board Meeting, 7pm	18	19	20	21
Agricultural Literacy Week						
					First Day of Spring	
22	23	24	25	26	27	28
					4-H Dairy Discovery	
29	30	31				

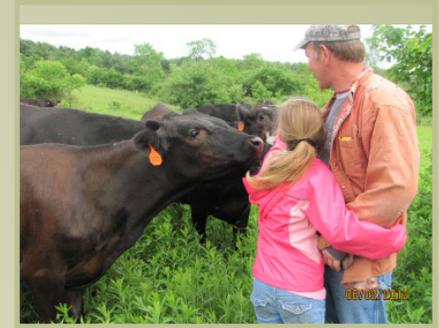
Agriculture

Agriculture is the foundation of Chenango County's economy and of our quality of life. Healthy and productive farms provide the open rolling hills and beautiful views that define Chenango County's landscape. Agriculture provides the economic vitality that keeps our villages and towns vigorous. Progressive agriculture is central to the mission of Cornell Cooperative Extension of Chenango County. Cornell Cooperative Extension of Chenango County aims to keep our existing farms healthy and to guide and assist new farmers in becoming established in Chenango County. Our major efforts include: 4-H, Dairy and Field Crop Team, Agricultural plastics, Farm consulting, and marketing support.



Major Accomplishments for 2014

- Continuation of the Recycling Agricultural Plastics Program (RAPP)
- Provide information about grants for Dairy Farm expansion, and Dairy Farm Business Management programs
- Extensive one-on-one information, education, and counseling for beginning farmers
- Programs for weed control, greenhouse growing, horticultural enterprises, and forage production
- Collaboration with Commerce Chenango promoting low cost Rural Initiative and Dairy Revolving Loan funds
- Farmers Market support and EBT/SNAP card support
- Collaboration and support for Chenango County agricultural organizations to include the Agriculture Development Council (ADC), Ag and Farmland Protection Committee, Dairy Day, and Farm Bureau
- Marketing support for livestock and poultry producers
- Small dairy farm promotional video productions



MARCH 2015
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APRIL 2015

MAY 2015
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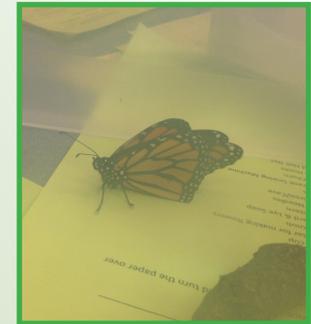
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 April Fool's Day	2 4-H STEM Camp	3	4 4-H Regional Public Presentations
5	6	7	8	9	10	11 Cornell Veterinarian Open House
12	13	14	15	16	17	18 4-H State Horse Bowl
19	20	21 CCE Board Meeting, 7pm	22	23	24	25
26	27	28	29	30		

HORTICULTURE

The Horticulture Program provided over 660 hours-worth of valuable volunteer services in 2014. The Master Gardener Volunteers answered over 150 questions on the helpline, gave educational talks on pollinators, provided a beautiful and educational county fair display on native plants and designed and installed the Pollination Station, a small garden showcasing pollinator friendly plants at the Guernsey Memorial Library. We also provided educational support for the Library's first live Monarch butterfly hatch and release. Everyone who visited the library was enthralled with the caterpillar named George that eventually became a butterfly.

The subscribership to the Horticulture HUB newsletter with news in all things Horticulture in the county increased to over 60 members. The HUB provided the latest information on classes, plant selections (good and bad) and its ever-popular 'Road-side Bloomer' report identifying that plant in bloom you keep driving by, wondering what it is!

And finally, the Horticulture Program provided over 290 hours of educational support for the Bullthistle Farmers' Market in downtown Norwich, assisting vendors with Ag & Market rules, paperwork and government assistance programs such as SNAP and the Farmer's Market Nutrition Program.



Horticulture HUB
The Place for Horticulture in Chenango County

APRIL 2015
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MAY 2015

JUNE 2015
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 4-H Animal Crackers at Cornell
3	4	5 Cinco De Mayo	6	7	8	9
10 Mother's Day	11	12	13	14	15	16
17	18	19 CCE Board Meeting, 7pm	20	21	22	23
24	25 CCE Closed Memorial Day	26	27	28	29	30
31						

Natural Resources and Forestry



From Bats to Beavers, maple syrup to managing woodlots, Cornell Cooperative Extension provides extensive natural resources programming and information for the residents of Chenango County. Chenango County is nearly 80% forested. Our yards and farms are really relatively small openings in the forest. This is why here at CCE Chenango we take so many calls dealing with problems of wild animals in homes or in yards. Each year we deal with hundreds of calls about nuisance wildlife including bats in homes, giant invading wasps, foxes in the garage, beavers flooding drive ways. We help land owners deal with these problems on their own when appropriate and help them get expert help when it is not safe for land owners to tackle nuisance wildlife on their own.

Many Chenango residents are also interested in actively managing their woodlands to keep them healthy or to generate income. Maple sugaring is one way landowners are managing their forests. Maple sugaring is a growing industry in the North East and CCE Chenango is working with local maple producers to provide programming and expert advice from the Cornell Maple Team.

Evaluating diseases like spruce die-back and emerald ash borer infestation is one another form of natural resources education CCE Chenango provides, as is helping to facilitate safety programming like Game of Logging offered by New York Center for Agricultural Medicine and Health. CCE Chenango also continues to work to help Chenango County residents and businesses take advantage of the wonderful outdoor recreational opportunities available in Chenango County.



In June a woodlot management workshop for maple syrup producers was held which benefitted the participants knowledge of selecting trees to retain and enhance syrup production in their woodlots.

CCE Chenango has also sponsored five Game of Logging workshops in different parts of the county, in collaboration with the New York Center for Agricultural Medicine and Health. These workshops show participants how to safely and efficiently fell timber and markedly improve a person's ability to do so.



MAY 2015
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JUNE 2015

JULY 2015
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 4-H Enrollment Deadline	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16 CCE Board Meeting, 7pm	17	18	19	20 Dairy Day, Chenango County Fairgrounds
21 First Day of Summer Father's Day	22	23	24	25	26	27
28	29	30				

Master Volunteer Programs

Master Gardener Volunteers

In 2014, we had 13 active Master Gardener Volunteers. MGVs answered over 150 inquiries by phone, e-mail and in person. Horticultural questions ranged from pest control and spruce die back to nutrient deficiencies and late blight. Volunteers spent 660 hours on outreach, education, fair activities and gardening at the CCE building and out in the community.

The 2014 Chenango County fair had many MGVs working together to make a beautiful and educational display about native plants. They used this opportunity to help people choose native plants for their own gardens and educate them about invasive species.



Master Food Preserver Volunteers

In 2014 Master Food Preserver Volunteers offered each of the following classes at least twice: food preservation safety, dehydrating & freezing, jams & jellies, salsas & tomatoes, and pressure canning low-acid vegetables and meats. These classes were well attended, primarily by Grow Cook Eat participants, Head Start Parents, and local community members.



Master Clothing and Textile Volunteers

The 4-H Master Clothing and Textile Volunteers assisted in instructing sewing camp, sewing revue and judging at the county fair. This year two new volunteers were trained to assist with clothing and textiles. Over 10 youth participated in sewing camp and all youth were able to sew a french seam pillowcase and a drawstring backpack. Volunteers assisted 4-H youth 5 to 14 years old and guided youth in sewing various projects including pajama pants, dresses, skirts and pillowcases. The volunteers awarded 7 sewing scholarships and had 16 participants in the annual Sewing Revue.

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JULY 2015

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			1	2	3	4 Independence Day
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20 4-H County Fair entries due	21 CCE Board Meeting, 7pm	22	23	24	25
26	27	28	29	30	31	

CHENANGO COUNTY 4-H: MAKING THE BEST BETTER!

2014 County Fair Entries

1,002 Exhibits

530 Domestic Projects

27 Pet Projects

24 Rabbit Projects

116 Poultry Projects

132 Dairy Projects

81 Dairy Goat Projects

22 Meat Goat Projects

25 Beef Projects

17 Sheep Projects

12 Hog Projects

12 Horse Projects

4 Cashmere Projects



JULY 2015
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AUGUST 2015

SEPTEMBER 2015
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23	24	25	26	27	28	29
30	31					

167th Chenango County Fair



Grazing & Ag Economic Development

A diverse and interesting array of activities continually occurs in the grazing and ag economic development arena at CCE Chenango. This year in partnership with Agricultural Development Council continued video marketing efforts by developing four new small dairy farm promotional videos. Four different successful dairy farmers around the county were filmed and these films are available to view on YouTube, where our previous series of films on grazing and dairy cow comfort continue to get viewed from all over the world.

We have been successfully working with and assisting a group of young farmers from Ohio hoping to move into the area in the near future and are excited to develop small dairy farms in Chenango County.

Further efforts to strengthen the dairy industry have been found with a few farms becoming active in the Cornell Dairy Farm Business Summary program, which will help to solidify those farms' management efforts and profitability.

We also were active again at the New York Farm Show in Syracuse this past winter, where for three days we manned a booth promoting agriculture in the county, in cooperation with the Chenango County Agriculture Development Council. We have also served as a clearing house for farms and farmland for sale, rent, or lease, and several connections between owners and interested parties have been facilitated.

This past year, CCE Chenango, along with other CCEs and the New York State Natural Resource Conservation Service planned for and hosted a three day grazing conference "Grasstravaganza 2014" which was held at Morrisville State College. There were 130 people who attended this event from all over the northeast and midwest, which featured several nationally recognized speakers in the grazing arena.

CCE Chenango was a participant in the Annual Chenango County Dairy Day this past June, in collaboration with several agencies, and which highlights the importance of dairying in the county.



CCE are also enhancing beef cattle producers' ability to market their cattle by encouraging them to join organizations such as the Adirondack Grazers Cooperative (AGC) and our local meat producers guide.

CCE continually provides assistance on grazing, farm management, and loan sources to new and beginning farmers, and in collaboration with the Cornell Small Farms Program.



AUGUST 2015
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SEPTEMBER 2015

OCTOBER 2015
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7 CCE Closed Labor Day	8	9	10	11 Patriot Day	12
13	14	15 CCE Board Meeting, 7pm	16	17	18	19
20	21	22	23 First Day of Autumn	24	25	26
27	28	29	30			



4-H Volunteers Are Our Greatest Resource

Chenango County is blessed with numerous natural resources. One of the greatest resources is the group of volunteers that work with our 4-H youth. These volunteers are our neighbors, friends and children's teachers. During the 2013-2014 program year Chenango County 4-H had 96 enrolled volunteers. These volunteers assisted youth in numerous projects and activities including: sewing, cooking, leather craft, animals, health, gardening, community service, conservation, woodworking, public presentations, and livestock shows.

It is impossible to quantitatively measure the impact that these volunteers have on our youth. Research shows that our volunteers impact 4-H youth in the following ways:

- 4-H volunteers serve as positive role models for youth.
- 4-H volunteers are able to support, encourage and "be there" for youth.
- 4-H volunteers help youth develop community connections and become active citizens in their communities.
- 4-H volunteers help youth learn new content and master new topics.

**Thank you to all of our Club Leaders,
Project Leaders and County Volunteers!**

The average volunteer spends 122 hrs./year with 4-H
(2012, Corporation for National and Community Service)

Average hourly wage rate for volunteers---\$22.55
(2013, Independent Sector)

122 hrs. X \$22.55/hr. X 96 volunteers =

\$264,106.00 worth of Volunteer Time donated to Chenango County 4-H



2014 4-H Volunteer of the year,
Christina Wilcox



SEPTEMBER 2015
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OCTOBER 2015

NOVEMBER 2015
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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4	5	6	7	8	9	10
11	12 CCE Closed Columbus Day	13	14	15	16	17
18	19	20 CCE Board Meeting, 7pm	21	22	23	24
25	26	27	28	29	30	31 Halloween

Eat Smart New York



2014 was an exciting year for the Chenango County Eat Smart New York (ESNY) program. Although funding approval for this year's program was slow in coming, once approved the Eat Smart team hit the ground running. In April Whitney Graham joined Eat Smart as a full-time Nutrition Teaching Assistant (NTA). Once her training was completed, Whitney along with Neisa Pantalia and Betty Clark traveled throughout the county delivering nutrition education at multiple locations including school health/wellness fairs, food pantries, WIC sites, local businesses, summer youth programs, grocery stores and senior meal sites.

On June 23 the ESNY team traveled to Cayuga County CCE in Auburn to participate in the CATCH Kids Club training. The CATCH Kids Club is a Health Education program designed for grades 5-8 in after-school, community, and recreational settings. It offers a ready-made opportunity to teach fun, hands-on health lessons, as well as enjoyable, structured physical activity. The educators began utilizing the Kids Club curriculum in July with Youth at the YMCA Camp in Smyrna. In addition to the YMCA Camp, the educators delivered youth programming at the after-school programs in Sherburne-Earlville and Oxford; The Place in Norwich and The Children's Home located at the United Methodist Church also in Norwich.



2014 Program Statistics

- 124 program families enrolled in a six lesson series
- 380 one-time direct and indirect educational activities were conducted between October 1, 2013 and September 30, 2014
- Approximately 3800 Chenango County residents, adults and youth were informed on making healthier beverages choices, increasing fruit and vegetable consumption and increasing daily physical activity.

Betty Clark, the ESNY Coordinator was able to partner with Morrisville State College to hire a Dietetic Technician student to help out with programming from July 1 to September 30. Jenny Pennington, a Madison County resident was instrumental in helping the program to reach its goals for 2014.

ESNY is an educational program available to food stamp recipients and other income-eligible residents. ESNY is a program provided by Cornell Cooperative Extension of Chenango County in partnership with the Chenango County Department of Social Services. USDA's Food Stamp Program provided funds for this resource. This institution is an equal opportunity employer and provider.



OCTOBER 2015
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NOVEMBER 2015

DECEMBER 2015
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Daylight Savings Time Ends	2	3	4	5	6	7
8	9	10	11 CCE Closed Veteran's Day	12	13	14
15	16	17 CCE Board Meeting, 7pm	18	19	20	21
22	23	24	25	26 CCE Closed Thanksgiving Day	27 CCE Closed	28
29	30					



Community Gardens Project

The Community Gardens Project provided lumber for a new Community Garden in McDonough in partnership with the Kelley Grange #1301. Four raised beds were built in the town park, and fencing was purchased with a grant from the Emerson Foundation. The garden was planted by area youth and Grange members to provide produce for the McDonough Food Pantry. During the season 170 pounds of produce were donated.



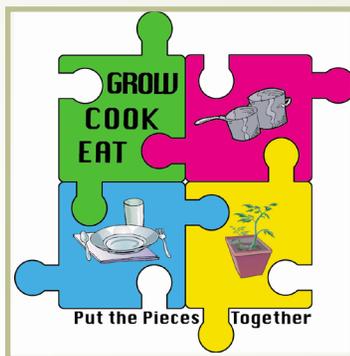
The Norwich Community Garden was also very productive and donated over 707 pounds of produce to Chenango County food pantries and soup kitchens primarily through the efforts of Community Gardens Assistant Shawna Russ and Master Gardener Volunteer Gerald Gregory. Grow Cook Eat participants also volunteered on 2 occasions. 5 new members joined the Norwich CG this year.

The Community Garden beds that were built at the Friends of Rogers Environmental Education Center last fall were well used this year. All 6 beds were productive and the families that used them were thankful for the opportunity to garden in such a lovely location. The Afton Community Garden continued this year, run by the Afton Vision Group. The Jericho Garden Club continued running the Bainbridge Community Garden and Cook Park campers continued growing summer vegetables in the raised beds built there by the Community Gardens Project.

Funding from the New York State Department of Health Healthy Eating Active Living by Design program has made the Community Gardens Project possible since 2009. We received a one-year extension and are currently in the process of applying for a 6-month extension to continue this program through September 2015.

Grow Cook Eat

The Grow Cook Eat Program was launched in 2012 with funding from the Chenango United Way. This program is designed to give participants an integrated experience, combining education in the areas of gardening, cooking and nutrition, food preservation, and physical fitness in such a way that the whole is greater than the sum of its parts.



Nineteen participants in 2014 have enjoyed all of these classes and are excited about the program. 3 participants signed up for community garden plots. Several participants are excited about the food preservation they have been doing at home and several brand new gardeners are very proud of the produce they have harvested from their gardens and container gardens. Several participants took home worms for winter composting indoors.

NOVEMBER 2015
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DECEMBER 2015

JANUARY 2016
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7 Pearl Harbor Remembrance Day	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22 First Day of Winter	23	24 CCE Closed Christmas Eve	25 CCE Closed Christmas	26
27	28	29	30	31 New Year's Eve		

“BUILDING STRONG AND VIBRANT NEW YORK COMMUNITIES”

Mission Statement

Cornell Cooperative Extension of Chenango County strives to promote educational opportunities that enhance quality of life through business, community and leadership development by fostering social and life skills in our community's youth and adult population.



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Have a question?
Give us a call. CCE is here to help.



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Individuals with Disabilities and provides equal program and employment opportunities.*