

# Extension *Express*

ESNY Tips and Tricks

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## Dairy Bowl and Horse Bowl Practices

Come to the CCE Office on Friday nights this winter to learn more about cows and horses! Rhonda Turrell will be leading horse bowl practices from 6-8pm and Janet will be leading dairy bowl practices 7-8pm. All practices will be hands-on and will cover the basic animal biology through industry events.

Dates for practices:

**January** 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>, 31<sup>st</sup> & **February** 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup> & **March** 6<sup>th</sup>, 13<sup>th</sup>



## Sheep and Goat Nutrition 101

When: Tuesday, November 12, 2019, 5:30-7:30 pm  
Where: CCE Chenango County, 99 North Broad St., Norwich, NY 13815

Cost: Free

Register: Online at <https://cnydfc.cce.cornell.edu/event.php?id=975> or call CCE Herkimer County at (315) 866-7920

**Registration deadline November 8**

Speaker: Dr. Tatiana Stanton, Extension Associate, Cornell University Small Ruminant Specialist



Come join us for an informational sheep and goat talk regarding nutrition. It's that time of the year where all your animals are heading in from pasture and now you are in charge of what is in front of them on a daily basis. Are you feeding the proper feed? What your requirements for your does and ewes? Are your animal's requirements different during different stages of their pregnancy? Come learn the basics of nutrition from Cornell University Small Ruminant Specialist – Dr. Tatiana Stanton.

## BeEmpowered! Home Energy Assessments

COME LEARN ABOUT HOME ENERGY ASSESSMENTS with Cornell Cooperative Extension, Heatsmart Southern Tier, ETM Solar Works, and Delaware River Solar. Learn All the ways to go Solar from Rooftop to Subscription Community Shared Solar, NYSERDA sponsored Solar For All and HeatSmart. November 13th, 6:30pm | Guernsey Memorial Library, 3 Court Street, Norwich, NY 13815



4-H'ers are busy with all kinds of projects, such as this pillow sewing.





# LET'S TALK TURKEY

Unsafe handling and under-cooking your holiday bird can cause foodborne illnesses. Here are a few tips from the USDA to keep your Thanksgiving safe and delicious!

Types of turkeys regulated by the USDA:



\*For more information about each type of turkey, visit [fsis.usda.gov](http://fsis.usda.gov).

## 3 WAYS TO THAW

While frozen, a turkey is safe indefinitely. As soon as it begins to thaw, bacteria that may have been present before freezing will begin to grow again. Here are three ways to safely thaw your bird:

### Refrigerator:

Safe to store the turkey for another 1 – 2 days in the refrigerator.

This is the USDA recommended thawing method.

### How to thaw:

Allow approximately 24 hrs. for every 4-5lbs of bird.

### Cold water:

Cook immediately after thawing.

### How to thaw:

Submerge the bird in cold water & change every 30 mins.

### Microwave:

Cook immediately after thawing.

### How to thaw:

Use defrost function based on weight

For more information on safe thawing methods, visit [fsis.usda.gov](http://fsis.usda.gov)

### DID YOU KNOW?

It's safe to cook a frozen turkey though cooking time will be 50% longer!

## Clean

Wash your hands for 20 seconds with soap and warm water.

Utensils Plates Countertops Cutting boards SHOULD ALSO BE WASHED

Bacteria, which can be present inside and outside a turkey, can't be washed off the bird! Cooking is the only way to destroy this potentially dangerous bacteria.

### SO DON'T WASH YOUR TURKEY!!

## SEPARATE

Separate raw turkey from fresh food, and use separate cutting boards, plates, and utensils.

Keep dishes that touch raw food separate, too!

Wash items that touch raw meat with soap and warm water.

## COOK

Your bird is not safe until it reaches 165 °F — you cannot tell by the color.

Remember to ensure any stuffing cooked with the bird reaches 165 °F, too!

Use three places to check the temperature.

- Thickest part of breast
- Innermost part of wing
- Innermost part of thigh

When turkey is removed from the oven, let it stand 20 minutes before carving to allow juices to settle.

## CHILL

Take your time around the dinner table, but refrigerate leftovers within 2 hours!

Safe in fridge 3-4 days

Safe frozen, but use within 2-6 months for best quality.

Leftover turkey should be cut into smaller pieces, and store items separately in smaller containers.

Be sure to pack leftovers in a cooler if traveling.

Reheat thoroughly to a temperature of 165 °F.

Remember, bacteria that cause foodborne illnesses can't be smelled or tasted!

FOR MORE INFORMATION:  
Visit [foodsafety.gov](http://foodsafety.gov)

If you have a specific question, call the USDA Meat and Poultry Hotline at 1-888-MPHOTLINE or visit [AskKaren.gov](http://AskKaren.gov). Visit [Regunteleakaren.gov](http://Regunteleakaren.gov) for questions in Spanish.



# Butternut Squash Mac and Cheese

## Ingredients:

- Non-stick spray
- 12 oz. whole wheat macaroni
- 1 1/2 lb. butternut or acorn squash
- 1/2 c. water
- 6 oz. container non-fat cottage cheese
- 1 c. non-fat milk
- 1/4 tsp. black pepper
- 1/4 c. whole wheat bread crumbs

## Instructions:

1. Preheat oven to 375 degrees
2. Coat a 9 inch square baking dish with non-stick spray. Set aside.
3. Bring a large pot of water to a boil. Cook macaroni for 2 minutes less than package directions. Drain and set aside. Reserve pot for later.
4. While pasta cooks, cut squash in half and scoop out seeds. Cut into large chunks. Place in microwave-safe bowl with water. Cover with plastic wrap. Microwave on high until tender about 10 minutes. Let cool.
5. While squash cooks and cools, grate cheddar cheese.
6. Peel cooled squash. Place in pot used to cook pasta. Mash with a fork. Add cottage cheese and milk. Stir until smooth. Add pasta, cheese, and pepper. Stir until combined. Spread evenly in prepared baking dish. Sprinkle with bread crumbs.
7. Bake until bread crumbs are browned and edges are blubbing, about 45 minutes.

## Nutrition Facts

8 servings per container  
**Serving size** 1 cup (254g)

Amount per serving  
**Calories** **280**

	% Daily Value*
<b>Total Fat</b> 3g	<b>4%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
<b>Cholesterol</b> 10mg	<b>3%</b>
<b>Sodium</b> 420mg	<b>18%</b>
<b>Total Carbohydrate</b> 48g	<b>17%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 5g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 19g	
Vitamin D 0mcg	<b>0%</b>
Calcium 221mg	<b>15%</b>
Iron 2mg	<b>10%</b>
Potassium 517mg	<b>10%</b>

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



# SOUTHERN TIER REGION EAT SMART NEW YORK PROGRAM

Fall is a great time of year to start enjoying soups and casseroles, when the cooler temperatures start to set in. With that, it is extremely important to incorporate as many fruits and vegetables into your meals because they have so many wonderful vitamins and minerals to offer. Here is a list of the fall in season produce to help guide your meal preparations.

Fall	Apples	Ginger	Peas
	Bananas	Grapes	Pineapples
	Beets	Green Beans	Potatoes
	Bell Peppers	Kale	Pumpkin
	Broccoli	Kiwifruit	Radishes
	Brussels Sprouts	Lemons	Raspberries
	Cabbage	Lettuce	Rutabagas
	Carrots	Limes	Spinach
	Cauliflower	Mangos	Sweet Potatoes & Yams
	Celery	Mushrooms	Swiss Chard
	Collard Greens	Onions	Turnips
	Cranberries	Parsnips	Winter Squash
	Garlic	Pears	



# Chenango County 4-H State Fair Results

Chenango County 4-H was well-represented in August at the NY State Fair! Many thanks to Louise Butcher, for taking our domestic projects up to State Fair, setting up our county booth and making sure all those wonderful projects were judged! All of our youth received ribbons and great comments on their domestic projects to get ready for next year!

The following members participated with the following 4-H results:

Meghan Funk – 3 blues in Youth Building  
Lily Marshman – 3 blues and Judge’s Choice for Biscuit Mix in Youth Building; Dairy Judging; Youth Holstein Show: 4<sup>th</sup> Blue and Master Holstein Showmanship, 3<sup>rd</sup> Spring Yearling, 1<sup>st</sup> Fall Yearling, 3<sup>rd</sup> Jr. 2 Yr Old  
Joe Thomsen – Youth Holstein Show  
Maria Funk – blue and Judge’s Choice Award for Skirt in Youth Building; 10<sup>th</sup> Goat Knowledge Contest; 3<sup>rd</sup> Novice Individual & 1<sup>st</sup> team Goat Judging  
Maygan Roy – blue in Youth Building  
Nathan Bennett – 4 blues in Youth Building  
Phalen Hill – Dairy Judging; Youth Holstein Show – 1<sup>st</sup> Winter Yearling  
Owen Hill – Youth Dairy Show: 4<sup>th</sup> Blue and Master Showmanship, 2<sup>nd</sup> Summer Yearling Guernsey, 1<sup>st</sup> Fall Calf Brown Swiss  
Heavenly Mahaffey – blue in Youth Building  
Will Rumovicz – Youth Dairy Show: Guernseys - 1<sup>st</sup> Sr. 2, 2<sup>nd</sup> Spring Calf, 2<sup>nd</sup> Winter Calf  
Cora Hodge – Youth Dairy Show: 1<sup>st</sup> and Master Showmanship  
Karly Marshman – Youth Dairy Show: 5<sup>th</sup> Sr.  
Paige Warren – 1<sup>st</sup> Blue and Master Dairy Goat Showmanship, 8<sup>th</sup> Sr. High Individual Dairy Goat Bowl, 7<sup>th</sup> Sr. Goat Obstacle Course, 3<sup>rd</sup> Individual (2<sup>nd</sup> High Team) Goat Judging Over Mic, Goat Milking Contest: 3<sup>rd</sup> & 5<sup>th</sup> Saanen, 5<sup>th</sup> & 9<sup>th</sup> Overall, Dairy Goat Show: Res. Sr. and Res Grand Champion Saanen  
Cole Warren – 4<sup>th</sup> Blue Goat Showmanship, 6<sup>th</sup> Jr. High Individual Dairy Goat Judging, 7<sup>th</sup> Jr. High Individual Goat Knowledge Olympics, 1<sup>st</sup> Jr. Goat Obstacle, 6<sup>th</sup> Jr. Goat Knowledge Competition, Goat Milking Contest: 4<sup>th</sup> Saanen & 8<sup>th</sup> Overall  
Raichel Brandt – Youth Dairy Goat Show: Sr. and Grand Champion AOP, 6<sup>th</sup> Goat Showmanship, 5<sup>th</sup> Sr. Goat Judging, 10<sup>th</sup> Sr. Goat Obstacle Course, Goat Milking Contest: 4<sup>th</sup> & 5<sup>th</sup> Nigerian Dwarf  
Justin Graham – 5<sup>th</sup> Blue Dairy Goat Showmanship, 5<sup>th</sup> Sr. Individual Goat Judging, Dairy Goat Show: Jr. & Res. Jr. Champion Alpine, Best Jr. Doe in Show, Sr. and Res. Sr. Champion Alpine; Goat Milking Contest:

4<sup>th</sup> & 5<sup>th</sup> Alpine

Peyton Graham – 1<sup>st</sup> Blue Dairy Goat Showmanship, 7<sup>th</sup> Sr Goat Judging, 3<sup>rd</sup> Sr. Goat Obstacle, Dairy Goat Show: Res. Sr. Champion Toggenburg; Goat Milking Contest: 2<sup>nd</sup> Toggenburg; Youth Building

Skyler Graham - Youth Dairy Goat Show: 1<sup>st</sup> Blue Dairy Goat Showmanship, Res. Jr. Saanen, Sr. and Grand Champion Recorded Grade; Goat Milking Contest: 4<sup>th</sup> Recorded Grade; 5<sup>th</sup> Goat Product ID, 8<sup>th</sup> Obstacle Course, Meat Goat Show: 2<sup>nd</sup> in Records & 3<sup>rd</sup> Overall Kimber Hamm Rancher Contest, Jr. and Res. Master Showman; Youth Swine Show

Wyatt Austin – Blue, Judge’s Choice and Best STEM Project Youth Building

Emma Palmer – Blue in Youth Building

Devon Fairchild – 3<sup>rd</sup> Blue Dairy Goat Showmanship, 7<sup>th</sup> Sr. Goat Product ID, 4<sup>th</sup> Sr. Goat Obstacle, 3<sup>rd</sup> Goat Judging, Youth Dairy Goat Show: Jr. & Sr./Grand Champion Toggenburg; Youth Swine Show: 9<sup>th</sup> Sr. Showmanship, 9<sup>th</sup> Market Hog, 1<sup>st</sup> January Spring Gilt & Res. Champion Berkshire



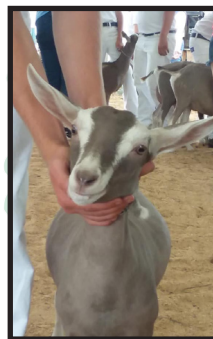
Mason O’Neil – Youth Rabbit Show: 1<sup>st</sup> Harlequin  
Noah Brandt - 1<sup>st</sup> Cloverbud Goat Obstacle Course  
Josie Pierce – 3 blues in Youth Building  
Baily Anderson – Blue in Youth Building  
Tricia Bohannon – Blue in Youth Building  
Brianna Patterson – Blue in Youth Building  
Gwendolyn Breese – Blue in Youth Building



Riley Benedict – Blue in Youth Building  
 Dawson Robinson – Youth Building  
 Taylor Hodge – Blue Youth Building  
 Lara Tefft – Youth Building  
 Tanner Web – Youth Building  
 Kerry Johnson – 3<sup>rd</sup> Equitation on the Flat, 4<sup>th</sup> Hunter Hack, 4<sup>th</sup> Working Hunter, 6<sup>th</sup> Hunt Pleasure, 6<sup>th</sup> Equitation Over Fences  
 Emilee Bennett – 3 blues in Youth Building, State 4-H Hippology  
 David Palmer III – Youth Dairy Goat Show: 8<sup>th</sup> Dairy Goat Showmanship, 8<sup>th</sup> Jr. Individual Goat Judging  
 Chenango County – 4<sup>th</sup> Jr. and 2<sup>nd</sup> Sr. Dairy Goat Judging Teams; 3<sup>rd</sup> Jr. & 4<sup>th</sup> Sr. Dairy Goat Bowl Teams

## Chenango County 4-H Receives County Proclamation

Chenango County 4-H Educator Janet Pfromm and 4-H Member Lily Marshman met with the Chenango County Board of Supervisors in October to receive a proclamation from the Board naming October as “4-H and CCE Month” in Chenango County. The Hidden Ponds Horse Lovers Club baked 4-H Clover cookies for all and each Supervisor received a 4-H year-end report and a hearty thanks for their continued support of 4-H!



## 4-H Paper Clover Campaign at TSC

Thank you to all who supported the fall Paper Clover Campaign at the Norwich Tractor Supply Company Store. 90% of the money raised through this fundraiser stays right here in Chenango County and is used to send 4-H'ers to regional and state-level 4-H Programs.



## National 4-H Week Celebrated in Chenango County

A HUGE thank you to all who promoted 4-H in Chenango County during National 4-H Week, October 6-12, 2019. There were many displays, social media posts, and other creative things going on to get the Clover out there!





# 2019 4-H Achievement Day

Congratulations to all the 4-H members and volunteers who completed the 2018-2019 4-H year! Chenango 4-H and special guest, Town of Guilford Supervisor George Seneck, gathered at Rockdale Rod & Gun Club, Mt. Upton, to celebrate the year at the annual 4-H Achievement Day Celebration. Thank you to Miss Rhonda and Miss Louise for the Cupcake Wars Competition!!

## Club Recognition

### Club Secretary Recognition

Blue Ribbon Secretary: Kerri Johnson

### Public Presentation Recognition

Clubs being recognized include:

- Chenango Calico Clovers
- Hidden Ponds Horse Lovers Club
- Ambitious Lions
- Guilford Carry-On



### Promotional Club Awards

Clubs that participated in displays and community activities (such as floats, parades, and other displays) that promote 4-H.

### Participating clubs:

- Chenango Calico Clovers
- Ambitious Lions
- Guilford Carry-On

### Top Promotional Club:

Hidden Ponds Horse Lovers

### Al and Thelma Evans Top County Fair Club Award

The club with the most in-depth participation at the Chenango County Fair receives a trophy in memory of Albert and Thelma Evans.

Ambitious Lions

### Club Champions

- Ambitious Lions
- Guilford Carry-On
- Hidden Ponds Horse Lovers

### Harry L. Case Top Club Award

This award is presented to the club that completed the highest level of club work.

Hidden Ponds Horse Lovers

### Top Community Service Club:

Hidden Ponds Horse Lovers

## Charles and Palma Goodwin Community Service Awards

### Participating individuals/clubs:

- |                             |                 |
|-----------------------------|-----------------|
| Raegan Benedict             | Cadence Lanfair |
| Riley Benedict              | Jaryn Price     |
| Nathan Bennett              | Gregory Russell |
| Natalie Dibble              | Matt Skinner    |
| Peyton Dibble               | Lillian Squires |
| Dominic Eichler             | Amon Van Alst   |
| Mason Harvey                | Jaden Webb      |
| Michael Harvey              | Tanner Webb     |
| Ambitious Lions             |                 |
| 4-H Caring Clovers 4-H Club |                 |
| Chenango Calico Clovers     |                 |
| Jolly Green Giants          |                 |
| Hidden Ponds Horse Lovers   |                 |



At this years Achievement Day, 4-H'ers participated in a cupcake showdown! Youth creatively decorated cupcakes with western themes!



## Exceptional Cloverbuds

These awards are presented to youth between the ages 5-8 year who have participated in a project area and have completed excellent project records.

Saro Anderson      Ava Kemmeren  
Abby Mace          Amelia Pierce

## Junior Champion Awards

Based upon the amount of their participation; the top members ages 9-13 receive a certificate and \$100 scholarship to attend 4-H camp next summer.

Amon Van Alst

## Julie K. Blanchard Achievement Award

Amon Van Alst

## Outstanding Volunteer Awards

4-H Volunteers of the Year Award is presented to an individual who has given 10 years or less of dedicated service to the Chenango County 4-H program.

**Volunteers of 2019, the Ambitious Lions 4-H Club**

4-H Lifetime Volunteer Award is presented to an individual who has given more than 10 years of dedicated volunteer service to the Chenango County 4-H Program.

**Lifetime Volunteer of the year, Louise Butcher**

4-H Alumni Award is presented to a 4-H Alumnus who has given back to the Chenango County 4-H Program through volunteer, monetary, and/or skilled labor support.

**Alumni of the Year, Noah Ives**

Friend of 4-H Award is presented to an individual, group or business that has supported the Chenango County 4-H Program through their contribution of time, materials, service, and or monetary support.

**Friend of 4-H, Chris Wilcox and Family**



## County Medals

Wyatt Austin: STEM, Goats & Achievement

Nathan Bennett: Woodworking & Maple Syrup

Emilee Bennett: Horse & Communications

Meghan Funk: Foods & Nutrition

Skyler Graham: Goats

Mason Harvey: Public Speaking

Michael Harvey: Public Speaking

Kerri Johnson: Horse

Heavenly Mahaffey: Arts & Crafts, Horse, Written

Communications & Achievement

Ava Mereness: Arts & Crafts

Dawson Robinson: Shooting Sports, Foods & Nutrition,  
Photography & Gardening

Lara Tefft: Horse

Amon Van Alst: Sheep & Public Speaking

## Milestone Awards

Just like our 4-H members work towards yearly certificates and pins, we present certificates and pins to our volunteers who have reached milestone years in their 4-H volunteering experience. We are proud to present 40 milestone awards this year. Your energy and dedication is tremendous and we are inspired by the work you do.

### First Year - Bronze

Samantha Acevedo

Jerry Aley

Emily Anderson

Carissa Brown

George Brown

Brianna Bryant

Liz Coffey

Sara Cole

Bob Eichorst

Christina Hall

Heather Hubbard

Joshua Hubbard

Dianne Kemmeren

Aaron Lanfair

Roberta Lanfair

Stephanie Lewis

Peg Lindoerfer

Sahara Lupo

Joshua Merritt

Susan Palmer

Melissa Perry

Joshua Russell

Corey Webb

Jennifer Webb

Suzanne Hicks

Peter Robinson

Shawn Warren

Angel Whaley

Margo Whaley

### Twenty Years – Diamond

Deborah Fairchild

Scott Fairchild

### Twenty Five Years – Emerald

Louise Butcher

### Thirty Years – Ruby

Julie Ives

Terry Ives

### Thirty Five Years – Sapphire

Roy Moon





## Cooking at the State Fair

4-H'er Dawson participated in this year's inaugural outdoor cooking event at the State Fair.

This competition gave youth the opportunity to prepare a meal using a charcoal or wood fire. The day was wet and rainy but the food was great.

What a great experience, and Dawson did an awesome job! He came home with a blue ribbon for his hard work, looking forward to next year.



## Sewing Camp Success!

On October 11<sup>th</sup>, 4-H held a one day sewing camp. Eight kids came out to make a four patch pillow project with the help of Rhonda, Louise, and Janet. Take good care of your pillows ladies its a good start on next years Chapman Hall entries!



## Grow, Cook, Eat Group

The Grow, Cook, Eat kids had a great time learning how to process apples to make cider. They also made some delicious sautéed maple apples. YUM! This group meets once a month to learn about growing and making their own food!



## A Visit with the Mayor

During one of our October meetings we were working with a special guest. Mayor Christine Carnrike of Norwich, NY was nice enough to come for a visit.

With Mayor Carnrike's appearance at the meeting we were able to ask her questions about being a Mayor and learned being Mayor is only a part-time job. We also learned the Mayor is like the president of a club, there is a



council that does the voting and the Mayor is not allowed to vote only in the case of a tie. As a result of her visit, The Ambitious Lions have extended an invitation to up-coming 4H events where she will hopefully attend and meet other 4H clubs and members.





A

# Christmas



TEA

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*You are cordially invited to this years Christmas Tea.  
Christmas Tea is a fundraiser event for the Chenango County  
4-H Leaders and Volunteers Association*

Proceeds go toward college scholarships, summer camp scholarships, County fair supplies & building maintenance, 4-H activities & more. Each year Christmas Tea is hosted by one Chenango County 4-H club. The members decorate, provide appetizers, snacks, & Tea/drinks, as well as auction off donated items they have collected.

**Location:** The Ballroom at Chenango Inn & Suites  
(former Howard Johnsons)

75 North Broad Street, Norwich, NY 13815

**Date:** December 6, 2019

**Time:** 6 o'clock pm

If you would like to donate a gently used or new item, gift basket, or hand crafted item, please contact Margo Whaley, 4-H leader, at (607) 244-4809 or on Facebook. This years tea will be hosted by the Ambitious Lions 4-H Club Please invite adult friends & family to find some holiday gifts while enjoying a cup of tea!

*An evening for the adults! The only children allowed are the 4-H members to ensure a joyous occasion for all and to keep the hosts' focused on their task at hand.*



# VITA

## Volunteer Income Tax Assistance

in Chenango and Madison counties

We will be making appointments on January 16<sup>th</sup>, No Earlier! First available appointment is February 6<sup>th</sup>.

If your household income was less than \$56,000 through employment in 2019, you may qualify for FREE tax preparation.

Call (607) 334-5841 ext.1111 to see if you qualify!

Appointments available from February through April 2019.

\*Returns are electronically filed

**Seniors should call 607-337-1770 first, there is no income requirement.**

**Earned income and adjusted gross income (AGI) must each be less than:**

- \$50,162 (\$55,952 if Married Filing Jointly) with three or more qualifying children
- \$46,703 (\$52,493 if Married Filing Jointly) with two qualifying children
- \$41,094 (\$46,884 if Married Filing Jointly) with one qualifying child
- \$15,570 (\$21,370 if Married Filing Jointly) with no qualifying child

**The maximum EITC for 2019:**

- \$6,557 with three or more qualifying children
- \$5,828 with two qualifying children
- \$3,526 with one qualifying child
- \$529 with no qualifying child

Chenango County Families:  
(607) 334-5841 ext. 11

Chenango County Senior Citizens:  
(607) 337-1770

Chenango & Madison Counties

**CASH**

Creating Assets, Savings and Hope

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Madison County Families:  
(315) 697-3588 ext. 17

Madison County Senior Citizens:  
(315) 684-3001

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**Please join**

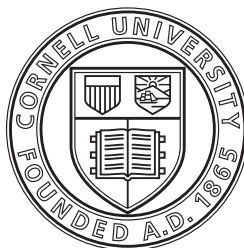
*Cornell Cooperative Extension of Chenango County  
Staff and Board Members*

**for this years**

*Annual Meeting  
on Wednesday, December 4<sup>th</sup>, at Noon*

Join Cornell Cooperative Extension of Chenango County for the 2019 Annual Meeting. A catered lunch will be served at Noon, in the Morrisville State College Norwich Campus Community Room, 132A-B, 20 Conkey Ave, Norwich, NY 13815. Meeting will include guest Speaker Amanda Hewitt from Nelson Farms, program updates, and recognition of volunteers.

Please RSVP with Rhonda by November 27<sup>th</sup>, at (607) 334-5841x1111





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## Cornell Cooperative Extension | Chenango County

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Nate Funk Jordan Fleming  
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The Cornell Cooperative Extension of Chenango County Board meets every third Tuesday of the month at 7 PM in the Satellite Room at 99 North Broad Street, Norwich, NY. Please feel free to join us!

### CURRENT STAFF (607) 334-5841

**Kenneth Smith (Ext. 1119)**  
Executive Director  
kas294@cornell.edu

**Alice Andrews (Ext. 1118)**  
Finance & Operations  
ama42@cornell.edu

**Alexis Woodcock (Ext. 1120)**  
Grow Cook Serve Coordinator  
asw239@cornell.edu

**Rich Taber (Ext. 1121)**  
Grazing/Ag Economic  
Development Specialist  
rbt44@cornell.edu

**Ashley Russell (Ext. 1116)**  
Communications Coordinator  
anr72@cornell.edu

**Dennis Madden**  
Building Custodian

**Tammy Dayton**  
Building Custodian

**Rhonda Turrell (Ext. 1111)**  
Administrative Assistant  
rlt236@cornell.edu

#### 4-H YOUTH DEVELOPMENT

**Janet Pfromm (Ext. 1112)**  
4-H Coordinator  
jlp27@cornell.edu

**Richard Turrell (Ext. 1115)**  
4-H Volunteer Coordinator  
rlt229@cornell.edu

#### EAT SMART NEW YORK- SOUTHERN TIER

**Betty Clark (Ext. 1132)**  
Eat Smart NY  
Program Coordinator  
blc28@cornell.edu

**Whitney Kmetz (Ext. 1133)**  
Nutrition Teaching Assistant  
wdg43@cornell.edu

**Neisa Pantalia (Ext. 1134)**  
Nutrition Teaching Assistant  
nmp52@cornell.edu

**Erica Clark (Ext. 1114)**  
4-H Youth Educator

#### CNY DAIRY & FIELD CROPS TEAM

**Dave Balbian**  
(518) 312-3592  
Dairy Management Specialist  
drb23@cornell.edu

**Kevin Ganoe**  
(315) 866-7920  
Field Crop Specialist  
khg2@cornell.edu

**Ashley McFarland**  
(315) 866-7920  
Livestock Specialist  
am2876@cornell.edu

**Nicole Tommell**  
(315) 867-6001  
Agricultural Business  
Management Specialist  
nt375@cornell.edu

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