## What is a Sustainable Agriculture?

It is a system of agriculture that will last—that maintains its productivity over the long run.

# 72 WAYS

# TO MAKE AGRICULTURE SUSTAINABLE

Every farm can make a difference by adopting common sense, sustainable farming practices.

# How many boxes can you check?

# Conserve and Create Healthy Soil

- Stop soil erosion by terracing, strip cropping, repairing gullies
- ☐ Add organic matter to soil (with "green manure" cover crops, compost, manures, crop residues, organic fertilizers)
- □ Conservation tillage
- □ Plant wind breaks
- Rotate cash crops with hay, pasture, or cover crops



- ☐ Store litter piles out of the rain and snow
- ☐ Raise pastured or free-range poultry
- □ Raise hogs in hoop houses or free-range

#### Farm chemicals and trash:

- Look for alternatives to chemicals
- ☐ Use the least amount necessary
- Buy the least toxic chemical
- □ Recycle
- Dispose according to label instructions

### Conserve Water and Protect Its Quality

- ☐ Stop soil erosion in field and pasture
- Reduce use of chemicals
- Establish conservation buffer areas
- ☐ Grow crops adapted to rainfall received
- ☐ Use efficient irrigation methods

## Manage Organic Wastes and Farm Chemicals so They Don't Pollute

#### Organic wastes:

- ☐ Test soil and applying manures and litters only when needed
- ☐ Compost dead birds and litters

## Manage Pests with Minimal Environmental Impact

## <u>Weed Management</u>

#### Mechanical Approaches

- □ Mowing
- □ Flaming
- ☐ Flooding
- □ Tillage
- Controlled burns

#### Cultural Approaches

□ Crop Rotation



<ul> <li>□ Smother crops</li> <li>□ Cover crops</li> <li>□ Allelopathic plants</li> <li>□ Close spacing of plants</li> <li>Biological Approaches</li> </ul>	Encourage Biodiversity  (of domesticated animals, crops, wildlife and native plants, microbic and aquatic life)  Diversify crops and livestock raised  Leave habitat (field margins, unmowed strips,
☐ Multispecies grazing	pond and stream borders, etc.,) for wildlife
☐ Rotational grazing	☐ Maintain the health of streams and ponds
Chemical Approaches	<ul><li>Provide wildlife corridors</li><li>Rotate row crops with hay crops</li></ul>
☐ Integrated Pest Management	La Rotate Tow Crops With Hay Crops
☐ Use of narrow spectrum, least-toxic herbicides	Conserve Energy Resources
☐ Properly calibrated sprayers	☐ Reduce number of tillage operations
<ul> <li>Application methods that minimize amount</li> </ul>	☐ Cut use of chemicals and fertilizers
used, drift, and farmer contact	<ul> <li>Develop production methods that reduce horsepower needs</li> </ul>
Insect and Disease Management	☐ Recycle used oil
<ul> <li>Introduce or enhance existing populations of natural predators,</li> </ul>	☐ Use solar-powered fences and machines
pathogens, sterile insects, and other biological control agents.  □ Traps	<ul> <li>Use renewable, farm-produced fuels: ethanol, methanol, fuel oils from oil seed cops, methane from manures and crop wastes</li> </ul>
☐ Maintain wild areas or areas	Increase Profitability
planted with species attractive	and Reduce Risk
to beneficial insects	☐ Diversify crops and livestock
<ul> <li>Selective insecticides or botanical insecticides which are less toxic</li> </ul>	☐ Substitute management for off-farm inputs
☐ Trap crops	☐ Maximize the use of on-farm resources
☐ Crop rotation (avoid monoculture)	☐ Work with, not against, natural cycles
☐ Intercropping, strip cropping	☐ Keep machinery, equipment and building
☐ Maintain healthy soil	costs down
(prevents soil-based diseases)	<ul><li>Add value to crops and livestock</li><li>Try direct marketing (susbscription farming</li></ul>
☐ Keep plants from becoming stressed	(CSA), farmers' markets, farm stores, mail order)
Select Plants and Animals	For More Information Contact:
Adapted to the Environment	The Kerr Center for Sustainable Agriculture, Inc.
<ul> <li>Grow crops and crop varieties well-suited to Oklahoma's climate</li> </ul>	P.O. Box 588, Hwy. 271 S., Poteau, Oklahoma 74953, (918)647-9123 · www.kerrcenter.com
☐ Match crops to the soil	The Kerr Center is a private, non-profit 501 (c)(3)
<ul> <li>Experiment with older, open pollinated varieties that do well without chemical inputs</li> </ul>	foundation established in 1985. The Center offers progressive leadership and educational programs to all those interested in making farming and ranching
☐ Raise hardy breeds of livestock adapted	economically viable, environmentally friendly, and socially equitable over the long term.
to climate  Raise livestock that gain well on grass and native forages	72 Ways to Make Agriculture Sustainable: (a Kerr Center Fact Sheet) by James E. Horne, PhD and Maura McDermott
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