

Cornell Cooperative Extension Chenango County

99 North Broad Street • Norwich, New York 13477 • (607) 334-5841

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EEO, Protected Veterans, and Individuals with Disabilities."*

2019 Calendar

Annual Report 2018

A letter from our Executive Director

NOVEMBER 13, 2018

Greetings,

As times change, it is important for us at Cornell Cooperative Extension of Chenango County to find the right balance between developing new programs, and keeping traditional programs strong and vital. This year, we have worked hard to stay balanced as we added new programming in 4-H, nutrition, agriculture, and natural resources.

In 4-H, responding to a need to help today's youth forge a connection with the outdoors and nature, we started the "Survival Skills Challenge," a competitive program where teams of youth compete in outdoor skills such as shelter building, fire starting, kayaking, navigating, and wild edibles. We also had our first camping and kayak trip at Balsam Pond and we added programming for 4-Hers in cooking. But as we created these new programs, we also worked to keep our traditional 4-H programming strong in areas of livestock judging, County Fair, Shooting Sports, sewing and textiles and 4-H After-School.

In our Eat Smart New York Nutrition Program, we have added a new school-focused program and added more vegetable cooking programming for food pantries. We have also kept up other nutritional education, such as grocery store tours, that have been successful in the past.

In agriculture, the challenging dairy prices have made our traditional program support for dairy and field crop production more important than ever before, and to strengthen them we added a new position Farm Business Support Specialist. Nicole Tommell was hired to help farmers chart the best path forward for their businesses. We also added new programming to help farmers develop new income from their woodlots through maple, firewood, and even mushrooms.

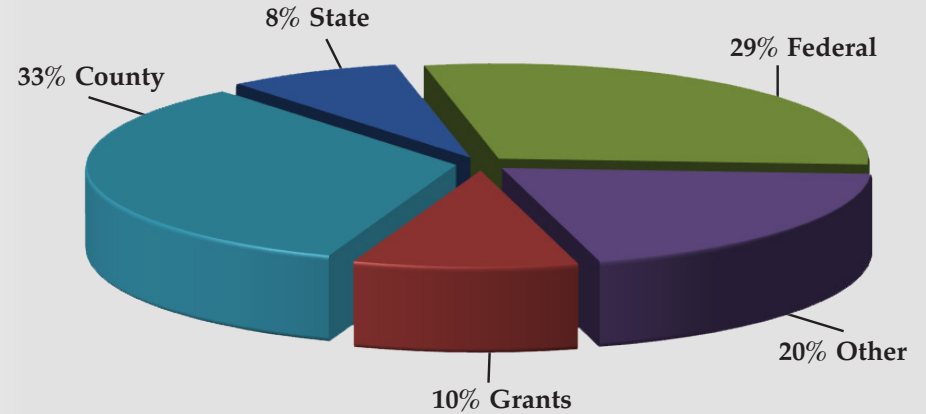
The changing and challenging times mean that CCE of Chenango County has to develop new programs, but we need to balance those changes by continuing programming, like 4-H County Fair, that have been effective for almost 100 years in Chenango County.

Sincerely,

Kenneth A. Smith
Executive Director

Financial Facts

Estimated Revenue and Supported Revenue for
Cornell Cooperative Extension of Chenango County's
2018 Financial Year



	Total	Support	Revenue
County	\$263,000.00	\$0.00	\$263,000.00
State	\$474,394.42	\$414,271.09	\$60,123.33
Federal	\$292,446.73	\$63,158.00	\$229,228.73
Other	\$155,362.06	\$0.00	\$155,362.06
Grants	\$76,782.76	\$0.00	\$76,782.76
Totals:	\$1,261,985.97	\$477,429.09	\$785,556.88

State and Federal **SUPPORT** includes the estimated value of Services and educational access provided by Cornell, USDA, and NYS Sponsored grants. Most of this is related to training and access to the Research that is the basis of the programs we conduct. These Services are available to CCE Chenango because Chenango County's contribution to our funding.

REVENUE is the actual cash provided to CCE during the Fiscal year 2018, Chenango County provides approximately 33%. "Other" reflects income generated through, contributions, special projects and rental income.

CORNELL COOPERATIVE EXTENSION OF CHENANGO COUNTY 2018 BOARD OF DIRECTORS

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Joe Cornell
Nate Funk
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CORNELL COOPERATIVE EXTENSION OF CHENANGO COUNTY CURRENT STAFF

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Building Custodian

Tammy Dayton

Building Custodian

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Nicole Tommell

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Ag. Business Management Specialist
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EAT SMART NEW YORK- SOUTHERN TIER

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Whitney Kmetz (Ext. 33)

Nutrition Teaching Assistant
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Neisa Pantalia (Ext. 33)

Nutrition Teaching Assistant
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ADDITIONAL STAFF IN 2018

*denotes summer hire

Jenny Penington*

Nutrition Teaching Assistant

Alexandra Hooker*

Nutrition Teaching Intern

Connect With Us!



www.ccechenango.edu



[Youtube.com/ccechenangocounty](https://www.youtube.com/ccechenangocounty)



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twitter.com/ccechenango



(607) 334-5841 or (607) 334-9972

Southern-tier Eat Smart New York

The Coordinated Approach to Child Health (CATCH) programming has been one of the biggest initiatives of Eat Smart New York this year. CATCH curriculum is based on the Centers for Disease Control and Prevention's Coordinated School Health model. It combines ten components to interactively educate young people about, and provide support for, a healthier lifestyle through nutrition and physical activity.

This year two Southern Tier Eat Smart New York nutritionists attended training to become CATCH certified trainers themselves. This has allowed the team to lead their own CATCH trainings for schools. One such training was led at the Norwich City School District for two Chenango County schools. Throughout the training, many topics were covered including the rationale and need for improving children's health, an overview of the CATCH Program, and a component specific overview using the CATCH resource materials. They also discussed the strategic planning needed for successfully implementing and utilizing the CATCH Coordination Guide. This Guide is a tool that coordinates the efforts of key CATCH Team players, such as Principals and Administration, Classroom Teachers, Child Nutritionists, PE teachers, Parent Leaders, and Specialized and Support Staff.

Programming with school age children has been a large effort for Southern Tier Nutrition Educators. They are now attending ten different schools on a weekly or monthly basis conducting direct education during the day or in after school programs. Besides direct education in schools and the CATCH curriculum, Eat Smart New York continues education in other aspects of the community.

Over the year, ten food pantries have been attended on a monthly basis. There were also ten WIC clinics attended monthly and six to ten senior centers attended monthly. Besides attending organizations, the educators also attend wellness fairs and other community events, in the past year there have been six attended. ESNY's educator collaboration with other CCE programs in Chenango County has also been a large attribution this past year.

Along with the Wholesome Rx collaboration, there has also been cross program collaboration between ESNY and 4-H. Educators have joined together to deliver programming to youth at the New Berlin Library and the Rogers Center with complimentary programs. This collaboration has broadened the community reach of Cornell Cooperative Extension in Chenango County.



Above are pictures of Program Coordinator, Betty and a CATCH training from earlier this year, and the images on the right are from various programming done by our three educators, Whitney, Neisa, and Liz.



SOUTHERN TIER REGION
EAT SMART NEW YORK PROGRAM

JANUARY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4	5
		New Years Day CCE Closed	4-H Sewing Scholarship Due Master Gardener Meeting		4-H Horse and Dairy Bowl Practices	
6	7	8	9	10	11	12
		ADC Meeting	4-H Volunteer Training, 6 PM		4-H Horse and Dairy Bowl Practices	
13	14	15	16	17	18	19
		CCE Board Meeting			4-H Horse and Dairy Bowl Practices	4-H Outdoor Adventure: Snowshoeing
20	21	22	23	24	25	26
	4-H Public Presentation Training 4-H Sewing Trip to JoAnn Fabric Martin Luther King, Jr. Day				4-H Horse and Dairy Bowl Practices	
27	28	29	30	31	1	2

Central New York Dairy, Livestock, and Field Crops Team

Agriculture is an important industry in Chenango County. The dairy, livestock, and field crop industry represents about ninety percent of agricultural products sold. Because the land and climate in the region are naturally suited for dairy and field crop production the potential for increased agricultural production exists.

The Team Mission:

The Central New York Dairy, Livestock and Field Crops Team was formed to work with this important industry. The mission of this extension team is to provide high quality educational programs that address the needs of dairy, livestock and field crop producers in the eight county region. The team consists of specialists in the following areas of expertise: a Dairy Specialist Dave Balbian, a Livestock Specialist Ashley McFarland, a Field Crop Specialist Kevin Ganoe, and a recently added Farm Business Management Specialist Nicole Tommell.

2018 Programming:

In 2018, the team led the following programs in Chenango County: Field crop Management Program, a two day Feeder School, an Improved Forage Quality Meeting, a Corn Silage Pre Harvesting Meeting, and Pasture Walks.



Current Issues Addressed by the Team:

- Introduce the principles of Precision Feed Management to provide cows the necessary nutrients to maintain profitability and environmental sustainability
- Help farm operators improve cow comfort and health and increase labor efficiency through remodeling or building new dairy facilities.
- Bring to dairy producers the latest information regarding dairy nutrition.
- Assist crop producers with species selection and developing profitable crop rotations while emphasizing the use of Integrated Pest Management (IPM) techniques
- Provide training on nutrient management so producers make the best use of plant nutrients while protecting the environment.
- Managing the CNY Beef Feeder calf sale
- Assisting dairy farmers dealing with low milk prices
- Determining how to set farmland rental prices



Welcome Nicole Tommell

The 2018 year welcomed the addition of Nicole Tommell as the agricultural business management specialist on the Central New York Dairy, Livestock and Field Crops team. Nicole provides leadership for planning and developing programming that emphasizes business management and profitability. Nicole received her Bachelor of Technology degree from SUNY Cobleskill in Agricultural Business. She also holds a Masters in Agricultural Education from North Carolina State University. Before joining the team, Nicole was a Visiting Instructor at SUNY Cobleskill teaching courses ranging from agricultural business to animal science. She has also managed a diversified cattle operation she owns with her husband.

Her primary goal with the team is to provide business analysis, planning and development support for agricultural businesses in the region.



FEBRUARY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
					4-H Horse and Dairy Bowl Practices	Groundhog Day
3	4	5	6	7	8	9
		ADC Meeting	Master Gardener Meeting		4-H Horse and Dairy Bowl Practices	
10	11	12	13	14	15	16
		4-H Animal Science Committee Meeting		Valentine's Day	4-H Horse and Dairy Bowl Practices	4-H County Public Presentations
17	18	19	20	21	22	23
4-H Sewing Camp						
	President's Day CCE Closed	CCE Board Meeting			4-H Horse and Dairy Bowl Practices	
24	25	26	27	28	1	2

Agriculture, Grazing, and Ag Economic Development 2018

Advancing the agricultural industry in Chenango County is central to the mission of Cornell Cooperative Extension. Agriculture has been, and continues to be, the foundation of Chenango County's economy and of our quality of life. Healthy and productive farms of all types in our rolling hills provide beautiful views and define Chenango County's landscape; as well as being a tremendous economic engine. Agriculture provides the economic vitality that keeps the county's villages and townships prospering, and adds considerably to the county's tourism appeal. Our major agricultural initiatives at CCE include dairy farm, livestock and field crops support, farm consulting, marketing support, horticultural support, improved rotational grazing for dairy and livestock, and new and beginning farmer information and education.

Some of our Accomplishments in 2018:

- The SARE grant (Sustainable Agriculture and Education) has been completed this year. In 2016, six different farms that graze dairy cattle were involved in testing low cost and different methods of establishing pastures. The plots were again monitored in 2017 to ascertain the success of different seeding methods. Final results have been submitted in 2018, and a video was posted on YouTube detailing the results of this project. This SARE No-Till Re-Seeding Trial Video has gained 68 views on Facebook and Youtube in 2 months.
- Provided extensive information, education, and support to new and beginning farmers. For example, a successful small community of New Order Amish farmers has established businesses in Guilford, and are growing in size. As of the summer of 2018, there are eight Amish family farms and businesses in this community. Many other new and beginning farmers seek assistance from our office as well.
- Collaborated in several initiatives of the Cornell Small Farms Program: Beginning Farmer support, informational articles written for the Small Farms Quarterly, and input and development for the statewide Wholesale Marketing Curriculum.
- Collaboration in support of several county organizations: Commerce Chenango, the Agriculture Development Council, Ag and Farmland Protection Committee, Dairy Day, Farm Bureau, and the Chenango County Fair.
- CCE Chenango has a strong presence on YouTube, with many of our videos from past years on a variety of topics continuing to receive views and favorable comments, worldwide.
- Farm to Fork, a taste of Chenango was held for the third year in 2018, at the annual Chenango County Fair. This effort was spearheaded by CCE Communications staffer Ashley Russell. The event highlighted many different products grown in Chenango County for the public to see, learn about, and taste.
- Collaborating with Chenango County Farm Bureau, a very successful Animal Cruelty workshop was held at the Silo Restaurant in Greene. There were many law enforcement officers and town supervisors present; all who attended thought that this was a very valuable endeavor.
- A successful Dairy Day was held in June at the Chenango County Fairgrounds.
- A continued Ag exhibit at the Chenango County Historical Society's Loomis Barn.



A hog at the Chenango County Fair.



This years Dairy Day was very successful and filled with fun activities!



An image taken during one of the plantings for the SARE Grant.

MARCH 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
24	25	26	27	28	1 4-H Livestock Scholarships Due 4-H Horse and Dairy Bowl Practices	2	
3	4	5	6	7	8	9	
10	11	ADC Meeting	Master Gardener Meeting	14	4-H Horse and Dairy Bowl Practices	4-H Regional Horse Bowl, Dairy Bowl, & Hippology Contests	
Daylight Saving Time Begins	18	19	20	21	22	4-H Outdoor Adventure: Lure Making & Fly Tying	
17	18	19	20	21	22	23	
4-H Sewing Spectacular St. Patricks Day	CCE Board Meeting		Ag Literacy Week				
24	25	26	First Day of Spring	28	29	30	
31						4-H Dairy Discovery	

Natural Resources and Horticulture

From outdoor opportunities involving mushrooms and maple syrup production, to challenges such as giant german wasps, sickly spruce trees, or troublesome ticks, our staff has provided assistance in the form of farm visits, personal office consultations, phone call support and group programs. Over the last year more than 180 people received one-on-one assistance from staffers, Ken Smith and Rich Taber.

A special focus in natural resources this year was due to a grant from the New York Farm Viability Institute, for which we produced nine videos on farmers and producing income from their woodlots. These videos have been viewed by more than 28,763 people on YouTube and Facebook.

This video series, called *Profit From Your Forest*, has also been shared across multiple different media sources. Cornell Small Farms and Association of Natural Resource Extension Professionals both did a feature on this video series in their newsletters, sharing these videos with their networks.

Blueberries are a great fit for hilly Chenango County. This year blueberries were an important part of our horticultural education efforts. Ranging in size from backyard blueberry patches of a few bushes to commercial blueberry plantations of thousands of blueberries.



We have assisted two commercial producers with pH and plant evaluations, we have helped more than a dozen backyard blueberry growers balance their soils to produce blueberries. Beyond the berries, we have helped commercial growers with issues related to immigration and warehouses for crop storage. This rainy year we have helped home owners with plant fungus issues on everything from tomatoes, to lawns, to spruce trees.

Profit From Your Forest Video Series



A few images from the video project over the past year.



The videos in the *Profit From Your Forest* series have featured the forest owners and their enterprises, including a Sawmill, local Maple Syrup businesses, and a forest lease contract. These business owners share with their viewers the advantages of their forest enterprises, their successes, and their struggles. Two of the videos feature Steve Childs, of the Cornell Maple Program, speaking about the important characteristics of a woodlot that create a successful maple syrup operation. In these videos, Childs walks through a woodlot pointing out the positives and negatives that he recognizes, demonstrating how a viewer could do the same in their own woodlot.

Right now the series features aspects of maple and sawmill businesses, and can be viewed on Cornell Cooperative Extension of Chenango County's Facebook page or YouTube Channel. Over the final year of this grant, CCE Chenango plans to continue to help woodlot owners complete forest business plans. They also plan to add to this video series with mushroom and firewood business opportunities.

APRIL 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4	5	6
	April Fools' Day	ADC Meeting	4-H Volunteer Training, 6PM Master Gardener Meeting			
7	8	9	10	11	12	13
14	15	16	17	18	19	20
	4-H Animal Crackers Sign up Deadline	4-H Craft Camp, CCE Office				
	Tax Day	CCE Board Meeting				Pass Over
21	22	23	24	25	26	27
	4-H Incubation and Embrology Egg Delivery					
	Earth Day					
28	29	30	1	2	3	4

Master Gardener Volunteers

More than a dozen of the Chenango County Master Gardeners worked together to contribute over one hundred volunteer hours on seven different educational gardening projects.

Projects included: raised beds for the CCE headquarters, herb plants for the County Fair, demonstration gardens at Guernsey Library and CCE headquarters, community garden plants, and the community plant sale at Guernsey Library. All of this in addition to helping with plant and insect identification, general inquiries, and other growing problems coming into the Master Gardener's Hotline.



Master Food Preserver Volunteers

In 2018, there were seven Master Food Preserver volunteers that provided 27 hours of volunteer service to educate and guide people in home food preservation and cooking. The Master Food Preserver program offered workshops in a variety of topics such as; Food Preservation Safety, Preserving Fresh Blueberries, Salsas and Sauces, Pressure Canning and Freezing Fresh Vegetables, Preserving Apples, Pressure Canning Meats, Ready to Eat Meals, and Preserving Holiday Gifts.

In addition to workshops, the Master Food Preservers gave a presentation on Food Preservation Safety at the Small Farm and Homestead show as well as a demonstration for Head start Families in Chenango County about dehydrating food at home. In 2019 the Master Food Preserver program hopes to provide more workshops to the community as well as engage in more community outreach.



Master Clothing & Textile Volunteers

The 4-H Master Clothing & Textile Volunteers led 4-H sewing camp again this past year and helped the 4-H'ers at Joann Fabric to get the material they need. As in prior years, these volunteers spent five days teaching six 4-Her's various sewing techniques and skills. They learned and improved their skills by making quilted bags, stuffed animals, t-shirt dresses, and tops. To the right are a couple images of our volunteers working closely with our 4-Her's. This year these volunteers donated over 20 hours of time to direct education in Chenango County!



A huge thank you to all our volunteers!

MAY 2019

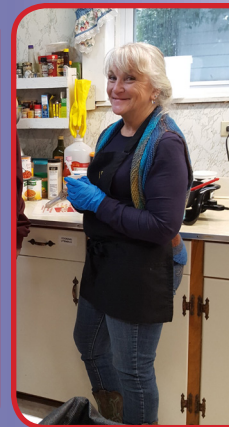
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1 4-H Leaders Association & Senior Dairy Scholarships Due Master Gardener Meeting	2	3	4 4-H Animal Crackers Cornell University
5	6	7	8	9	10	11
		ADC Meeting			NYS 4-H Forestry Weekend	
12	13	14	15 4-H Animal Science Committee Meeting & New 4-H Family Fair Meeting	16	17	18 4-H Outdoor Adventure: Fossils
Mother's Day						
19	20	21	22	23	24	25
		CCE Board Meeting				
26	27	28	29	30	31	1

Memorial Day
CCE Closed

Grow Cook Serve

2018 was the fourth year for the Grow Cook Serve program which endeavors to increase the capacity of food pantries and soup kitchens in Chenango County. Four participant volunteers have offered more than 120 hours of service by gleaning fresh produce, or growing vegetables for donation. Over 3,741 pounds of fresh produce was donated to 21 Food Pantries and Soup kitchens in Chenango County. Grow Cook Serve also started a collaboration with Nutrition Educator Elizabeth Coffey, of Eat Smart New York, to offer cooking workshops at Food Pantries. The goal of this collaboration is to ensure that produce donated to food pantries from Norwich Meadows Farms, and other local growers, is utilized by the clients of food pantries.

In addition, we have taught a total of five container garden workshops to 35 families at Head Start centers and Food Pantries. This program and its educators was also able to donate an additional 25 tomato transplants for people to plant in their own home gardens. Grow Cook Serve also taught two dehydrating workshops to 16 families from Head Start. Over the last four years, Grow Cook Serve has evolved to meet the needs of families in Chenango County and we are excited to see how that takes shape in 2019.



Wholesome Rx

Wholesome Rx is a six month program designed to help families adopt healthier eating habits by providing access to fresh fruits and vegetables. The Wholesome Wave organization, with the support of the Chobani Foundation, has partnered with Alexis Woodcock of Cornell Cooperative Extension of Chenango County and the Healthcare team at UHS pediatrics to enroll 147 participants in the program.

Participants of the program must have children between the ages of 2 and 18 years old, qualify for SNAP, Medicaid, WIC, and/or free or reduced lunch and be at risk of diet-related disease. Once qualifying families enroll they get a Rewards card good for \$60.00 a month for fresh fruits and vegetables that can be used at Price Chopper, Tops, and Walmart. Funds are reloaded monthly as participants use them. In addition to the \$60.00 a month for fresh fruits and vegetables families are given the opportunity for comprehensive cooking and nutrition education offered by ESNY nutrition educator Elizabeth Coffey.

The goal of the program is to increase the affordability of fresh fruits and vegetables, by providing families with monetary incentives and nutrition education, in order to develop lifelong healthy eating habits.



JUNE 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1 All 4-H Enrollments & Animal Registration/ Certificates Due 4-H Survival Skills Challenge
2	3	4	5	6	7	8
	4-H Farmers Museum Junior Livestock Entries Due	ADC Meeting	4-H Volunteer Training, 6PM Master Gardener Meeting			
9	10	11	12	13	14	15
					4-H STEM Camp, Camp Shankitunk	
					Flag Day	Chenango County Dairy Day
16	17	18	19	20	21	22
Father's Day	Pollorum Testing & Poultry Clinic, 6PM	CCE Board Meeting		Riding Evaluations, Fair Grounds, 6PM	First Day of Summer	
23	24	25	26	27	28	29
30						

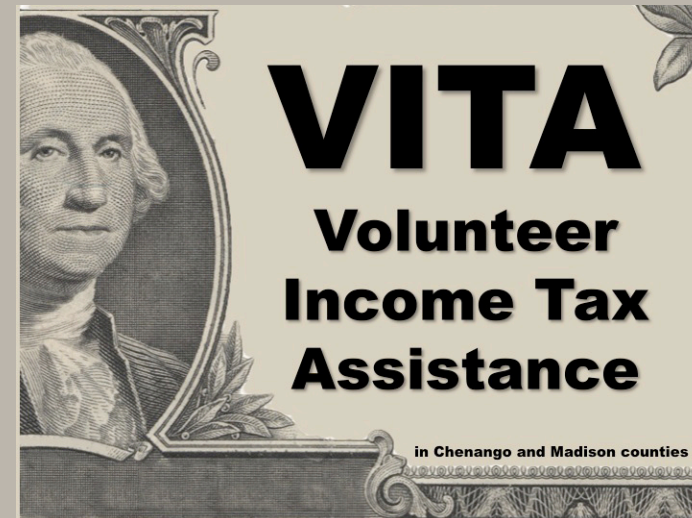
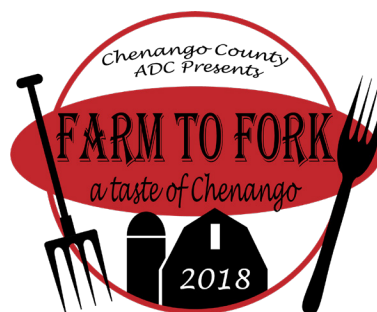
Farm to Fork, a taste of Chenango

This year brought the third Farm to Fork, a taste of Chenango at the Chenango County Fair. This free event put local agriculture on display for fairgoers, featuring displays from Chenango County producers and businesses, all offering the public the opportunity to taste products and recipes created locally. While youth could sit to make their own butter or color a picture, parents and adults could enjoy live displays of culinary creation. With so much collaboration from local producers, 4-H youth, and local organizations, there was always something to learn or taste under the Farm to Fork tent.

This year's event enjoyed the return of seven producers and businesses, some of which have been attending Farm to Fork since its start in 2016, and the addition of six new business. The event also welcomed the new addition of themed Creation Stations sponsored by Community Bank featuring five celebrity stars and five 4-H youth participants. A public favorite being Gilligan's who joined the Creation Stations for the third year, handing out dishes of a variety of ice cream flavors.

Assemblyman Gary Finch, Local District FFA President Taylor Moore, and others, joined in the celebration of agriculture on Friday at the Community Bank Creation Stations. Fair goers were given the opportunity to taste milk shakes, zucchini pizzas, and blueberry maple smoothies, to name a few. 4-H youth continued the excitement on Saturday cooking their favorite recipes at these stations as a part of a program where they have learned to grow and cook their own food. The youth did a great job talking about their culinary treats as they were prepared for the fair audience.

Like us on Facebook! @farmtoforkatasteofchenango



2018 VITA Program

Cornell Cooperative Extension of Chenango County hosted the VITA program in their off hours again for the fifteenth year in a row. The Chenango and Madison Creating Assets, Savings, and Hope (CASH) Coalition organizes volunteers and locations to host the Volunteer Income Tax Assistance (VITA) Program. This program is designed to support free tax preparation services for low to moderate income individuals, persons with disabilities, the elderly, and limited English speakers, those that earn less than \$54,000 in a tax year. Each volunteer in this program is an IRS trained and certified tax preparer.

In Madison and Chenango counties, NBT Bank ensures the program is available for residents. Cornell Cooperative Extension of Chenango County aids this program by opening its doors and lending space for the VITA Program. In the months of January to April, the office becomes very busy place for these tax returns. In 2018, volunteers in Chenango and Madison county completed 773 tax returns, totaling \$2,316,507 in refunds combined. In 2019 volunteers hope to expand those numbers and return more money than before.

A video recap of Farm to Fork was created and posted to YouTube and Facebook for those that could not attend, it obtained 91 views in one month and continues to reach a wider audience.

JULY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1	2	3	4	5	6
	CNY Dairy Judging Tour	4-H State Fair Qualifying Horse Show ADC Meeting	Master Gardener Meeting	Independence Day CCE Closed		
7	8	9	10	11	12	13
Farmers Museum Junior Livestock Show, Cooperstown						
14	15	16	17	18	19	20
	4-H County Fair Entries Due	CCE Board Meeting				4-H Outdoor Adventure: Kayaking Trip
21	22	23	24	25	26	27
	4-H County Fair Clean-up & Set-up, Fair Grounds					
28	29	30	31	1	2	3
	County Fair Livestock Pen Set-up 7PM, Fairgrounds					

Chenango County Fair and New York State Fair



August is a very busy month for Cornell Cooperative Extension of Chenango County and Chenango County 4-H. Starting off the month with the Chenango County Fair, this year there were 1,104 Domestic and Animal Projects on display from 131 4-H youth exhibitors in 4-H Grove! While youth had a number of tasks and competitions to complete over the six days, they also had a number of other fun activities!

Mixed in among the all the shows, judging contests, Livestock Auction, and more, following the theme 4-H Mao Loa, there was Pineapple bowling, Hula relay races, Hula Hooping, and an ice cream and Luau Party to end the busy week!

Of all the domestic projects on display at the county fair, 26 made it to State Fair to be judged. There were also 82 Animal Projects that went to state fair competitions. 4-H Youth did a great job with their projects this year!



This year the 4-H Grove saw a lot of improvement! The small livestock barns got new cement floors all thanks to the Greater Norwich and Follett Foundations. New sheep pens were also added, making a beautiful addition to fair week. Along with these upgrades, the Case building received a brand new coat of green paint and the snack shack got a nice cement walkway! With these upgrades 4-H Grove looked great for fair week! A HUGE thanks to all of the contributors and workers that made this project possible!



AUGUST 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
				4-H State Fair Animal Entries Due		4-H Case Building Non-Perishable Judging
4	5	6	7	8	9	10
		Chenango County Fair				
	4-H Case Building Perishable Judging	ADC Meeting	Master Gardener Meeting		4-H Livestock Auction	
11	12	13	14	15	16	17
18	19	20	21	22	23	24
			4-H State Fair Novice Dairy Bowl Invitational & Dairy Challenge	4-H State Fair Dairy Judging		
	4-H State Fair Exhibitors Mtg., 7PM	CCE Board Meeting	New York State Fair			
25	26	27	28	29	30	31
			New York State Fair			

4-H Outdoor Recreation Programming

174 youth participated in 4-H Outdoor/Natural Resources programs in the past year in nine different townships within the county, in events which included kayaking, winter survival, maple activities, wild edibles, and more.

In the coming year, we are excited to continue the Outdoor Adventure program with some new activities, added citizenship, and skill-building opportunities, and the addition of some grant funded supplies like snowshoes to get youth outside and keep them enjoying nature and physical activity in all seasons.

The 4-H Outdoor Adventure program has had 20 volunteers who help to make it a meaningful and impactful program to our youth. Thank you so much to the volunteers and local businesses that helped our program this year!

4-H Survival Skills Challenge

A new addition to the Outdoor program this year was the Survival Skills Challenge, a special event structured to test youth on their knowledge of activities we have completed during the year and to encourage new youth to get involved. In the first year of our challenge, we had 15 youth participants plus four team coaches.

On June 9th, youth put their survival skills to the test in fire starting, shelter building, kayaking, way-finding, and foraging challenges at Millbrook Park in New Berlin, competing to see which team had what it takes to survive in the wilderness. All of the participants exhibited excellent teamwork and survival skills. They walked away with headlamps, 4-H geocaching coins, outdoor ethics informational cards and more to encourage their love for the outdoors!

We are grateful for not only the financial sponsorship from Kerry, but also the excellent volunteers who stepped forward and helped on the day of the event. We look forward to organizing the competition again next year!

4-H Outdoor Adventure



4-H Survival Skills CHALLENGE



In the summer, Chenango County 4-H received a grant for Outdoor Adventure programming from the Chenango Youth Philanthropy Council for equipment. The grant funded snowshoes, archery targets and maintenance equipment, wild edibles curriculum, geocaching coins, a propane stove, and binoculars. Thank you so much for supporting our program!

SEPTEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
New York State Fair						
8	Labor Day CCE Closed	ADC Meeting	Master Gardener Meeting	12	13	14
15	16	17	Patriot Day	19	20	Junior Livestock Show Parade of Champions
Junior Livestock Show Parade of Champions	First Day of Fall	CCE Board Meeting	4-H Project Records & Year-End Paperwork Due	26	27	4-H Outdoor Camping Trip - Camping kids only
22	23	24	25	26	27	28
4-H Outdoor Camping Trip - Camping kids only	30	1	2	3	4	5
29	30	1	2	3	4	5

Rosh Hashanah

A Year with the Chenango County 4-H

Chenango County 4-H held programming throughout Chenango County during the 2017-2018 4-H Year.



By the numbers:

- Afton - 22
- Bainbridge - 20
- Columbus - 1
- Coventry - 2
- German - 1
- Greene - 6
- Guilford - 3
- Lincklaen - 1
- McDonough - 3
- New Berlin - 27
- Norwich - 146
- No. Norwich - 3
- Otselic - 33
- Oxford - 32
- Pharsalia - 2
- Pitcher - 1
- Plymouth - 2
- Preston - 1
- Sherburne - 10
- Smithville - 2
- Smyrna - 2



Totally 4-H Volunteer led and developed, 4-H Grow, Cook, Eat, taught 15 youth, including boys, how to grow and prepare their own healthy foods. The program celebrated with a cook-off at Farm to Fork!

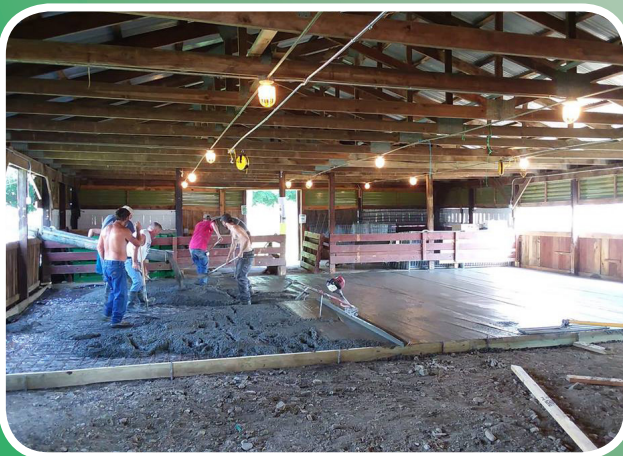


1,104 4-H Domestic and Animal Projects were on display from 131 youth exhibitors at the Chenango County Fair!

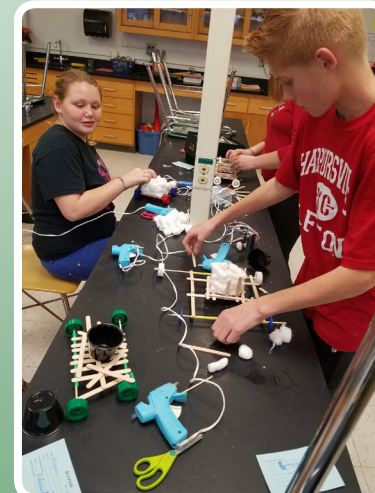


Ever growing, 4-H After School collaborations have led to 15 different sites, educating 350 youth on a weekly / biweekly basis throughout Chenango County. Funding for the 2018/19 program is generously provided by Stewarts Shoppes and the Otis Thompson Foundation in the amount of \$4,000.00.

4-H Outdoor Adventure continues to be the fastest growing program for 4-H. 2018 saw the creation of the 4-H Survival Skills Challenge, sponsored by our partners at Kerry, introducing new youth and adult volunteers to local 4-H.



4-H received funding from the Greater Norwich and Follett Foundations to assist in renovating the 4-H Livestock areas at the fairgrounds. Improvements included new electrical service / wiring, concrete floors & sheep pens. All in an effort to improve safety for 4-H Youth exhibitors, their animals and fairgoers.



Traditional 4-H Programming has been going strong in 2017-2018. Multiple programs in sewing, public speaking, horse bowl / dairy bowl, general agriculture / animal science, cooking, photography and STEM were held.

OCTOBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1	2	3	4	5
6	7	ADC Meeting	Master Gardener Meeting	10	11	12
13	14	15	Yom Kippur	17	18	19
4-H Achievement Day	Columbus Day CCE Closed	4-H Proclamation Reception, 10AM, County Building CCE Board Meeting	23	24	25	26
20	21	22	23	24	25	26
27	28	29	30	31	1	2

Halloween

October is 4-H and Cooperative Extension Month in Chenango County!

Chenango County 4-H Shooting Sports



The 2018 Shooting Sports Program

The 2018 4-H Shooting Sports program continues to show increased interest among the youth in Chenango County.

Five adults attended the 2018 NYS 4-H Instructor Certification Training, expanding the Shooting sports program opportunity in the county. Seventeen youth are currently enrolled in the county wide program, and periodically attend Shooting Sports once a month to participate in air rifle and archery shooting.

For information about participation in the Shooting Sports program contact the 4-H Office.



New York State 4-H Shooting Sports is part of the 4-H Natural Resources Program offered through the Cornell Cooperative Extension system. Human growth and development is the primary goal of our programming. With an emphasis on maximum safety and the most responsible use of firearms and archery equipment, youth participants have the opportunity to gain both vocational training knowledge and garner important lifelong recreational skills.



*Thank You
for supporting our
program!*

Bainbridge Rod and Gun club,
Iroquois Sportsman's Club, and
Rockdale Rod and Gun Club



NOVEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
3	4	5	6	7	8	9
Daylight Saving Time End		ADC Meeting	Master Gardener Meeting			
10	11	12	13	14	15	16
	Veterans Day CCE Closed					
17	18	19	20	21	22	23
		CCE Board Meeting				
24	25	26	27	28	29	30
				Thanksgiving CCE Closed	CCE Closed	

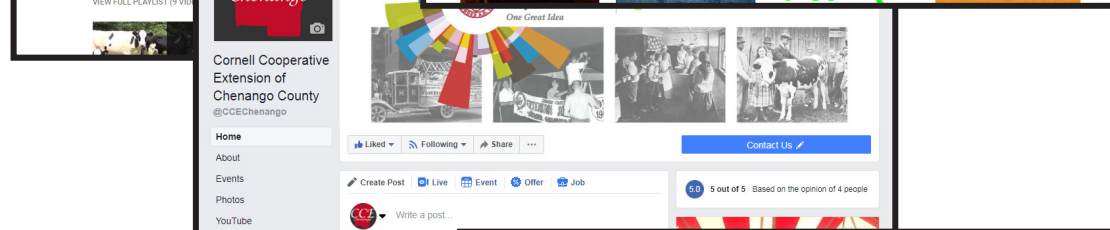
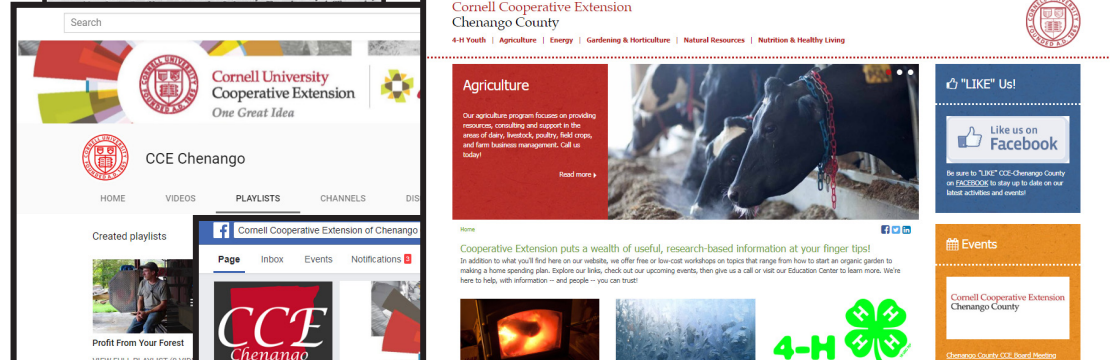
Cornell Cooperative Extension in the Media

Cornell Cooperative Extension of Chenango County Staff use social media, websites, local papers, and the radio, to reach the public. In the 2018 year, Cornell Cooperative Extension of Chenango County was in the Sherburne News Paper 42 times, the Evening Sun 140 times, the Pennysaver 48 times, the Oneonta Daily Star 12 times, and the Small Farms Quarterly four times. Also in various other papers in the region such as Country Folks East and Empire Farm and Dairy. The association was also on the radio on 4 different occasions for the promotion of programs and events.

One of the largest ways that we reach the public is through our social media pages. Chenango County 4-H and Cooperative Extension both have their own pages on Facebook. These pages are used to share programs, events, and important information with all the 449 followers of Cornell Cooperative Extension of Chenango County page and the 481 followers of Chenango County 4-H page. One of the biggest editions to these Facebook pages have been the association videos created, which have also been uploaded to YouTube.

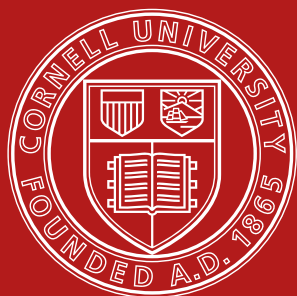
In the last year, 11 videos were been created and uploaded to Facebook and YouTube, and now have over 26,000 views in total. These videos range in topic and were made for varying grants and events. Our webpage is also a great platform for staff to share program opportunities and events, over the last year there was 5.3K views tracked, a 19.4% increase from last year. The webpage was most active in August, and gets the most views on the 4-H landing page. Besides the webpage and social media, the association also disseminates 6 newsletters a year to about 2,000 people, giving them program updates, upcoming events, and great images of all that's going on at Cornell Cooperative Extension of Chenango County!

Chenango County Staff also answers phone calls and talks to visitors in the office on a daily basis. This direct form of communication is very important to the presence of Cornell Cooperative Extension in Chenango County.



DECEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
4-H & Volunteer Re-Enrollment Forms Due		ADC Meeting	Master Gardener Meeting CCE Annual Meeting			
8	9	10	11	12	13	14
15	16	17	18	19	20	21
		CCE Board Meeting				First Day of Winter
22	23	24	25	26	27	28
	Hanukkah	CCE Closed Christmas Eve	CCE Closed Christmas Day	Kwanzaa		
29	30	31	1	2	3	4
New Year's Eve						



Mission Statement

Cornell Cooperative Extension of Chenango County strives to promote educational opportunities that enhance quality of life through business, community and leadership development by fostering social and life skills in our community's youth and adult population.

“Building Strong and Vibrant New York Communities”

Visit us on the web:

www.ccechenango.edu

[Youtube.com/ccechenangocounty](https://www.youtube.com/ccechenangocounty)

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[Facebook.com/ccechenango](https://www.facebook.com/ccechenango)

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**SOUTHERN TIER REGION
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Cornell Cooperative Extension
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Cornell Cooperative Extension
Chenango County

“Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities.”