Extension Express

Eat Smart New York Gardening

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What if you get bit by a Tick?
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Make sure you check out all of the county fair pictures!

4-H Fall Foliage Kayak Float • October 12, 1рм-4рм

Join us for a fun afternoon of kayaking through the autumn colors along the Chenango River. As we float through riffles and pools we will search for bald eagles, osprey, blue herons, and other riverside wildlife. The trip will be from Halfway House to Oxford on the Chenango river. Use one of our kayaks or bring your own. For 4-Hers and their family members. Space is limited so call us to reserve your spot.



Ticks & Tick Bourne Disease • September 19th, 7рм

Ticks and tick borne diseases are on the increase in the Northeast. Tick borne diseases include Lyme, anaplasmosis, babesiosis, and powassan. All of which can be debilitating and sometimes even deadly. The focus of this program will be to help the attendees better understand how to avoid ticks and tick borne diseases. Must preregister by September 17th, class size is limited.



4-H Achievement • Day October 13th, 1:30 рм

Come join in the fun at the 4-H Achievement Day. It's the wild west with a cupcake showdown! Hosted by the Leaders/Volunteers association. Don't forget your table service and a dish to pass!

This Years Location: Rockdale Rod & Gun Club 312 Rockdale Rd. Mt. Upton, NY 13809



Be prepared for the amazing Cupcake Showdown!

Cornell Cooperative Extension Chenango County

Eat Smart NY made weekly visits throughout the summer to Morrisville School Age Program. Youth learned about where their food comes from and gardening through hands on activities. We started the summer cleaning five raised beds and then planted transplants donated from Pierces Flower Shop and Mountain View Gardens. Transplants included zucchini, tomatoes, peppers, cabbage and melons. We made weekly visits to the gardens to see progress, water and weed. Each week youth learned about plants and what they need, parts of the plants and what they do, and played fun fruit and veggie games. Youth were also able to taste some of the more uncommon produce like kohlrabi, colored carrots, and orange cherry tomatoes that were donated by Common Thread Community Farm.



Chenango County 4-H Participates in The Farmers' Museum Junior Livestock Show

Congratulations to all of the 4-H'ers who participated in the Junior Livestock Show in July! Chenango County was extremely well represented, with many, many highlights, including Wyatt Austin winning the Farmers Museum Dairy Goat Cup. The following participated:

Dairy:

Cora Hodge Lily Marshman Owen Hill Phalen Hill Nate Rumovicz Will Rumovicz Emma Evans Madeline Evans

Swine:

Devon Fairchild

Beef:

Caleb Holbert Emily Holbert Jacob Holbert

Dairy Goats:

Justin Graham Skyler Graham Peyton Graham Wyatt Austin Maygan Roy Alissa Nutting Raichel Brandt Devon Fairchild Cole Warren Paige Warren

Sheep:

Amon Van Alst











2019 4-H Chenango County Fair Results!

Rabbit Show - Noah Ives, Judge

Novice Champion Showman: Luann Parry Jr. Champion Showman: Amon Van Alst Res. Jr. Champion Showman: Dakota Miles

Jr Champion and Master Showman Cavy: Sarina Bell

Sr. Champion Showman: Raichel Brandt Res. Sr. Champion Showman: Cheyenne Miles Master Showman: Raichel Brandt

Master Showman: Raichel Brandt Res. Master Showman: Amon Van Alst Best of Breed Flemish Giant: Luann Parry Best of Breed Harlequin: Mason O'Neil Best of Breed Lionhead: Raichel Brandt Best of Breed Mini Lop: Cheyenne Miles

Best of Breed Netherland Dwarf: Amon Van Alst

Best of Breed New Zealand: Marissa Miles

Best of Breed Polish: Cheyenne Miles Best of Breed Velveteen: Luann Parry Best Opposite of Breed: Luann Parry Pet Rabbit Champion: Dakota Miles

Best of Show Rabbit: Raichel Brandt – Lionhead Res. Best of Show Rabbit: Luann Parry – Flemish Giant

Best of Show Cavy: Sarina Bell

Best of Show Overall: Raichel Brandt - Lionhead

Pet Show – Alice Andrews, Judge

Cloverbud Pet Care Champion: Ava Kemmeren Beginner Pet Care Champion: Alex Dennis Advanced Pet Care Champion: Sophia Bell Costume Class Champion: Ava Kemmeren Performance Class Champion: Amon Van Alst

Swine Show – Josh Miller, Judge

Novice Champion Showman: Taylor Hodge Jr. Champion Showman: Skyler Graham Sr. Champion Showman: Devon Fairchild Master Showman: Devon Fairchild Res. Master Showman: Taylor Hodge Champion Berkshire: Devon Fairchild

Res. Champion Berkshire: Kaleigh Fairchild

Champion AOV: Kaleigh Fairchild Res. Champion AOV: Devon Fairchild Champion Crossbred: Devon Fairchild Res. Champion Crossbred: Skyler Graham

Champion Breeding Animal: Devon Fairchild – Berkshire

Res. Breeding Animal: Devon Fairchild - Crossbred

Champion Market Hog: Devon Fairchild

Res. Champion Market Hog: Kaleigh Fairchild

Poultry Show - Jamie Matts, Judge

Novice Champion Showman: Maria Funk Res. Novice Champion Showman: Victoria Smith Jr. Champion Showman: Sarina Bell Res. Jr. Champion Showman: Amon Van Alst Sr. Champion Showman: Devon Fairchild Res. Sr. Champion Showman: Raichel Brandt Master Showman: Devon Fairchild Res. Master Showman: Sarina Bell Champion Bantam: Devon Fairchild - White Leghorn Res. Champion Bantam: Devon Fairchild - White Leghorn Champion Standard: Amon Van Alst - Speckled Sussex Res. Champion Standard: Sarina Bell - Ameracauna Champion Pigeon: Devon Fairchild - Homers Res. Champion Pigeon: Devon Fairchild - Homer Champion Waterfowl: Raichel Brandt - White Pekin Res. Champion Waterfowl: Torie Smith – Blue Muscovy Best in Show: Amon Van Alst – Speckled Sussex Res. Best In Show: Devon Fairchild - White Leghorn





4-H Horse Show, Jennifer Woodruff, judge

Champion: Emilee Bennett Reserve: Kerri Johnson











Dairy Goat Show - Kayla Turscik, Judge

Novice Champion Showman: Maria Funk Res. Nov. Champion Showman: Alissa Nutting Jr. Champion Showman: Skyler Graham Res. Jr. Champion Showman: Meghan Funk Int. Champion Showman: Peyton Graham Res. Int. Champion Showman: Cole Warren Sr. Champion Showman: Paige Warren Res. Sr. Champion Showman: Raichel Brandt Master Showman: Paige Warren Res. Master Showman: Skyler Graham Jr. Champion Alpine: Wyatt Austin Res. Jr. Champion Alpine: Wyatt Austin Sr. Champion Alpine: Justin Graham Res. Sr. Champion Alpine: Wyatt Austin Gr. Champion Alpine: Justin Graham Res. Gr. Champion Alpine: Wyatt Austin Jr. Champion LaMancha: Maygan Roy Sr. and Gr. Champion LaMancha: Maygan Roy Res. Gr. Champion LaMancha: Maygan Roy Jr. Champion Nubian: Meghan Funk Res. Jr. Champion Nubian: Cole Warren Sr. and Gr. Champion Nubian: Cole Warren Res. Grand Champion Nubian: Meghan Funk Jr. Champion Saanen: Cole Warren Res. Jr. Champion Saanen: Paige Warren Sr. Champion Saanen: Paige Warren Res. Sr. Champion Saanen: Cole Warren Gr. Champion Saanen: Paige Warren Res. Gr. Champion Saanen: Cole Warren Jr. Champion Toggenberg: Cole Warren Res. Jr. Champion Toggenberg: Cole Warren Sr. Champion Toggenberg: Peyton Graham Res. Sr. Champion Toggenberg: Devon Fairchild Gr. Champion Toggenberg: Peyton Graham Res. Grand Champion Toggenberg: Cole Warren Jr. Champion Oberhasli: Maria Funk Res. Jr. Champion Oberhasli: Jase Adams Sr. Champion Oberhasli: Jase Adams Res. Sr. Champion Oberhasli: Jase Adams Gr. Champion Oberhasli: Jase Adams Res. Grand Champion Oberhasli: Jase Adams Sr. and Gr. Champion R. Grade: Skyler Graham Res. Sr. and Grand Champion R. Grade: Wyatt Austin Jr. Champion Nigerian Dwarf: Raichel Brandt Res. Jr. Champion Nigerian Dwarf: Raichel Brandt Sr. Champion Nigerian Dwarf: Raichel Brandt Res. Sr. Champion Nigerian Dwarf: Raichel Brandt Gr. Champion Nigerian Dwarf: Raichel Brandt Res. Gr. Champion Nigerian Dwarf: Raichel Brandt Junior Champion of All Breeds: Cole Warren - Saanen Senior Champion of All Breeds: Peyton Graham -Toggenberg Best Udder of Show: Justin Graham - Alpine

Dairy Show - Kassie Rameaka and Matt Sharpe, Judges

Novice Champion Showman: James Richardson

Res. Nov. Champion Showman: Riley Jones Jr. A Champion Showman: Cora Hodge Res. Jr. A Champion Showman: Taylor Hodge Jr. B Champion Showman: Lily Marshman Res. Jr. B Champion Showman: Adrienne Hodge Int. Champion Showman: Morgan Hodge Res. Int. Champion Showman: Will Rumovicz Sr. Champion Showman: Jenna Mack Res. Sr. Champion Showman: Jenea Evans

Master Showman: Morgan Hodge Res. Master Showman & Terry Hodge Memorial Showmanship Award: Lily Marshman Jr. Champion Brown Swiss: Owen Hill Res. Jr. Champion Brown Swiss: James Richardson

Gr. Champion Brown Swiss: Owen Hill Res. Gr. Champion Brown Swiss: James Richardson Jr. Champion Guernsey: Will Rumovicz Res. Jr. Champion Guernsey: Owen Hill

Sr. Champion Guernsey: Owen Hill Gr. Champion Guernsey: Owen Hill

Res. Gr. Champion Guernsey: Will Rumovicz Jr. Champion Holstein: Lily Marshman Res. Jr. Champion Holstein: Lily Marshman Sr. Champion Holstein: Joe Thomsen Res. Sr. Champion Holstein: Anna Thomsen

Gr. Champion Holstein: Joe Thomsen Res. Gr. Champion Holstein: Anna Thomsen Jr. Champion Jersey: Taylor Hodge Res. Jr. Champion Jersey: Emma Peila

Sr. Champion Jersey: Emma Peila Res. Sr. Champion Jersey: Phalen Hill

Gr. Champion Jersey: Emma Peila Res. Gr. Champion Jersey: Phalen Hill

Junior Champion of All Breeds: Will Rumovicz - Guernsey Senior Champion of All Breeds: Joe Thomsen - Holstein Best Udder of Show: Joe Thomsen – Holstein Best Bred and Owned: Anna Thomsen - Holstein



Sheep Show – Josh Miller, Judge

Novice Champion Showman: Emma Peila

Res. Novice Champion: Adrienne Hodge

Jr. Champion Showman:

Amon Van Alst

Sr. Champion Showman:

Victoria Smith

Res. Sr. Champion Showman:

Raichel Brandt

Master Showman:

Emma Peila

Res. Master Showman:

Victoria Smith

Champion Finn Ram:

Amon Van Alst

Res. Champion Finn Ram:

Amon Van Alst

Champion Finn Ewe:

Amon Van Alst

Res. Champion Finn Ewe:

Amon Van Alst

Champion CWW:

Amon Van Alst

Champion CWW Ewe:

Amon Van Alst

Champion CNW:

Victoria Smith

Res. Champion CNW:

Victoria Smith

Champion Comm. Ram:

Craig DuBois

Res. Champion Comm. Ram:

Victoria Smith

Champion CWM Ewe:

Emma Pelia

Res. Champion CWM Ewe:

Emma Peila

Supreme Ewe:

Emma Peilia, CWM

Res. Supreme Ewe:

Amon Van Alst, Finn

Supreme Champion Ram:

Craig DuBois, Comm. Ram Lamb

Res. Supreme Champ. Ram:

Amon Van Alst, CWW

Champion Market Lamb:

Brianna Patterson

Res. Champion Market Lamb:

Adrienne Hodge

Shepard's Award:

Victoria Smith

Breeders Award: Amon Van Alst, Icelandic

Beef Show - Josh Miller, Judge

Novice Champion Showman:

Teagan Manwarren

Res. Novice Champion Showman:

Caleb Holbert

Jr. Champion Showman:

Emily Holbert

Res. Jr. Champion Showman:

David Palmer

Sr. Champion Showman:

Jacob Holbert

Res. Sr. Champion Showman:

Paige Warren

Master Showman:

Emily Holbert

Res. Master Showman:

Jacob Holbert

Champion Commercial Bull:

Emily Holbert

Res. Champion Commerial Bull:

Caleb Holbert

Champion Commercial Cow:

Jacob Holbert

Res. Champion Commercial Cow:

Emily Holbert

Supreme Champion Cow:

Jacob Holbert

Supreme Champion Bull:

Emily Holbert

Champion Market Beef:

Caleb Holbert

Res. Champion Market Beef:

Caleb Holbert

Meat Goat Show – Josh Miller, Judge

Jr. Champion Showman:

Skyler Graham

Res. Jr. Champion Showman:

Abigail Anderson

Sr. Champion Showman:

Paige Warren

Res. Sr. Champion Showman:

Maygan Roy

Master Showman:

Paige Warren

Res. Master Showman:

Maygan Roy

Jr. Champion Doe:

Jaryn Price

Res. Junior Champion Doe: Abigail Anderson

Sr. Champion Doe: Skyler Graham

Res. Senior Champion Doe: Jaryn Price

Grand Champion Doe: Jaryn Price

Res. Gr. Champion Doe: Skyler Graham

Champion Market Kid:

Paige Warren

Cole Warren Res. Champion Market Kid:









Chenango County Fair Awards Ceremony

Case Building Awards

Outstanding Horticulture Exhibitor: Meghan Funk – cabbage Outstanding Clothing & Textile Exhibitor: Lily Marshman – dress Outstanding Home Environment Exhibitor: Emma Palmer – doily ironing board

Outstanding Foods & Nutrition Exhibitor: Josie Pierce – Rose Cake

Outstanding S.E.T. Exhibitor: Wyatt Austin – Recycled RC Manure Truck

Display Award Winners:

4th - Addison and Sullivan Dickey

3rd - Hidden Ponds Horse Lovers 4-H Club

2nd – Maygan Roy

1st – Lily Marshman

Don and Barbara Hodge Best in Sewing

Lily Marshman – dress Gwen Breese – skirt

Barton and Charlotte Seager Awards for Best in Case Building

Best in Show Exhibit: Wyatt Austin – Recycled RC Manure Truck

Best in Show Exhibit: Nate Bennett - Wooden Inlaid Tray

Best in Show Exhibit: Josie Pierce – Rose Cake Outstanding Junior Exhibitor: Amon Van Alst Outstanding Senior Exhibitor: Maygan Roy

4-H'ers of the Week

Karly Marshman John Smith Devon Fairchild Jaden Webb

Maria Funk Raichel Brandt

Sportsmanship winner: Karly Marshman





Volunteers of the Week

Kelcie Hofmann Margo Whaley

Herdsmanship Winners

Dairy, recipient of the Richard Davidson Memorial Award: Morgan, Adrienne, and

Taylor Hodge

Poultry: Ava Kemmeren Goats: Maygan Roy Beef: Holbert Family Swine: Taylor Hodge Sheep: Amon Van Alst

Most Blue Ribbon Projects going to the State Fair

Emilee Bennett

High Scoring Dairy Judge

Devon Fairchild





2019 4-H Livestock Auction

Thank you to the many bidders and buyers who helped raise money for the Chenango County 4-H Livestock Program! There was lots of spirited bidding on a small number of high quality animals! Thanks to Evans Auction Service for the excellent job of selling, John Lathrop for weighing our market animals, the auction committee and Tooms Custom Meats!



Showmanship Contest

Each year the "best of the best", our Master Showman from Dairy, Meat Goats, Dairy Goats, Beef, Sheep, and Swine compete in a showmanship class to see who can show all these different species the best! Thank you to our judges: Brian Graham, Rayne Ives, Noah Ives, and Garrett Proskine.

Our 2019 competitors were:

Dairy: Morgan Hodge Beef: Emily Holbert Dairy Goats: Paige Warren

Meat Goats: Maygan Roy Sheep: Emma Peila Swine: Devon Fairchild

Congratulations to the 2019 Winner: Devon Fairchild!



2019 4-H Dairy Goat Milking Competition @ County Fair

Thanks to the generosity of the Funk, Austin and Abrams Families, Chenango County 4-H'ers were able to participate in the third annual dairy goat milking competition at the county fair. This competition involves taking 3 milk weights and samples, under ADGA sanctions, and sending them off to DairyOne for official testing. Each youth was allowed to enter two milking does in this year's contest. Results from our county competition are used in national breed production averages and go towards earning each doe a Production Star.

The following 4-H'ers participated:

Peyton Graham
Justin Graham
Devon Fairchild
Maygan Roy
Cole Warren
Davia Adams
Jase Adams
Aubriana Adams

Raichel Brandt Katie Funk Maria Funk Skyler Graham Paige Warren Alissa Nutting David Palmer

The 2019 Production Champion went to: Peyton Graham









Thank you to the 2019 County Fair Sponsors!

Farm Credit East, ACA Donald Brandow DBA IBA Dairy Supplies Midstate Veterinary Services Brown's Feed, Inc. Leatherstocking Veterinary Services Robert Huot William E. and Alette P. Davidson: Richard Davidson Memorial Fund Steve and Lee Perrin McDowell & Walker, Inc. Judy Ives Trail farm - The Austin Family **Janet Pfromm** Ray and Judy Crumb Mara Seed, Inc. Curtis L. Bailey Financial Services

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Louse & Brian Butcher John Worden Jen Hendrickson Susan Birdsall Kathy Hafele Stacey Whaley Sherburne Big M Frog Pond Jody & Margo Whaley Pine Ridge Grocery Wegman's Price Chopper Tops Stewart Shop Catherine Stratton Hodge Michelle O'Neil Storm Family 4-H Club Terri Ives



Flat Christina at the Fair!

The fair has come

to an end and we all want to send out a BIG thank you to Christina Hall for being such a great sport! As well as a BIG thanks to Adrianna Palmer for her wonderful charicature of Christina. Upon Christina's departure from 4-H. Flat Christina was created. Flat Christina was a huge success not to mention a lot of fun for the kids, as well as the adults. Everyone got into the spirit of having Christina present at a lot of fair festivities. Flat Christina had a "Boot Scootin' Good Time" at the fair, that's for sure!

Upcoming Calendar Dates

September 1-4 NYS Fair, Syracuse

September 18

4-H Year End Paperwork Due, 4pm, 4-H Office 4-H Paperwork Review, 7pm, 4-H Office, dinner provided

> October 6-12 National 4-H Week

> > October 13

Achievement Day, Rockdale Rod and Gun Club, 1:30-4:30

October 9-20

4-H Paper Clover Campaign @ Tractor Supply

October

4-H Proclamation Ceremony, 10am, County Office Building



The First Introduction to Shooting Sports Series

Thank you Ron and the Rockdale Rod and Gun Club for hosting our Introduction to 4-H Shooting Sports. This 6 week program taught the fundamentals of archery and air rifle to five youth.













4-H Fair Clean up

County fair doesn't just happen, there is a lot of behind the scenes that takes place even before the fair starts. It all begins with fair clean up! Everything has to be ready in time before all of the exhibits are brought in. Those that came to help worked hard to make things look great come opening day. They did an awesome job inside and out! Be sure to think about helping out next year, all are welcome to give a hand.





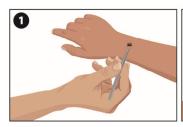


Ticks: What to do When You Get Bit

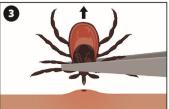
Tick Bites can make people sick. Below are some steps that you can take after a tick bite to reduce your chances of getting sick and how to get treatment promptly if you so get sick.

Remove the tick as soon as possible

- 1. Use fine-tipped tweezers to grasp the tick as close to the skin as you can.
- 2. Pull upward with steady, even pressure. Don't twist or jerk the tick.
- 3. After removing the tick, clean the bite area and your hands with rubbing alcohol or soap and water.
- 4. Dispose of the tick by flushing it down the toilet. If you would like to bring the tick to your healthcare provider for identification, put it in rubbing alcohol or place it in a sealed bag/container.









Consider calling your healthcare provider

In general, CDC does not recommend taking antibiotics after tick bites to prevent tick-borne diseases. However, in certain circumstances, a single dose of doxycycline after a tick bite may lower your risk of Lyme disease. Consider talking to your healthcare provider if you live in an area where Lyme disease is common. Watch for symptoms for 30 days

Call your healthcare provider of you get any of the following:

- Rash
- Fever
- Fatigue
- Headache
- Muscle Pain
- Joint swelling and pain

Treatment for tick-borne diseases should be based on symptoms, history of exposure to ticks, and in some cases. Blood test results. Most tick-borne diseases can be treated with a short course of antibiotics.

Common questions after a tick bite

Should I get my tick tested for germs?

Some companies offer to test ticks for specific germs. CDC strongly discourages using results from these tests when you deciding whether to use antibiotics after a tick bite.

- Results may not be reliable. Laboratories that test ticks are not required to meet the same quality standards as laboratories used by clinics or hospitals for patient care.
- Positive results can be misleading. Even if a tick contains a germ, it does not mean that you have been infected by that germ.
- Negative results can also be misleading. You might have been bitten unknowingly by a different infected tick.

Can I get sick from a tick that is crawling on me but has not yet attached?

Ticks must bite you to spread their germs. Once they attach to you, they will feed on your blood and can spread germs. A tick that is crawling on you but not attached or full of blood could not have spread germs. However, if you have found a tick crawling on you, it's a sign there may be others: do careful tick check.

How long does a tick need to be attached before it can spread infection?

Depending in the type of tick and germ, a tick needs to be attached to you for different amounts of time (minutes to days) to infect you with that germ.

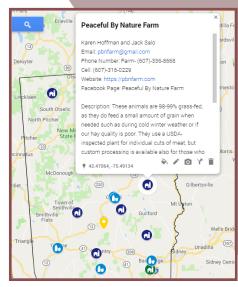
Your risk for Lyme disease is very low if a tick has been attached for fewer than 36 hours. Check for ticks daily and remove them as soon as possible.

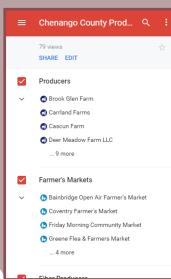
www.cdc.gov/ticks/



U.S. Department of Health and Human Services Centers for Disease Control and Prevention The Chenango County Agriculture Development Council has recently developed a Chenango County Producers Map, with the help of a summer intern. The map provides potential customers with easy access to the information they need to buy local. Viewers can click on farms to get a small window with all of the producer's information. This allows customers to easily access phone numbers, emails, and websites. If a customer is not looking to purchase from one farm in particular, but is in search of a specific product, they can search the list for specific words. The map will create a list of producers that have those products. Don't forget about the local Farmers Markets and Farm stands too! The ADC is excited to be working on this new project and welcomes you to check it out! Go to www.ccechenango.org/ADC and follow the link to the google map. Here you will also find a link to the paperwork to register your farm and get added to the map yourself! If you have any questions, Contact Ashley Russell at (607) 334-5841 ext. 1116 or at anr72@cornell.edu







Farm to Fork, a taste of Chenango

Farm to Fork partook in its fourth year at the county fair this year! Thank you to all our chefs, 4-H'ers, and vendors that joined us in displaying local



Thank you to the 2019 Sponsors!

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Cornell Cooperative Extension Chenango County



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Cornell Cooperative Extension Chenango County

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The Cornell Cooperative Extension of Chenango County Board meets every third Tuesday of the month at 7 PM in the Satellite Room at 99 North Broad Street, Norwich, NY. Please feel free to join us!

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